



ZIRLÂI 13-NA

SEPTEMBER 28, 2019

THEN 1-NA: ZIRLÂI TLÂNGPUI THLÎRNA

“Kalhlên Kût hmâin Isuan he khawvêl hi chhuahsana Pâ hnêna a kal hun a thleng tawh tih a hria a, amaha mi khawvêla awm a hmangaih thinte chu a tâwp thleng pawhin a hmangaih reng a ni” (Joh. 13:1). “Isua chuan Pa-in a kutah thil eng kim a vawntîr tih a hria a. . . tichuan, zirtîrte ke chu a silsak ta a” (Joh. 13:3, 5). Chumi hnu chuan, ”In chungka ka tih ang hian nangni pawhin in tih vena tûrin ka tihhmuh che u a ni si a” (Joh. 13:15) tih thu a hrilh a. Kristian kohhran dintu chuan a tîr aţang rêngin chhiahhlawh hna thawka rawngbâwl hi tih dân phungah tawh a, chutiang chu Krista taksate thil tih dân tûr pawh a ni rêng a ni.

Tûn kêr zirlâi hian kohhran hmasa huna chhiahhlawh hna thawktute chanchin kha min zirpui leh dâwn a, tin, eng thilte nge an lo tih thîn tih pawh kan thlîr tel bawk ang. Pathian mi la bângte pawhin mi dangte rawngbâwlsak duhna thinlung pu-in, mahni inphata mi dangte tâna nun duhna leh khawngaihna rilru an lantîr ve a tûlzia pawh kan hre thar leh bawk ang a. Kan ţanpuina mamawhtute rawngbâwlsak leh chanchin ţha hril hna hi thil kal kawp tlat a ni a; rorêlna dik, khawngaihna leh hmangaihna te hi ‘Pathian chhûngte’ ni ve tûra a lungphûm pawimawh tak a ni bawk tih kan hriat a ngâi bawk. Pathianin a kohhranhoten hlen chhuak se a tih rawngbâwlnaah hian thawh hona, inţanpui tawn duhna rilru kan put pawh a pawimawh hle bawk a ni.

Zirtîrtu Tih Tûr:

- I class member-te nên khân in kohhran pâwn lama mîte tâna chhiahhlawh hna thawktute nih awmzia chu eng nge ni tih hriat chhuah tum ang che u.

- Kohhran hi eng vânga awm nge a nih tih leh kohhrana hruaitute leh department hrang hrangte pawimawhna pawh hriat chhuah tum ang che u.
- Eng tiangin nge hêng department hrang hrangte hi kohhran chhûngah leh pawnsah pawh a ða zâwnga inthlâk danglamna a awm theih nân an thawh ho ang?

THEN 2-NA: ZIR ZĀUNA

Tehkhin Thu:

Chhiahhlawh hna thawktute: ‘Ringtu inpâwlhote’ zînga tel ve hi mi zawng zawng tân thlarau lam bâkah, rilru leh taksa tân pawh a ða hrim hrim a. Zirbingnain a sawi dân chuan, ringtu inpâwlhote zînga telte leh sakhaw thiltih khâwmnaa tel ðhînte chu tel ve ngâi lote âiin an dam rei zâwk tlângpui a ni.¹

Ngaihtuah Zui Tûr: In kohhran kha na neite tidamtu leh miin nun tam (*Joh. 10:10*) an neih theihna tûra ðanpuitu, in kohhran member ni mêkte leh lo la ni tûrte pawh rei zâwk damtîr theitu tûr hmun hrisêl a lo nih theih nân eng nge tih ve theih i neih le?

Chhiahhlawh hna thawktute zînga tel vena hian kohhran huang chhûnga awm ve-na avânga malsâwmna awm theite chu a belhchhah a. Chutianga chhiahhlawh hna thawk tûr kan nih chhan chu *Galatia 6:9, 10*-ah hian kan hmu. He thu hi in class ah chhiar ang che.

Nangmah leh i class member-te kha kohhran huang chhûng leh pawns lama mîte tân pawh ‘mi zawng zawng chung a thil ða ti ðhîn’ in nih chuan nangmahni a titu tân leh in thil ða tih lo chhawrtute tân malsâwmna famkim a awm ve ve a ni. Khawngaih thiltih lantîr ðhîntu mi 3,297-te an zir chiannaah chuan hêng an thiltihte hian anmahni leh an thil ða tih lo chhawrtute a tihrisêl sawt ve ve tih hmuhchhuah a ni.

¹“Attending Religious Services Linked to Longer Lives, Study Shows,” *Harvard Women’s Health Watch*, Harvard Health, July 2016, <https://www.health.harvard.edu/mind-and-mood/attending-religious-services-linked-to-longer-lives-study-shows>.

Hetianga thil tha ti tûra inpete hi taksa leh rilru lamah nasa takin an hrisêl sawt a. Entîr nân, chutianga ngilneihna thil eng emaw an tih hnu chuan an rilru a nuam veng veng thîn. Hetianga mîte an tanpui avâng hian an rilru hahna leh thawpikna te chu nasa takin tla hniam thîn baw a ni. Chutianga an rilru hahnate a kiam mai bâkah chuan, a hnu zêlah pawh rilru tluang an put zui phah ta thîn baw a. A nihna taka chuan anmahni tân pawha thil tha ti an ni ve tho tihna a nih chu. Lâwm chung a mi dangte rawng i bâwlsak hian nangma tân leh i rawngbâwlsakate tân pawh a tha êm êm a ni. *Isaia 58:10, 11* chhiar ang che.

I class member-te kha mi dangte an puih avâng a an rilru hahna leh taksa chauhnate pawh a lo reh vek thîn dân sawi tûrin sâwm la. Chutianga an rawngbâwlna chu in kohhran member ni lote pawhin kawng hrang hranga an lo chhawr tangkâi tawh dân pawh sawitîr baw ang che.

Pathian Lehkha Thu: I class member-te kha *Isaia 42:1–4* chhiar tûrin sâwm la, tichuan, Isua rawngbâwlna he thu a lo thlen famkim tâk thu inziahna *Matthia 12:18–21* pawh chhiar leh baw rawh se. He hrilhlâwkna hi Isuan chhiahhlawh hna thawka rawng a bawl tûr thu sawina a ni tih a Chiang a. *Isaia 42:1–4* hi ‘chhiahhlawh hlate’ an tih zînga a hmasa ber niin, Krista rawngbâwl dân tûr chungchâng sawina a ni. Ani chu Chhiahhlawh danglam bik niin a mîte leh khawvêl tâna Pathian thiltum hlenchhuaktu tûr a ni a. Messia chungchâng sawina chhiahhlawh hla dangte chu *Isaia 49:1–13*-ah te, *Isaia 50:4–11*-ah te leh, *Isaia 52:13–53:12*-ah te hian kan hmu baw.

Isaia 42:1–4-in Krista thil ngaih pawimawh zâwngte leh a tih tûr nia sawi chu eng nge ni? Krista zirtîr i nihna ang a i ngaih pawimawh zâwngte chu eng nge ni a, nangmah leh in kohhranin tih tûr in neih chu eng nge ni? Hun in nei a nih chuan chhiahhlawh hla dangte pawh hi in sawi ho dân nia.

Thuthlung Tharah pawh hian chhiahhlawh hla, ‘kenosis hla’ tia an sawi mai thîn pakhat chu a awm ve a, chu chu *Filipi 2:5–11* hi

a ni. *Kenosis* tih chu Grik tawng a ni a, a awmzia chu ‘engmah ni lo,’ ‘engmah lo’ tihna a ni. He hla, Krista amah leh amah a intihruah (*Filipi. 2:7*, NASB), a intihtlâwm (*Filipi 2:7, Mizo Bible*) avânga ‘kenosis hla’ tia a hming an phuah tâk hi chhiar ang che. Châng 7-naah chuan Isua khân a Pathianna chu kalsanin chhiahhlawh angah a insiam a ni a tih kan hmu a, chu rilru chuan a nun pum pui kha a kaihruai zui ta zêl a ni (*Mat. 20:26–28* en la).

A hunlâia Juda hnam thlîrna aţang chuan Isua nûn khân ngaih pawimawh loh tûr zâwk a ngâi pawimawh tlat mai niin a lang. Thil rêng rêng kha mîte lo tih thîn dân ang lo taka tih zêl a tum hrim hrim emaw tih mai tûr a ni a. Nasa taka châwisâna awm thîn Pathian Fapa chu chhiahhlawhah a rawn ţang phawt a. *Matthaia 20:26* leh *Matthaia 23:11, 12* chhiar la. A hnu-ah pawh Isua zirtîrte chu ‘khawvêl chawk buaitute’ (a ni lo zâwng hlîra thil tih tumtute) tia puh an ni ve leh bawk (*Tirhkohte 17:6*). Mîte chung a rorêl lovin, mîte rawng an bâwlsak zâwk dân a ni. An ngaihdân leh rilru put hmang mak dangdâi deuh mai kha Robert Banks-a chuan ţha a ti hle a, heti hian a sawi hial: “Vawiina kan mamawh chu mi tu tuten emaw an sawi ang *chhiahhlawh hruaitu* tam zâwk neih a ni lo va; *chhiahhlawh hna thawh kawnga hmahruaitu* tam zâwk neih a ni.”²

‘Chhiahhlawh hruaitute’ tih leh ‘chhiahhlawh hna thawh kawnga hmahruaitute’ tih hi a eng nge danglamna awm? A leh lamah, Krista chhiahhlawhte kan ni tia sawi leh ringawt thîn hi chu a tâwk lo khawp mai, a chhan pawh Krista chhiahhlawh nia inchnâlte zîngah ngei pawh chhiahhlawh ţha lo tak an awm thei si a. Chhiahhlawh thênkhat phei chuan Krista kha mîte tih loh dân deuh deuha thil ti thîn a ni tih hi an man lo hrim hrim leh nghâl a. Krista chhiahhlawh nih an tumna lamah Krista hmingin mi va hneh a, an chung a rorêl a, va awp te an tum ta mai thîn a. A nihna takah chuan Krista duh loh dân deuhin thil an ti thîn zâwk a ni.

²Robert Banks, quoted in Siang Yang Tan in *Full Service: Moving From Self-Serve Christianity to Total Servanthood* (Grand Rapids, MI: Baker Books, 2006), p. 55.

Sawi Ho Tûr: Krista chhiahhlawh nia insawi sia Kristâ hminga mi dangte awp be ðîn tu tute nge hriat in neih han sawi teh. Rawng kan bâwlsakte chung a lal hrawt a, chhiahhlawh ða lo tak kan nih loh nân eng tin nge kan lo invên theih ang?

Pathian Lehkha Thu: Isua khân khenbeh a nih hma deuh lawk khân a zirtîrte chu khûnkhân taka hun hmanpuiin thlamuanna leh fuihna thu ða tak tak a hrilh a. Johana 15:15 chhiar ang che.

Sawi Ho Tûr: He châng hian Isua zirtîrte chuan chhiahhlawh hna an thawh ðin kha an bânsan tawh tû a ni tih lam a sawi em? A thil sawi hi eng nge ni a awmzia le?

Hê zawhna chhânna tû hi Johan 15:15-a chhiahhlawh sawi nâna Grik thumal hman, *douloi* tihah hian a awm a. *Douloi* tih chu chhiahhlawh rau rauah pawh chan ða deuh sawi nana hman ðin a ni. Isua khân a zirtîrte kha a ring ngam hle a, a thil hrilh te chu chhiahhlawh pângngâiten a pûte thusawi tawh phawt chu a dik a dawh thlu lova an zawm tawp ðin anga an zawm ve ngawt loh nân an hnênah thil tam tak a hrilfiah vek a ni. Chuti a nih chuan, a zirtîrte khân tu emaw an chung a thuneitu ang ni lovin, Thian angin en zâwk se a duh tihna a ni ang.³

Isua khân chhiahhlawhte chu lalah an rawn ðang ve leh daih thei a, ðiante erawh chu an ðang ve thei lo tih a hre Chiang hle bawh niin lang. Chhiahhlawh fel tak takte chuan “keima’n thil ka hriat zâwk avângin i ða zâwk ang” tih ngaihdân nei chungin hna an thawk a, chutih lâiin ðiante erawh chu hnathawhpuitute niin, anni chuan “kan nunah thil inðâwm kan neih avângin kan ða zâwk dîn ang” tih an ring ve thung a ni. Eng tiangin nge hetiang zâwnga thlîrna hian mîte rawng kan bâwlsakna kawngah nghawng a neih dawn le?

³Francis D. Nichol, ed., *The Seventh-day Adventist Bible Commentary*, vol. 5 [Washington, D.C.: Review and Herald®, 1956], pp. 1043, 1044.

Tehkhin Thu: Sap̄awng thumal pakhat, ‘synergy’ tih hi dictionary chuan thil chi hrang hrang thawh hot̄i a, ch̄ung thil chi hrang hrangten a mal t̄e t̄e an thawh chhuah leh tih theihte belh kh̄awm âia tam leh nasa z̄awk daih rah a chhuah theihna hi tiin a hrilhfi ah a.⁴

Kohhranah pawh hian a member-te leh department hrang hrangten a hran a hr̄aia thil ti lo va, lungruah taka rawng na b̄awl *tlân* hian synergy a lo awm th̄in. Chu synergy chuan kohhrana p̄eng hrang hrangten a mal t̄e t̄e-a an thawha an tih theih nḡai loh t̄ur rah duhawm tak a chhuah d̄awn a ni. A fiah theih n̄an ent̄irna t̄awi t̄e han sawi ila.

Chh̄ungkaw pakhat hian chawlh hman tumin a hma thla ruk v̄el ah ruahmanna an lo siam l̄awk a. Pa ber chuan a nupui fanaute r̄awn ch̄ungin an tih t̄ur theuhte chu a han sem diat diat a. Ani chu chawlh an hmanna hmun t̄ur thlang a, a kalna leh a hawanna lam ngaihtuahtu t̄ur a ni. Chawlh hmanna hmun at̄an chuan Florida state-a Orlando khua a thlang a, chumi panna t̄ur thlawhna ticket pawh a va ti fel diam tawh nghe nghe. A nupui chu an thlenna t̄ur hotel ngaihtuahtu at̄an a ruat a, ani pawh hian California state-a Los Angeles-ah hotel a lo va book fel vek tawh bawk. An fapa chu an ch̄am chh̄unga ei in buaipuitu at̄an a ruat a, ani pawh hian Illinois state-a Chicago khawpuia restaurant hrang hrangah an ei leh in t̄urte a lo va order l̄awk vek tawh a ni. An fanu chu chawlh an hman chh̄unga hun an hman dân t̄ur ngaihtuah t̄ura tih a ni a, ani pawh hian an tih t̄ur chi hrang hrang leh hmun an tlawh t̄urte chu a lo hual sa vek tawh bawk. An tih t̄ur theuhte chu ti hlawm mah se, an ruahmanna siamte chu an lo inhrih tawn hauh lo mai chu niin. An ruahmanna zawng zawng chu a tlawh fel d̄er mai zu nia!

Heti ah deuh hian, in kohhran awmna v̄enga ch̄engte tân thil th̄a eng eng emaw tih in duh a ni maithei e; mahse, ruahmanna siam r̄ik ngawt chuan kawngro a su thui thei lo ang. Kohhrana department hrang hrang awmte hian in v̄eng chh̄unga danglamna a thlen theih n̄an hna an thawk ho t̄ur a ni.

⁴Dictionary.com, s.v. “synergy,” <https://www.dictionary.com/browse/synergy>.

In class-ah khân in kohhrana department hrang hrang awmten in kohhran huang pawns lam khawtlâng tâna danglamna in thlentîr theih nâna in thawh ho theih dân tûr kawngte sawi ho rawh u.

THEN 3-NA: NUNA BEL TÛR

Misonari doctor pakhat chu kum eng emaw chên ram thima a awm bo hnu-in an khuah hâw lehin, a seilenna in ațanga hla vak lova awm nia an sawi Seventh-day Adventist kohhran chu zawn chhuah a tum a. Chu kohhran awmna nia an sawi hmunah chuan a va kal a. Mahse, chutah chuan biak in a lo awm bawk si lo, chu lâi vêla lo awm mi pakhat hnênah chuan, “Hetî lâi vêlah hian Adventist kohhran a awm em?” tiin a zâwt a. Chu pa chuan, “Mi tute emaw chu saw lâi in pakhatâh sâwn Sabbath nî hian an lo kal khâwm thîn ngei mai a. Eng zât nge an nih chu ka hre lo; an lo kal khâwm a, an zâi ho a, rei vak lo hnu-ah an tîn darh leh mai thîn,” tiin a chhâng a.

Hê kohhran hi a member-te tân chuan ‘thlarau lam pûr chawknâ hmun’ tha tak a ni satliah ve mai. Mahse, Africa khawmualpuia awm Swaziland rama kohhran pakhat erawh chu a danglam hle. Hê kohhran awmna khuah chêngte mamawh hmanhmawh thlâk ber chu AIDS hrik pâi fahrah naupangte tâna chaw ei tûr ngaihtuhsak a ni a.

Pi Busi Vilakazi-i leh kohhran member dangte chuan hêng fahrahte hi ni tin chaw ei tûr an va pe thîn a. A tîrah chuan hetiangâ naupang an chawmte hi 50 emaw vêl lek an ni a, a hnu kum sâwmah chuan 300 lâiah an pung chho ta dâwrh mai a ni. Hei bâkah hian naupang chumchiap, primary school la kal ve phâk lote tân pre-school an din bawk a. A khât tâwkin thawmhnâw leh an biak in compound-a an siam chuktuah huana an thar thlâi hnah leh rahte chu an sem thîn bawk a, damlote kanin miin ei zawnna nghet a lo neih theih nân thiam thil zirna program te pawh an kalpui bawk. Hetiangâ Isua hmangaihna an lantîr avâng hian kohhran thar a lo din phah a.

“Chhandamtu chuan mi lungngâite leh thlêmna tâwkte enkawl theitu tûr kohhran din a nih theih nân a nunna hlu tak

chu a lo hlân tawh a ni.”—Ellen G. White, *Chatuan Nghafâk*, (2nd Edition, 2014) p. 721.

Pathian kohhran hian hna thawh tûr a nei a ni satliah mai lo va. Hna thawh tûr nei Pathian chuan kohhran a nei a ni mah zâwk.

Sawi Ho Tûr: In kohhran kha eng vânga lo ding nge a nih? Kohhran pahnih kan han sawi tâktea a khawi ang zâwk khi nge in kohhran pawh kha ni ve? In kohhran kha chhiahhlawh hna thâwka khawtlâng thatna tûr hna thawk thei a lo nih theih dân tûr hrang hrangte sawi ho rawh u.