

ZIRLAI 11

March 5–11, 2022

**ISUA, KAN RINNA SIAMTU LEH
TITHAFAMKIMTU**



CHANGVAWN: “Isua, kan rinna siamtu ien tiramkimtu iam chu enin, kan hmâa intlânsiakna tûr awmah chuan chhel takin i tlân zêl ang u. Ani chuan a hmâa hlimna awm avâng chuan mualphona chu ngainêpin kraws chu a tuâr a, Pathian lalthutphah ding lamah khian a han thu ta a” (*Hebrai 12:2, NKJV*).

SABBATH CHAWHNÛ

March 5

Bible Châng Chhiar Tûr: *Joshua 2:9–11; Rome 1:17; Hebrai 10:35–39; 11; 12:1–3.*

HEBRAI 11 leh 12 hi hê bûa bung ngainat hlawh berte an ni hiâl âwm e. Kristian nun chu intlânsiaknaa tlân, lâwmman dawng tûra rinawm taka awm tlâng theuh angin a sawi a. Hêng bungte hian Tlanna thilthleng pawh chu hmânlai huna rinna nei mîte chhel tak, tawrhna kârah pawh tlân zêl a; mahse, lâwmman la dawng bîk lo angin a târ lang a ni.

Tichuan anmahni maiah ni lo vin, keimahni chanchin hmangin thû chu tihtâwp a ni ta a. Keini hi a che hnunng berte chu kan ni. Intlânsiakna tâwp lamah chuan keini hi kan tlân vê a, Isua nê kan tum ram, Pathian dinglamah chuan kan thu tlâng ta a ni. Tlân tûra min fuih phûr bâkah, tlân kawnga entawn tûr min chhawpsak bawk a. Ani chu thuhretu chu niin, lâwmman dawn tûr chu a Chiang a, Amah ngêi chu kan hmahruaia lo tlân hmasâ chu a ni (*Heb. 6:19, 20; 10:19–23*).

Hebrai II sawi dânin, ‘Rinna chu, tânah kan la hmu thei chiah lo chung pawha Pathian thutiamtea rinna nghah ngamna’ a ni. Hê zirlai hian rinna nihphung min kawhhmuhin, hun kal taa entawn tûrte, a bîkin entawn tûr tling Isua ‘kan rinna siamtu leh tifamkimtû’ zâra rinna kan neih theih dân tûr min hrilh a ni (*Heb. 12:2, ESV*).

SUNDAY

March 6

Mi Fel Chu Rinnain A Nung Ang

***Hebrai 10:35–39* chhiar la. Hêng chângte hmang hian Pathianin eng nge min hrilh?**

Tâwpna huna Pathian mîte nihphung chu ‘tawrhchhel’ a ni a, chumi tel lo chuan thutiamte chu an chang thei dân lo a ni (*Thupuan 13:10; 14:12*). Tuâr fan fan tûr erawh chuan ringtuten an rinna an ‘chelh tlat’ a ngai dân a ni (*Heb. 10:23; 4:14*). Paula sawi dânin, thlalêr chhuântên thutiam an chan theih loh chhan chu rinna an tlâkchham vâng a ni (*Heb. 3:19*). *Hebrai* hian ringtûte chu thutiamte lo thlen famkimna huna awm angin a sawi a (*Heb. 9:28; 10:25, 36–38*), thutiamte dawn an duh dân a nih chuan rinna an sâwizawi a ngai a ni (*Heb. 10:39*).

Paulan rinna chungchâng sawi tan nân *Habakkuka 2:2–4* thû a la chhuak a. *Habakkuka* khân Pathian hnênah engati nge khang mi felte hnehchhiahtu, bumhmang mîte kha a dawh reng tih a zâwt a (*Hab. 1:12–17*). Zâwnei leh a mîten hrehawm an tuâr a; chuvângin Pathian chu lo che tûrin an duh a ni. Pathian chhânna erawh chu, A thutiam lo thlenfamkim hun tûr chu ruât lâwk a ni a, chû hun thleng chuan an lo nghâk rih tûr a ni (*Hab. 2:2–4*). *Habakkuka* leh a mîte ang bawkin, keini pawh hi thutiam leh a thlen famkimna inkâr hunah kan chêng a. *Hebrai*-a Pathian thuchah chu, “Rei lo tê achinah, lo kal tûra chu a lo kal dân sî a, rei a riâl tawh lo vang” (*Heb. 10:37, NIV; en tel tûr, Hab. 2:3*) tih a ni.

Thuchah hi Isua sawina a ni a. Ani chu mi fel, Pathian tilâwmtu rinna leh nunna thlentu chu a ni (*Heb. 10:5–10*).

Chuti sî, engati nge ‘tihkhawtlâi’ a nih le? A ni dawn lo, Anî chu kan tâna thi tûrin a lo kal daih tawh a (*Heb. 9:15–26*), hun ruâtah chuan A lo la kal leh ngêi bawk ang (*Heb. 9:27, 28; 10:25*).

Pathianin a chah zui chu: “Ka mi fel chu rinnain a nung ang” tih a ni (*Heb. 10:38*, ESV). Paulan chû tho chu *Rome 1:17* leh *Galatia 3:11*-ahte hian a sawi a. *Rome 1:16, 17* thû a bengvâr thlâk riâuna chhan chu, Pathian felna chu “rinna aţangin rinnaah puanchhuah a ni” tia a sawifiah hi a ni. Paula sawi tum chu, A thutiamte chung a Pathian rinawmna a hmasa phawt a, A rinawmna chuan kan rinna/rinawmna hi a rahchhuak vê leh ta thung a ni.

Tichuan, Pathian chu A thutiamte chung a rinawm zui zêl avângin (*2 Tim. 2:13*), Pathian rinawmna chhân lêt nân mi fel chu a rinawm zui ta zêl a ni.

Engati nge Pathian rinawmna aţanga rinna rahchhuah lo pawm leh inchâwm nâna hman chu a pawimawh? Engtin nge kan chung a rinawmna leh kan hnêna A thutiamte rinchhan leh zual dân kan zir theih ang?

THAWHTANNÎ
Rinnain Abrahamama

March 7

Hebrai-in rinna chu heti hian a hrilh fiah a “Rinna hi thil beiseite awm ngeia hriatna, thil hmuh lohte hriatfiahna a ni,” tiin (*Heb. 11:1*, NIV). Tichuan Israelte chanchin aţangin mi rinawm, duhthusâm ang taka rinna ataka nunpui a, an thiltihte hmanga târ langtûte chu a ziak chhuak ta a ni.

***Hebrai 11:1–19* chhiar la. Hêng ‘rinna mi liante’ hian an rinna târ lan nân an tih? Engtin nge an thiltihte chu thil hmuh lohte beiseina nêna a inkûngkaih?**

Abrahama kha hê bunga mi pawimawh ber a ni hiâl âwm e. A rinna thiltih hnahnung kha rinna dik nihphung atân a bengvâr thlâk hlê a ni.

Hebrai hian Pathianin Abrahama chu hâlrâl inthâwi nâna Isaaka hlân tûra hrilh kha Pathian chêt phung kalh tak angin a lang tih chhinchhiah la (*Heb. 11:17, 18*). Isaaka kha Abrahama fapa neih chhun a ni lo. A fatîr Ishmaela kha a awm a, mahse, Sari ngenna anga Ishmaela leh a nu chu hnawtchhuak tûrin, Pathianin Abrahama chu a hrilh a. Anni chu Pathianin a enkawl dâwn a, chutih laiin Isaaka-ah chuan a thlahte tih an la nih dâwn a ni (*Gen. 21:12, 13*). *A bung dawt lehah erawh chuan, Pathianin Abrahama chu hâlrâl inthâwi nân Isaaka chu hlân tûrin a ti a. Genesis 22-a* Pathian thu sawi leh *Genesis 12–21* chhûnga Pathian thutiamte kha inkalh hlê angin a lang a ni.

Hebrai chuan mak takin Abrahama chuan Isaaka chu hâlrâl atân a hlân a nih pawhin, ani chu Pathianin a kâitho leh mai dâwn a ni ang tiin tlâng a kâwm a. Chutiang zâwnga Abrahaman thutlûkna a siam theih chhan chu, a hmâa Pathian nêna an intawwna vâng niin a lang. *Hebrai 11:12* chuan Pathian thiltihtheihna zârah, ‘mî thi tawh ang’ ni hiâl sî khân Isaaka kha a pâi a ni tih chhinchhiah ang che. Paula pawhin Abrahama kha ‘thi tawh ang’ hial leh Sari chu ‘ching’ a ni chungin, Abrahaman “Beiseina awm a awm loh pawhin ani chuan beisei takin a ring a, chi tam takte pâ a lo nih theih nân” a rin avâng chuan Pathianin “thi tawh hnênah nunna a pê a, thil awm lote chu a awmtîr a,” (*Rome 4:17–20, ESV*).

Tichuan, Abrahama chuan Pathianin thi tawh hmang pawha Isaaka hnêna nunna a pe thei a nih chuan, tûnah pawh hian Ani chuan nunna a pe leh thei ang tih a ring ni ngêi tûr a ni. Hun kal taa Pathian hruainaah khân, Abrahaman Pathianin hmalam huna thil a la tih theih tûr pawh a hmu thiam a ni.

Engati nge hun kal taa Pathianin kan nun A lo kaihhruai tawh dân chîk taka ngaihtuah hi kan rinna vawn nun leh, tûna Amah kan rinchhan theih nân a pawimawh viâu?

Mosia: Thil Hmuh Loh Ringin

***Hebrai 11:20–28* chhiar la. Hêng rinna nei mîte hian eng nge an tih? Engtin nge an chêtinate kha beiseina leh thil lo thleng tûrte nêh a inkûngkaih?**

Mosia kha hê rinna bunga entawn tûr pahnihna chu a ni a. Mosiâ nun khân lal luhlul chêt dân kawng hnih min hrilh a. Mosia a lo pian khân a nû leh pâten an thukrû a, “a chhan chu lal thupêk an hlauh loh” vâng a ni a (*Heb. 11:23*, ESV); Mosian Aigupta a chhuahsan a, “chû chu lalber thinrimna chu a hlauh vâng a ni lo” (*Heb. 11:27*, ESV). Mosiâ thiltih ropui ber erawh chu, “Faraoa fanua-fapa vuah nih a hniâl” kha a ni (*Heb. 11:24*). Mosia fâa latû ‘Faraoa fanû’ tih hian ani (Mosia) kha tûna lal dawta rorêltu (Faraoa thar) tûr a ni tih a kâwk a. Mahse, Mosia erawh kha chuan khatih laia khawvêl hnam thiltithe i bera rorêltu nihna tûr chu sîra hnâwl a phal a, ani chu bâwih chhuak hlim, râltlân hote hruaitu a ni zâwk dâwn tihna a ni.

***Hebrai 11:24–27* leh *Hebrai 10:32–35* khaikhin la. Mosiâ nuntawng leh atîra Hebrai mîte dinhmun inanna chu engte nge ni?**

Mosiâ ropuina kha, Aigupta ram lalber nih theihna piah lamah, thil la awm lo, Pathian thutiam chu, a hmu phâk tlat mai kha a ni. *Hebrai* hian Mosia khân Aigupta ram hausaknate âi chuan ‘lâwmmman’ dawn tûr chu a thlîr zâwk tih a sawi a. Chû lâwmmman vêk chu *Hebrai 10:35*-in a sawi chu niin, chû chu Amah ringtû zawng zawngte hnêna Pathianin pêk a tiâm chu a ni.

Paulan Mosia thuthlûkna chungchâng a sawi kha a tîra chhiartûte thinsungah a ri ring hlê ngêi ang. Anni khân Krista an rinna avângin hmuhsit leh chêksawlh an tuâr nasa vê hlê a.

Tihduhdah tuârin, an thil neihte pawh an chôn vek a (*Heb. 10:32–34*). Thenkhat chu tân ina khung (*Heb. 13:3*) an ni a. Chumi zûl deuh chuan, Mosia pawh khân Pathian mîte nêna chêksawlhna chu a tuâr a; ‘Krista an hmuhsitna chu Aigupta ram rote âi chuan sum ropui zâwkah a ruat’ a ni.

I rinna avânga harsatna i tawh thenkhat chu engte nge ni? Eng thilte nge i kalsan ngai le? Tûnah hmu thei lo mah lang, a tâwpa lâwmmman hlu tak i la dawn tûr chu eng nge ni?

NILÂINÎ

March 9

Rinnain Rahabi leh Mi Dangte

Chhiar tûr: *Hebrai 11:31; Joshua 2:9–11*. Engati nge hnam dang mi, nawhchizuâr Rahabi kha Bible thianghlina ziah lan tel a nih?

Rahabi kha *Hebrai 11*-a târ lan, rinna mi liante zînga tel âwma kan ngaih loh ber pawh a ni maithei e. Anî kha hmeichhe hming târ lan pahniha pakhat zâwk a ni. Târ lan zînga sâwmna niin, a hmakhalhtûte chu Israel thlahtubulte an ni hlawm a, an zâ khân mi fela chhiar an ni. Anî chanchin kan lo thlen hian, hmeichhia a ni mai lo va, gentail mî niin, nawhchizuâr a ni leh nghâl!

Thil mak ber chu hmun lailî leh a bung vâwrtâwpa lai tak a luah chat mai hi a ni. Hêng hming târ lante hi mak taka ziah chhuah an ni a. Mi tin kha ‘rinnain’ tiin bulṭan zêl a ni hlawm a. ‘Rinnain, chû mi khâ mî chu . . . chu tin kha tin . . .’ tih a ni. Khatianga sawi nawna khân a chhiartûten thu vâwrtâwpa “*rinnain Joshuan mipuite kha ram tiâmah chuan a hrui lût ta a,*” tih beiseina an neih sân deuh deuh theih nân niâwm tak a ni.

Mahse, chutiang chu a thu kal dân a ni ta sî lo. Joshua chanchin sawi ta lo chuan, nawhchizuâr hming chu a lo lang

ta zâwk a. Rahabi chungchâng a sawi hnûin, a hmâa sawi tan dân hmang kha a lo thlâk ta daih a “Eng nge kan la sawi cheu vang?” tiin a titâwp ta mai a ni (*Heb. 11:32*, NKJV). Chutah, Paulan hmanhmawh deuh takin hming thenkhat leh thilthleng thenkhat chu a târ lang a, mahse a sawi fiah zui ta lêm lo.

Rahab-in rinna thiltih a neih kha, beng a lo hriat, a rin leh a zawm, mahse ataka a hmuh sî loh chu a ni. Ani khân Aigupta rama hrilêng a hmu lo va, Tuipui Sena chhanchhuahna te, lungpui ațanga tui lo luâng chhuak te, vân ațanga chhang lo sîr te pawh a hmu lo chungin, a ring hmiah mai a ni. Ani kha Hebrai mîte tân entawn tûr tha tak a ni; keini ang tho vin Isuâ thu hril ngaihthlâk emaw, A thilmak tih mita hmuh emaw pawh a nei bîk lo.

“Rahabi kha nawhchizuâr, Jeriko kulh bang chung a khawsâ a ni. Ani khân khawpui invên dân en thlatu Israel mi pahnihte kha a lo thukrû a. An chung a ngilneihna avâng leh, Pathian a rin thû a puân avâng khân, enthlatûten amâ nunna leh a chhûngte nunna chu, Jeriko an rawn beih hunah zuah an ni ang tih an tiâm ta a ni.”—Introduction to Rahab found in *Daughters of God*, p. 35.

Paulan heti hian harsatna hmachhawntûte hming eng emaw zât a sawi zawm a (*Heb. 11:35–38*). Anni khân “chhanchhuah an duh lo” (*Heb. 11:35*, ESV) tih thû hian pumpelth theihna remchâng an hmû tih a kâwk a; mahse, chû chu an thlang lo, a chhan chu Pathian lâwmmawn pêk tûr chu an thlîr zâwk vâng a ni.

Hêng thilthlengte (ni-ruk chhûnga thilsiamna, Aigupta chhuahsanna, Kristâ kraws) hi mitin kan hmu vê lo nân, engati nge atakin an lo thleng ngêi a ni tih rinna chhan tûr tam tak kan neih? _____

Isua, Kan Rinna Siamtu leh Tìṭhafamkimtu***Hebrai 12:1–3* chhiar la. Eng thil ti tûrin nge hêng chângte hian min ngen?**

Rinna chungchâng zâu zâwka sawifiahna vâwrtâwp chu, *Hebrai 12*-a Isuâ chungchâng sawina hi a ni. Paulan a lehkhathawn hi “lo kal tûr” leh “tikhawtlâi lo tûr: Isua hmangin bul a ṭan a (*Heb. 10:37*, ESV). A hmâwrbâwk nân “kan rinna tìṭhafamkimtu” Isua chu a hmang a (*Heb. 12:2*, ESV). Isua chu “rinna siamtu leh tìṭhafamkimtu” a ni (NASB). A awmzia chu, Isua kha rin theihna tûr siamtu chu a nih bâkah, ani chu kawng engkima duhthusâm ang taka nun chhuahpuitu, entawn tlâk chu a ni tihna a ni.

Isua chu kan rinna “hmuchhuaktu” (siamtu/sûlsutu) a nih dân kawng thum a awm:

Pakhatnaah, Ani chauh kha dik taka intlânsiakna zo thei awm chhun chu a ni a. Bung hmasâa târlan vê dangte erawh kha chuan an tum ram an la thleng vê rih lo (*Heb. 11:39, 40*). Isua erawh chuan, vâna Pathian hnêna chawlhna chu thlengin, Pâ dinglymah a han ṭhu tawh a. Keini erawh chu, hêng mi dangte nêh hian, vânah Isuâ hovin ro kan la rêl dâwn a ni (*Thupuan 20:4*).

Pahnihnaah, Isuâ nun ṭhafamkim khân hêng mi dangte hi intlânsiaknaa tlân vê theiin a siam a ni zâwk a (*Heb. 10:5–14*). Isua kha lo kal ta lo se, mi dangte tlân vêna chu eng mah lo a ni vek ang.

A tâwp berah, Isua kha rinna kan neih theih chhan a ni a. Pathian nêna inpumkhat an nih zârah, kan hnên lama Pathian rinawmna thû a sawi chhuak a. Pathianin min chhandam tûra a beihna a bânsan ngai lo, chuwâng tak chuan kan bânsan loh chuan a tâwpah a tâwp chu kan la tlân thleng vê ngê ngê dâwn a ni. Isua kha chhel takin a tlân a, keinin rinna kan tlâkchhamna ang hunah pawh rinawm takin a awm reng a ni (*2 Tim. 2:13*). Keinî rinna hi chu A rinawmna kan chhânlêt vêna lek a ni zâwk.

Isua chu rinna “tiṭhafamkimtu” a ni a, ani chuan rinnaa intlânsiakna chu duhthusâm ang takin a hlen vâng a ni. Engtin nge A tâl? Kan tâna engkim kalsanin uâi rittu zawng chu sîrah a hnâwl vek a (*Filipi 2:5–8*). Engtik lai mahin sual a ti vê ngai lo. A lâwmman dawn tûr, A hmâa hlimna awm chiah chu a thlîr ngar ngar a; chû chu A khawngaihna zâra mihringte tlan chhuah an nih a la hmuh tûr chu a ni. Tichuan, mîte hriatthiam loh leh tihduhdahnate chu a tuâr fan fan a; kraws-a mualphona chu a tuâr chhuak a (*Heb. 12:2, 3*).

Tûn hi keinî hun a ni vê ta. Mahnî chakna chuan Isuâ tih ang kha chu kan ti vê thei hauh lo vang; mahse, entawn tûr duhthusâm kan nei a, Amaha rinna kan nghah a, Amah kan thlîr reng phawt chuan, rinnain hmalam kan pan zêl ang a, lâwmman dawn tûr ropui tak min tiâm chu kan ring tlat ang.

ZIRTÂWPNI

March 11

Zir Belhna: “Rinnain Kristâ tâ i ni a, lâk leh pêkin—rinnain Amaha ṭhang lian tûr i ni. Engkim i thinlung te, i duhzâwng apiang zâwm tûrin Amâ hnênah inpê la; Krista, malsâwmnaa khat chu, i thinlunga chêng tûr leh, i chakna leh i fêlna leh chatuana nangmah ṭanpuitu ni tûrin i nei ngei ngei tûr a ni, Ani chuan thuâwih theihna chu A pê ang che.”—Ellen G. White, *Krista Panna Kâilâwn*, p. 62-63.

“Pathianin kan rinna nghahchhan tûr thil fiah tâwk tak pe lo va ring tawp tûrin min ti ngai lo. A awm ngei zia te, A nungchang te, a thu dikzia te zawng zawng hi kan hriat theihna tûra dinchhuah a ni a, hê hriattîrna hi a tam hlê a ni. Chutichung pawhin Pathianin rinhlelhna A tibo chuang lo. Ka rinna chu thil entîr chhinna mai maia innghat lovin, hriatchianna chungah a innghat tûr a ni. Ringhlel duh mi chuan hun remchâng a hmû ang a, thutak hre duh takzette erawh chuan an rinna nghahchhan tûr thil Chiang tam tak an hmû ang.

“Rilru famkim lote tân Rilru Famkimpû nungchang leh hnathawhte chu hriatthiam rual a ni lo. Chû Mithianghlim chu

lehkha thiam ber leh zir sâng ber tân pawh thurûk a la ni reng tûr a ni. “Pathian chu a zawnin i zawng chhuak thei em ni?” Vân tluka sâng a ni a, eng nge i tihtheih? Hremhmun âiin a thûk zâwk a, eng nge i hriat theih?’ *Joba 11:7, 8.*—Ellen G. White, *Krista Panna Kâilâwn*, p. 95.

SAWI HO TÛRTE:

- ❶ **Kristian hmasâte zînga ziaktu pakhatin: *Credo ut intelligam*, Latin** ãawnga “Ka hriatthiam theih nân ka ring” a ti a. *Hebrai 11:3* chuan “rinnain kan hrethiam” (NKJV) a ti a. Rinna leh hriatthiamna inlaichîn dân chu eng nge ni? Engati nge rinna hian hriatthiamna a hmakhalh fo ãhin? Chû chu, hriatthiamna kan neih loh châng pawhin, engati nge hriatthiamna nei tûra rinnain kan phar chhuah ngêi a ngaih?
- ❷ **Greek thumal *pistis* tih hi “rinna” leh “rinawmna” tihna a ni thei vê vê. Engati nge an pahnih hian ‘rinnaa nung’ tih awmzia hriatthiamna kawng zawnna atân a pawimawh? Engtin nge *Hebrai 11*-a mi târlante khân an ring ngêi a ni tih rinawmna an lantîr? Engtin nge chutiang chu kan tih vê theih ang?**
- ❸ **Rinna hi Pathian thilthlâwnpêk a ni tih chu kan hriat tho laiin (*Rome 12:3*), chû thilthlâwnpêk dawng leh vawng zui tûrin eng mawhphurhna nge kan neih?**