

**CHÂNGVAWN:** “Chuvângin, LALPA in Pathian chu Pathian a ni tih hria ula; Ani chu Pathian rinawm, Amah hmangaiha a thupêk zâwmtûte chungah chuan chhuan sâng tlenga khawngaihna thuthlung vawngtu a ni” (*Deuteronomi 7:9*).

**SABBATH CHAWHNÛ**

MAY 15

**Chhiar Tûrte:** *Genesis 18:19; Exodus 19:6; Deuteronomi 4:13; 10:13; Isaia 56:7; Amosa 3:3; Hebrai 2:9.*

**ZIRLAI THLÎR LÂWKNA:** Israel-te thlan an nihna kha eng nge ni? Israel-te thlan an nihna leh keini thlan kan nihna hian eng nge inanna a neih? Eng tiang takin nge dân hian thuthlungha pawimawhna a neih? Eng vângin nge thuâwihna hi thuthlung inlaichînnah hian a pêng pawimawh ber pakhat a nih?

**S**ÂM 23-a Davidan tawngkam a hman pawimawh berte zînga pakhat hian Pathianin mi hruai a châkna *hmun* min hrilh a. Châng 3-naah chuan, “Amâ hming avângin *felna kawngahte* min hruai *thîn*” tiin a sawi. Pathian chu felna kawnga mi dik leh tha famkim a nih avângin kawng dik loyah mi a hruai ngâi dâwn lo va. Thlarau nun kawng kan zawhnaah hian kawng him min kawhhmuh zêl dâwn a ni.

“Felna kawng” himte chu eng nge ni?” Hê zawhna hi sâm phuahtu tho mi dangin tawngtâia dîlna thû a thlen hmangin a lo chhâng a: “*I thupêkte kawngah chuan* mi kaltîr ang che; chumi-ah chuan ka lâwm sî a” (*Sâm 119:35*). “*I thupêk zawng zawng* chu felna a nih avângin” (*Sâm 119:172*). Pathian dânte hi mi rinawm lo leh bumhmangte laka himna kawng rin tlâk a ni.

Tûn kâr zirlai hian Pathian dân leh Pathian dânin Sinai thuthlunga *hmun* pawimawh tak a chan dân min tlîrpui dâwn a ni.

**Israel-te thlan an nihna (Deut. 7:7)**

Hmâsâng Juda-te thawnthû-ah chuan, Pathianin Israel-te chauh thû a thlunpui chhan chu hnam dangten an lo hnâwl hmasak tawh vâng nia sawi a ni a. Hei hi a dik leh dik loh fiahna tûr Bible-ah awm lêm lo nângin, LALPAN Hebrai mîte a thlan chhan chu eng pawh lo ni se, an chungah LALPAN zahawmna leh duhsakna a vûrte kha an phû rêng a ni lo tih erawh a chiang hlê tho mai. Pathian hmangaihna chang tûr leh, a mîte ni tûra thlan tlâk ni tûrin anmahni khân thil tha tih an nei lo.

Hnam tlêm tê, hnam lian leh chak zâwkte sala tâng thîn, ram inrêlbâwl na lam leh sipai chakna lamah pawh chhuan tûr nei rêng rêng lo an ni a. Chu bâkah, hnam kalpung leh ziarâng, sâkhaw biak dân chungchângah pawh nâwi vê tak, an chheh vêla chêng vê hnam dangte zah kâi pha lo an ni bawk. Thlan a nih chhan ber chu Pathianin anmahni a khawngaiha a hmangaih êm vâng chauh a ni.

**Amaherawhchu, Israel-te thlan a nih dân chungchângah khân thil hriat thiam loh palh theih tam tak a awm avângin, a hrilh fiah kawngah pawh kan fîmkhur hlê a tûl a. Eng atân nge Pathian hian Israel mîte kha a thlan? Hnam dang zawng zawngte hnâwl emaw, boral emaw tûra thlan an nih lâiin anni chu tlan ni tûr bîka thlan an ni tihna a ni em? Nge ni a, khawvêl hnêna Pathianin a pêkte hrilh chhâwngtu ni tûrin thlan an ni zâwk? Hêng a hnuaiá Bible châng târ lante hian eng tiangin nge hêng zawnate hi chhâng thei tûrin min puih le?**

*Exod. 19:6* \_\_\_\_\_

*Isa. 56:7* \_\_\_\_\_

*Heb. 2:9* \_\_\_\_\_

Keini Seventh-day Adventist-te hian tûn lâi huna Israel mîte dinhmun luah, tlante ni tûr chauh ni lova, tlanna thuchah puang darh tûra Pathianin a koh, khawvêl hnêna vântirhkoh pathum

thuchah hriltu tûr niin kan inngai a. A tâwi zâwnga sawi chuan, mi dang tûte mahin an sawi vê loh thuchah puan tûr kan neiin kan hria tihna a ni. Hei chiah hi hmâsâng Israel-te dinhmun pawh kha a ni a. Thlan an nih chhan ber chu hnam dangte laka inla hrang a, chhandamna leh tlanna thutiam pawh pumbilh bîk tûrin a ni lo.

Chuti ahnehin, Krista kha mi zawng zawng tân a thî a ni tih kan ring a nih chuan (*Heb. 2:9*), Israel-te hnêna Pathianin a pêk chhandamna pawh kha khawvél pum pui tân a ni tih kan hria ang. Israel hnam kha mîte hnêna he tlanna hriattîrtu ni tûra thlan an ni a. Chû hnâ bawk chu thawk tûrin kan kohhran pawh hi thlan kan ni.

**Kohhrana mawphurhna i chelh vê kha ngaihtuah la.** Thawk tûra koh kan nihna hnâ chu tha zâwka hlen chhuak tûrin eng nge tih theih i neih vê le? I mawphurhna chu tha tak leh phûr tako i thawk lo a nih chuan, kawng dâltu mai i ni tih in hre reng ang che.

THAWH TANNI

MAY 17

Dân neih a tûlna

“Tichuan, a thuthlung zawm tûra a pêk che u, thu sâwm pêk chu in hnênah a puang a, lungphêk pahnihah a ziak a” (*Deut. 4:13*).

Thuthlung hi khawngaihna thuthlung a nihzia uâr takin sawiin, Amah nêna inlaichînnna neitûte hnêna Pathianin an phû loh duhsdakna a lantîr rah chhuah mai chauh ni mah se, khawngaihna hi thuâwih loh phah nân chhuanlama hman chi chu a ni chuang miah sî lo. Chuti ahnehin, thuthlung leh dânte hi inpui tawn an ni a; dik tak phei chuan then hran theih loh an ni zâwk a ni.

**A chûnga Bible châng târ lan hi chhiar leh la. Eng tiang takin nge thuthlung leh dân hi a inzawm hnaih le? Chu**

## **chuan thuthlunga dânin dinhmun pawimawh tak a chan dân engtin nge a tihlan?**

Thuthlung chungchâng kan hriat tawh chin aṭang khân, thuthlungah chuan dân hi a pêng pawimawh tak a ni tih chiang takin a lang a. Thuthlung hi inlaichînna a ni tih kan hria a nih chuan, dân leh hrai bâkah, ramri eng emaw chen kham a tûl tih pawh kan hre thiam ngei ang. Entîr nân, inneihna emaw, inþhian þhatna emaw, a nih loh leh sumdâwnna kawnga thawh hona te hi ramri kham chin awm lo lêk leh, dân leh hrai eng mah pawh zam ni hran lova kan kalpui a nih chuan a tlo thei ang em?

Pasal chuan bialnu a nei ang a, þhiante pawisa ipa pawisa chu kan lo ta hman vê hmiah hmiah mai ang a, chutiang zêlin, kan sumdâwnnaah chuan mahni thû thû-in mi dang kan lo la lût vê ngawt mai dâwn tihna a ni ang. Hêngte hi dân leh inkaihhruaina tluanghrui bawhchhiatna a ni a. Chutianga dân awm miah lohnaah chuan eng tiang chena rei nge inlaichînna kalpui theih a nih ang? Hêngte avâng hian a nia, ramri kham chin neih leh dân leh hrai eng eng emaw zam a tûl rêng ni. Chutiang a nih chauh chuan tha takin inlaichînna vawn nun theih a ni ang.

Dik takin, tawngkam hrang hrang a hman, entîr nân *dân* tih te (*Sâm 78:10*), *thuruat* tih te (*Sâm 50:16*), *thuhriattîr* tih te (*Sâm 25:10*), *thupêk* tih te (*Sâm 103:18*) leh, LALPA *thu* tih te (*Deut. 33:9*) hi *thuthlung* tih thumal nêna intluk leh inzawm vek a ni hlawm. Thil lang chiang tak chu, Jeremian “hê thuthlung thûte” (*Jer. 11:3, 6, 8*) a tihte hi Pathian dân, Pathian *thuruat*, Pathian *thuhriattîr* leh, Pathian *thupêk* te a ni tihna a ni.

Pathianin a mi Israel-te thû a thlunpuiah pawh hian an laka phût a neih eng emaw zât awmin, chûngte chu a mîte nêna inlaichînna tha bîk an neih zêl theihna atâna thil tûl tak a ni hlawm a. Tûn lâi hunah pawh hian chutiang chu thil nih dân a la ni reng tho a ni lo'm ni?

**Mi tu emaw inlaichîna thûk tak i neihpui pa/nu kha ngaihtuah  
la. Chû in inlaichînnah chuan dân leh hrai eng mahin a phuâr**

**hran lo che a, i duh apiang chu ti zêl thei niin inhre ta la, eng nge lo thleng ang? I ngaihzâwng/nupui/pasal chu hmangaih hléin insawi mah la, eng vângin nge dâñ leh hrai eng eng emaw a awm la tûl tho sî? Sawi ho teh u.**

**THAWHLEHNI**

*MAY 18*

**Thuthlunga dâñ chu (*Deut. 10:12, 13*)**

Dân tih i ngaihtuah châng hian i rirlû-a eng engte nge lo lang hmasa ber thèñ? Police, driving licence, thubuai ngaihtuahtu (judge) leh tân in (jail) te a ni em? Nge ni a, inkhuahkhirhna, dâñ leh hrai zawm tûr, fâte chunga thunun tlat tumtu nû leh pâté leh inhremna te em ni zâwk? Mûmal taka thil a kalna, inngeih tlâng taka awm dial dialna, nghehna, a nih loh pawhin, hmangaihna tih te hi a lo lang ngâi em?

Hebrai thumal *torah*, kan Bible-a “dân” tia an lo lehlin hi a awmzia takah chuan “zirtîrna” tihna emaw, “inkaihhruaina” tihna emaw a ni a. Hê thumal hi Pathianin inkaihhruaina atâna min pêk dâñ chi hrang hrangah—thil dik leh dik lo thliar hranna lam a ni emaw, ram leh khawtlâng inrêlbâwl na thil a ni emaw, sâkhaw lam hawi a ni emaw—a hman theih vek a. Pathianin a khawngaih avânga a mîte hnêna a pêk thurâwn fîng tak takte hi a kâwk a; chûng thurâwn chi hrang hrangte chu taksâ leh thlarau lama nun tam an lo neih theih phahna tûr vek a ni. Chutiang chu a nih avângin *Sâm* phuahtu paw’n LALPA dâna lâwm thèñ leh, a chhûn a zâna a dâñ thu ngaihtuah thèñtu chu eng thâwl niin a lo sawi rêng a ni (*Sâm 1:2*).

*Dân bû* emaw, *Torah* emaw—Israel-te thuthlunga a pêng pawimawh tak lo ni ta Mosia lehkhabû-a inkaihhruaina leh zirtîrna chi hrang hrang kan han chhiar hian, thil chi hrang hrang a fûn kimzia kan hmu thei âwm e. Israel-te nun pêng tin mai—thlai chîn dâñ te, an khawtlâng inrêlbâwl na chungchâng te, an chên honaa an zawm tûr leh, Pathian chibai an bûkna chungchâng te a hâwl tel a ni.

**Eng vângin nge hetiang inkaihruaina thu chipchiar tak hi Pathianin Israel-te hnênah khân a pêk? (Deut. 10:13 en la.) Eng tiang kawngin nge hêng inkaihruaina thûte hi anmahni “thatna” tûr a nih?**

Thuthlung huang chhûnga “dân” hnathawh ber chu Pathianin thû a thlunpui mihringten nun thar an neih theihna tûra inkaihruaina pêk a ni. Dân chuan thu thlungtûte hnênah, Pathian thiltum a hrilh a, chu Pathian thiltum leh duhzâwng chu rinnaa a thupêkte zawmna leh a duh dân ang zêla thil tihna hmangin an lo hre thîn.

Thuthlung inlaichînnaa dânin hnâ a thawh hian Israel mîte kha hnam dangte nun dâna nung vê thei an ni lo tih a tilang a. Leilung dân emaw, mihring mamawh leh châk zâwng ang emaw, khawlâng nun, ram inrêlbâwlna leh, ei leh bâr zawnna thilin a nawr ang anga nung mai tûr an ni lo. Thuthlung siamtu Pathian duh dân puan chhuaha awm chu an nun pêng tinrêngah, eng mah inhnuh hniamna awm lova an zawm chauhin, Pathian thlan hnam thianghlim, puithiam chî leh ro thlan bîk an ni chhunzawm zêl thei ang.

**Hmân lâi Israel-te ang bawk khân keini Seventh-day Adventist-te pawh hian, tûn lâi huna hrilh lâwkna thilpêk lo lan chhuahna hmangin, Kristian nun kawng hrang hranga hman tangkâi tûr thurâwn chi hrang hrang kan dawng a. Eng vângin nge hêng thurâwnte hi kan mimal zalênnna leh ngaihtuahna tichêptu tûr ang ni lo, Pathian hnêñ a tângka kan dawn thilthlâwnpêk ang zâwka kan ngaih theih ang? Chutih rual chuan, chû thilthlâwnpêk chu Isael-ten an thilthlâwnpêk dawnte an hmang sual ang deuh khân a kherkhiap zâwnga chêtua hmanruaah kan hman vê theihna lâi a awm em? (Rome 9:32.)**

## Pathian Dân nghehzia

**Thuthlung inlaichînnaa Pathian dân lo awm vê hian  
Pathian chungchânga thu dik eng nge min hrilh le? Malakia  
3:6; Jakoba 1:17.**

Pathian *dân* hi Pathian thiltum kâa sawi chhuah emaw, ziaka dah emaw a ni a (*Sâm 40:8 en rawh*). A nungchang ziah chhuahna a nih avângin, thuthlunga a lo awm vê hian Pathian nghehzia leh inngahhna atâna hman ngam a nihzia min hrilh chiang hlê. Kan ɻhatna tûra hnâ a thawh nasatzia hi a zavâi chuan hre kim vek lo mah ila, rintlâk a ni tih erawh kan hre chiang hlê thung. Lei leh vâna thil awm zawng zawng hi Amâ dân zam hnuia awm vek a ni a. Hê thû han hriat hian zalênnna leh him riauva inhriatna kan lo nei ɻhîn a ni.

“Pathian chu a rin ngamin, a rin tlâk a nih tih a lan chian êm êmna chu, dân ngâi pawimawhtu Pathian a nihnaah hian a ni a. A thiltum leh a dânte hi pum khat tlat a ni. Pathian chuan thil dik chu thil dik a ni tih a sawi a, a chhan pawh thil dik chuan inlaichînna azawnga a tha thei ber a sawi vâng a ni. Pathian dân hi Amah Pathianin Amâ tâna tha tûr chauh ngaihtuaha a duan a ni lo va, a rilru so thutin emaw, a suangtuahna mil emawa a siam lah a ni hek lo. Lei leh vâna thil ngêlnghet ber a ni.”—Walter R. Beach, *Dimensions in Salvation* (Washington, D.C.: Review and Herald Publishing Association, 1963), p. 143.

**Pathian dân hian sual laksatâ mî a chhandam thei lo a nih  
sî chuan, engati nge thuthlung pêng pakhat ni tûra siam a  
nih sî? (Amosa 3:3 chhiar ang che.)**

Inlaichînna chuan inremna leh inlungualna neih a phût a. Pathian hi khawvêl Siamtu mai ni lo, thil dik leh dik lo thliar kawnga Thuneitu pawh a nih bawk avângin, dân chu chhia leh

tha hriatna nei a thil siam nêna inrem taka an awm theihna tûra thil tûl êm êm a ni. A dân, a thiltum leh duhzâwng târ lanna hi a sawrkâr inkaihruaina dânpui a ni a. Thuthlung siamna atâna leh, inlaichînna tha a awm theihna tûra tehfung pawimawh tak a ni bawk.

Dânin a tum chu mi chhandam ni lovin, Pathiana laka kan tih tûrte (thupêk 1–4) leh kan mihringpuite laka kan tih tûrte (thupêk 5–10) min hrilh a ni a. Tawngkam danga sawi chuan, thû a thlunpui a fâte hlimna leh ̄thatna tûra Pathianin a lo siam nun inkaihruaina dân a ni kan ti thei ang. Israel-te kha nun dân kawng dang an zawh lohna tûrin a vêng that a. Thuthlung inlaichînnain a tum ber chu mi siam danglam thei Pathian khawngaihna zâra ringtûte leh, Pathian thiltum leh a nungchang inremtîr a ni.

**Han thlîr kual la. Dân pawisak lohnain a nghawng chhuah thil tha lo tak takte i hmû em? Nangmâ nunah ngei pawh khân, Pathian dân bawhchhiatnain thil tha lo a thlen a ni tih i hmu thei em? Eng tiang kawngin nge hêngte hian Pathian dân thatzia a nemngheh a, dân chu Amah nêna kan inlaichînnaah hian a pêng pawimawh tak a ni tih a nemngheh le?**

**NINGÂNÎ  
Chuan...**

*MAY 20*

**Hêng a hnuiaia Bible châng târ lante hi chhiar la. Thil pakhat an sawi tlân vek chu eng nge ni a, chu chuan thuthlung nihphung eng nge min hrilh le?**

*Gen. 18:19* \_\_\_\_\_

*Gen. 26:4, 5* \_\_\_\_\_

*Exod. 19:5* \_\_\_\_\_

*Lev. 26:3* \_\_\_\_\_

Pathian chuan Abrahama rinawmzia hriain, “Ka thû a âwih a, ka thuhrilhte, ka thupêkte, ka thuruatte, ka dânte pawh a

zâwm” tiin a sawi a (*Gen. 26:5*). Heta tang hian Pathian chuan thû a thlunpui mihringte lak aṭangin Abrahama nungchang ang hi hmuh a beisei a ni tih kan hre thei. Sinai Tlânga a pêk thuthlung pum pui hian thuâwihna chu thuthlunga a pêng pawimawh tak a ni tih chiang takin a tilang.

Exodus 19:5-in chiang taka a sawi chu, “ka thû in âwih tak zet a, ka thuthlun in pawm chuan . . .” tih a ni. Thuthlung thutiamte chang thei tûr chuan thu âwih a ngâi a ni tih hi phat rual a ni lo va; khawngaihnaa pêk, hlawh chhuah ni lo, an hnêna a thlâwna a pêk chu ni tho mah se, thudelhkilh awm lo chu a ni chuang lo. Hê thilthlâwnpêk hi an lo hnâwl thei a, khawngaihna chu an lo hnar thei a, hêng thutiamte hi an hawisan daih thei bawk. Thuthlung hian chhandamna ang bawkin duhthlanna zalên kan neih hi min namnûlsak ngâi lo. LALPA chuan amah nêna chhandamna thlentu inlaichînna nei tûrin mi tû mah a tilui dâwn lo va; an chungah thuthlung a nghat lui ngâi hek lo. A thlâwnin mi tin hnênah a pê a; chumi lo pawm tûr chuan mi zawng zawng hi sâwm vek an ni bawk.

Chumi lo pawmtûte chuan tih tûr an nei zui nghâl a; mahse, chu chu thluthlung malsâwmna hlawh chhuahna tûr ni lovin, thuthlung malsâwmnate dawngtu an ni tih a lanna a ni zâwk. Israel-te pawh khân, Pathian thupêkte hi thutiamte a taka an chan nân ni lovin, anmahnia thutiamte a lo famkim theihna tûr zâwkin an zâwm tûr a ni. Thû an âwihna kha LALPAN mal a sâwmte awm dân târ lanna a ni. Chutih rualin, thuâwihna hrim hrim hi chuan malsâwmna a hlawh chhuak chuang lo va, a awmzia chu, thû kan âwih avâng ngawt hian Pathianin mal min sâwm a ba chuang lo tihna a ni; chutiang ni lovin, thuâwihna hian rin avânga malsâwmna lo thleng thîn hi a lan chhuah theihna tûr hmun a siam thîn a ni zâwk.

**“In va luah tûr ramah in awm a, in hmuingîlna tûr leh in chên rei thei nân, LALPA in Pathianin thû a pêk che u kawng hi in zawh tluan chhuak tûr a ni” (*Deut. 5:33*). LALPA hian**

**a thû an zawm chuan hêng malsâwmna, a laka a batte hi an hlawh chhuah dâwn niin a sawi em? Nge ni a: Ka thû in zawm chuan, thuâwihna chuan in chunga malsâwmna ka rawn vûr theihna tûr kawng min hawsak dâwn avângin hêng malsâwmnate hi in dawng ang a ti zâwk em ni? Hêng ngaih dân pahnihte hi eng nge a danglamna?**

### ZIRTÂWPNI

MAY 21

**Zir Belhna:** Ellen G. White-i lehkhabu, *Chatuan Nghahfâk* phêk 670–680 “Inhnialna” tih leh *Thlahtubulte leh Zâwlneite*, phêk 369–382, “Dân leh Thupêkte” tih te chhiar ni se.

Eng tiangin nge Matthiaia 22:34–40 hian: 1) Pathian dân awmzia leh a thuthlunga a dânin dinhmun pawimawh tak a luahzia leh; 2) thuthlung hi inlaichînna tih nêñ a awmze thuhmun reng a ni tih hre thiam tûrin min ̄tanpui le?

“Miin Kristâ chakna leh a khawngaihna zâra Pathian dânin a sawite a zawm ̄tan hmain, a thinlungah hmangaihna a awm hmasak phawt a ngâi a (*Rome 8:3, 4* en ang che). Hmangaihna tel lo thuâwihna chu thil awm thei lo tawp leh hlutna pawh nei lo a ni. Hmangaihna a tel a nih erawh chuan kan nun hi Pathian thupêktea Pathian duh dân târ lana awm nêna inrem tûr hian kan nun kan lo her rem mai dâwn a ni.”—*The SDA Bible Commentary*, vol. 5, p. 484.

“Pathian chuan a dân thianghlimah hian nun dân tûr tha famkim chu a sawi a; hun tâwp hma loh chu hê dân, thâi han te tak tê pawh tihdanglam ngâi loh hi mihringte tih tûr atân a awm reng dâwn a ni. Krista chu dân tilian a, tihzahawm tûrin a lo kal a. Hê dân hi Pathian hmangaihna leh mihring hmangaihnaah a innghat tlat a, a zirtîrnate zawm hi mihringte tih tûr pumhlûm chu a ni tih a entîr. Amâ nun ngeiah Pathian dân zawmnaa entawn tûr a pê a. Tlâng chunga a thusawiah khân hê dân hian pâwn lam thiltih chauh ni lovin, thinlung tumte leh ngaihtuahnate pawh a huap tel vek a ni tih a entîr.”—Ellen G. White, *Tirhkohte Thiltih*, p. 505.

### Sawi Ho Tûrte:

- ① Eng vângin nge Pathian hnêna mihringte hruai thleng tûr hian hmangaihna lazâi hi hlauhna hruizên âia chak zâwk a nih le?
- ② Eng vângin nge, “LALPA i Pathian chu i thinglung zawng zawngin, i thlarau zawng zawngin, i rilrû zawng zawngin i hmangaih tûr a ni” (*Matt. 22:37*) tih hi thupêk azawnga a hmasa ber leh ropui ber a nih?
- ③ Simone Weil-i chuan, “Thil tluang tak leh kawngkal fel tak neia a kal hi kan mamawhte zînga a hmasa ber a ni” tiin a lo ziak a (Quoted in Russell Kirk, *The Roots of American Order* [Washington, D.C.: Regnery Gateway, 1992], p. 3). Hê a thil sawi hian dân pawimawhzia engtin nge a sawi fiah le?

**KHAIKHÂWMNA:** Pathian dân hi thuthlunga a pêng pawimawh ber pakhat a ni a. Amaherawhchu, khawngaihna hian dân pawimawhna hi a tibo chuang lo thung. Tihbo ahnehin dân chu khawngaihna lo lan chhuahna kawng leh, a lo dawngtûte nuna khawngaihna lan chhuahna a ni zâwk.