



ZIRLÂI 10-NA

SEPTEMBER 7, 2019

ṬHEN 1-NA: ZIRLÂI TLÂNGPUI THLÎRNA

Pathian chuan mîten amah an lo hnaih theih nân theihtâwp a chhuah ṭhîn a. Khawvêl hnêna a hmangaihna lantîrtu ni thei tûr zirtîr siam a tum reng a ni. Chutiang a nihzia chu *Tita 2: 11–14*-ah hian Chiang takin kan hmu a: “Mi zawng zawng hnênah chhandamna rawn thlenin Pathian khawngaihna a lo lang ta si a; beiseina lâwmawm—kan Pathian ropui tak Chhandamtu Isua Krista ropuina inlârna chu nghâkin, Pathian ngaihsak lohna leh khawvêl châknate bânsanin, tûnlâi khawvêlah hian insûm leh fel tak leh Pathian ngaihsakin kan awm tûr a ni tih min zirtîr a. Ani chuan bawhchhiatna zawng zawng lak ata min tlan theihna tûr leh, chi thlan bîk, thil ṭha tiha ṭhahnemngâi, ama tâna a tihthianghlim theihna tûrin kan âiin a inpêk kha” tiin.

Tûn kâr zirlâiah hian tlanna ruahman pum pui inngahna Pathian hmangaihna chungchâng kan ngaihtuah ho dâwn a. A bula hnâia kan awm hian kan rilru hahna leh buainahte min lo lainat êm êm a ni tih kan hre ṭhîn. Chutiang rilru hahna nei vek chu kan ni hlawm a. Kan sualna leh kan rilru hahnate kan puan a, kan sim bawk chuan Pathian khawngaihna kan chang ang a. Tichuan, kan mi mal nun pawh a lo danglam tawh dâwn bawk a ni. Chutianga Pathianin min khawngaih êm avâng chuan mi dangte hnênah pawh Pathian hmangaihna leh khawngaihna lantîr ve kan châk a, kan lantîr thei rêng bawk ang. He hmangaihna hi thu leh thiltiha chatuana chanchin ṭha kan nunpui a, chi leh hnam leh khawsak phung eng mah thliar hranna awm lova mi zawng zawng kan hmangaih tlân theih hunah a takin a lo lan chhuak tawh dawn a ni.

Zirtirtu Tih Tûr:

I class member-te nêh khân hêng thutak, mihring nun thlâk danglamtu leh thiltitheî êm êmte hi hriat chhuah tum ang che u.

THEN 2-NA: ZIR ZÂUNA

Pathian Lehkha Thu: In class-ah mihring taksa lem inziáhna poster emaw keng la. Tichuan, i class member-te hnênah khân mihring nih hi eng nge a awmzia tiin zâwt ang che.

Genesis 1:26 chhiar la. Pathian anpuia siam tih hi eng nge ni a awmzia (zirlâi 1-na kha en leh rawh).

“Siamtu kut aţanga Adama a lo chhuah chiah khân a taksa, a rilru leh a thlarau nihphungah amah Siamtu anna a rawn pu sa a ni.”—Ellen G. White, *Education*, p. 15. Mihringa Pathian anpui nihna awm chu sualin a tihmêlhem tawh a. Chuvângin, tlannain a tum ber chu mihringa Pathian anpui nihna awm siam thar leh, din thar leh a ni. Sual lo awm ţan aţanga tûn thleng hian Pathian mîte chu Pathian nêh thawk dún a, taksa, rilru leh thlarau lama mihringin Pathian anpui nihna a lo neih ţhin kha a neih lét leh theih nâna Krista hmangaihna leh chanchin ţa puang chhuak tûra koh an ni. Eng tiangin nge Pathian anpui nihna din thar leh a nih theihna tûra Pathian leh mihring thawh hona hi Seventh-day Adventist Kohhran rawngbâwna pêng hrang hrangah hian a lan chhuah le? Entîrna pakhat chauh han sawi ila: kan kohhran hian damdâwi in leh damlo enkawlna hmun 500 vêl a nei mêk (hetah hian tar enkawlna leh fahrah enkawlnate chhiar tel a ni lo). Khawvêl hmun hrang hrangah zirna in—primary aţanga university level thlengin 8,539 kan nei mêk bawk.¹

Amaherawhchu, “kohhran hian Bible zirtîrna nêna inkalh tak tak thil a ti ve fo tho bawk a, mihringte taksa damna thlen hna chu damdâwi lam thiamte kutah chauh dahin, rilru lama naupang an ţhanna tûr pawh zirtirtute kutah chauh dah châng a nei ţhin bawk. A leh lamah, pastor-te leh evangelist-te chu thlarau nun siam ţhatna chauh thawk tûra beisei an ni ve thung a. Hei hi thil remchâng leh âwm ang tak pawh niin lang mah se, Bible zirtîrna nêh a inrem tlat

si lo, a chhan pawh hetiang mihring then hran hi Bible zirtîrna pawm kan nih si chuan thil tih lo tawp tûr a ni. Mihring chu hlâwm khat tawp a ni a—taksa, rilru leh thlarau ti zâwna then hran chi a ni lo.²

Kan kohhran hian ‘Krista chanchin tha’ (*Rome 15:19*) a nihna ang tak a, a pum pui—taksa leh rilru leh thlarau nunte huam kim veka a puang lo a nih chuan chanchin tha kan hril dânah kim lo a awm ngei ang. Kan hna chu chanchin tha hril hmanga thlarau chhanchhuah ringawt hi a ni lo va, mîte chu chhandama an rawng bâwlsak tûr kan ni.

I class member-te hnênah khân in kohhranin taksa, rilru leh thlarau lam hmasâwnna tûra rawng in bâwl ve dân zâwt la. A khawi lâiahte hian nge nasa zâwka tan in lâk ngaihna awm le?

Tehkhin Thu: New York lei hnuai rêl kawng bangah chuan mi tu emaw kuthlei hian, ‘*Pathian chu a nung alâwm—mahse, [mihring nunah hian] a rawn inrawlh lêm lo a ni*’ tih hi a ziak a.³

Kan duh loh zâwnge deuh thil a lo thleng châng hian kan ngaihtuahna a bîng mup mup thîn a, Pathian chuan kan lungngaihna leh kan na tawrhte hi a rawn ngaihsak miah lo em maw ni chu âw te kan ti hial thîn a ni. I class member-te hnênah khân he zawhna hi zâwt ang che: Pathian chu kan mi mal nun theuhah hian a rawn inrawlh a duh a, khawvêla mi zawng zawngte hi ang khat vekin a hmangaih baw (*Johana 3:16*). Chuti a nih chuan, eng tiang kawngtein nge nangmah a hmangaihna che leh i mamawhte kha phuhrûksak che a duh a ni tih i lo hmuh ve le? Eng tiangin nge mi dangte pawh a hmangaihin a ngaihsak a ni tih lantîrna hmanrua atân a hman che?

¹“Education Statistics,” Education, Adventist.org, December 31, 2017, <https://education.adventist.org/education-statistics/>.

² Rudi Maier, *Working With the Poor: Selected Passages From Ellen G. White on Social Responsibility* (Berrien Springs, MI: Department of World Mission, Andrews University, 2007) p. 2.

Hê thu, mi dangte tanpuina hna thawk tûra Pathian mîte hrilh a nih thu hi ngun takin ngaihtuah ang che: “Chhûngkuaah te, thenawm khawvêngah te, kohhranah te leh hmun dangah pawh mi dangte thatna tûra mahni hmasialna tel lo inhlanna a awm loh chuan eng hna pawh thawk mah ila, Kristian kan ni lo tihna a ni ang.”—Ellen G. White, *Chatuan Nghahfâk*, p. 486.

Pathian Lehkha ThuHe

pathiaPa: Isua zirtîrte khân Isua kha Messia a nih avângin Israel chu Rom sawrkâr awp behna lak ata a tizalên ang a, an hmêlmate chungah rorêlna leh thiam loh chantîrna a rawn thlentîr dâwn niin an lo ring a. Mahse, *Johana 3:16*-ah chuan he an ngaihtuahna dik tâwk lo hi Isua rawn her remsakin, Pathian chuan he khawvêl suala tlu tawh hi a hmangaih hle a ni tih a rawn puang ta zâwk a ni. Pathian chuan a Fapa mal neih chhun pe-in, amah ring apiang (amaha rinna ngat apiang) chu an boral lo vang a, chatuana nunna an nei zâwk ang. Châng *17*-ah hian Isua chuan *a lo kal tum khatnaa* a thil tih tum chu Chiang taka sawiin, thiam loh chantîrna leh rorêlna thlentîr tûrin a lo kal lo va, chhandamna thlen tûra lo kal zâwk a ni. A awmzia chu, Rorêltu a nihna anga a lo kal *hmmain* Tlantu a nihna anga a lo kal hmasak phawt a ngâi a. A nun, thihna leh thawhleha hmang khân kan sual man chu a tlâk tawh a, chuvâng chuan mi *zawng zawngin* chatuana boralna nge, chatuana nunna zâwk tih thu-ah duhthlanna kan lo siam theih phah ta a ni. Chutiang duhthlan theihna nei chung chuan mi *zawng zawng* hian Isua chu *a lo kal tum hnihnaah* an tâwk ang. *2 Thesalonika 1:6–8* chhiar la. Eng tin kan thusawi leh thiltihte hmangin Krista lo kal hmasak tuma thutakte leh lo kal tum hnihnaa thutakte hi inbûk tâwk takin kan puan theih ang?

Pathian Lehkha Thû: *Efesi 2:1–11*-ah chuan Pathian mîte chu bawhchhiatnate leh suala thi tawh an nih thu hrilh an ni a.

³Ferdinand Funk, “John 20:19–31: Scars That Heal—Jubilee” Faithlife, accessed February 27, 2019, <https://sermons.faithlife.com/sermons/113763-john-2019-31-scars-that-heal-jubilee>.

Mahse, Pathian hmangaihna leh khawngaihna ropui taka vângin Krista nên chuan tihnun thar leh niin, amah nên chuan an lo inrem leh ta a ni (*2 Korin 5:17, 18* en la).

Hê thu tho hi *Ezekiela 37:1-10*-ah pawh kan hmu tawh bawk. Pathian chuan sual kawng zawh hrep tawh a mîte ruhro chu a tinung leh dâwn a ni tih hre tûrin a hrilh a. Châng 6-ah hian chutianga tih a tumzia chu sawiin, ruhro-ahte chuan thahrui te, tisa te, leh vun te a dah ang a, an lo nun theih nân an chhângah a thaw lût bawk dâwn a ni. Heta tâng hian harhtharna chungchângah thlarau lam zirlâi engte nge zir chhuah tûr kan neih le?

Suala thi tawh a mîte tinung lehtu tûr Pathian khawngaihna chu thil pahnih atâna pêk a nih thu *Efesi 2:7* leh *Efesi 2:10*-ahte hian kan hmû a.

Keimahni harhtharna leh chhandamna ringawt hi chu a tâwk lo. “Thil tha ti tûra” chhandam kan ni a. Chutianga kan thil tha tihte chuan min chhandam chu ni lo mah se (*Efesi 2:9*), thil tha ti tûra chhandam erawh chu kan ni si a ni (*Efesi 2:10*). Thil tha tih avângah chhandam kan ni emaw kan ti ang tih hlauh vâng ringawtin, thil tha tih kan thulh phah mai ang tih a hlauhawm a. Khawngaihna awmzia hi kan hriat thûk poh leh chumi kan hriatthiamna chuan thil tha ti tûr leh Pathian nêna thawk dôn tûrin min tiphûr dâwn a ni. Kan thiltih eng kim mai hi Krista kraws kaltlanga kan hmuh vek a pawimawh a. Chhandamna hlauh chhuak tûrin kan thawk a ni lo va, chhandam kan nih avâng zâwkin kan thawk a ni.

Sawi ho tûr: Eng tiangin nge i chhandamna khân in thenawm khawvêngah danglamna a thlen le?

Tehkhin Thu: Chanchin tha hi eng tik lâi hun atân pawha ‘chatuana chanchin’ a ni mai lo va (*Thup. 14:6*), ‘mi zawng zawng huap kim vek’ chanchin tha pawh a ni tel bawk (*Johana 3:16*). Isua pawmtu zawng zawngte chu chhandam an ni a (*Johana 1:12* en la), Pathian chuan amah pawm lotute pawh a la hmangaih reng tho bawk. Heti

hian i class member-te kha zâwt ang che: Bible-ah hian mi zawng zawng huam châng dang eng engte nge awm?

Naupangten Sabbath School class-a an sak ðhin hla lâk tak pakhat chu, ‘Isuan min hmangaih tih ka hria’ tih hi a ni a. Chanchin ðha awmzia Chiang zâwkin kan lo hre ta bawk a, chuvâng chuan he hla pawh hi ‘Isua [anmahni] a hmangaih tih ka hria’ tia thlâk emaw, belh chhah emaw a ngâi tawh mai thei. Pathian hmangaihna chuan mi dangte pawh a huap a, hmangaih theih miah loh tûra kan ngaihte pawh ani chuan a hmangaih tho a ni tih kan hriat hian Pathian hmangaihna ropuizia chu kan hriat belh leh ðhin a. Isua chuan mi zawng zawng hi a hmangaih miau avângin kan hla lâk tak pawh tlêma her remin, ‘Isua [kan zavâiin] min hmangaih tih ka hria’ kan tih a ngâi ta a ni.

Hetieng huapzo rilru putna hian kan sak ðhin hla dang, entîr nân, ‘Isuan min châwi sân avângin ka lâwm êm êm a ni’ tih te pawh hi tlêma a thu her danglam hret châkna min neihtîr ang a, chûng hla thute chu nunpui ngei duhna thinlung min puttîr bawk dâwn a ni. I class member-te kha in hla sak ðhin, mi tin huap thei tûr zâwna a thu her rem hret ngâi nia an hriatte sawi tûrin sâwm la. A theih phei chuan, chutianga a thu in her rem hret hla pakhat chu bâk hla atân sa rual nghe nghe ang che u.

Pathian Lehkha Thu: Paulan inrem lehna chungchâng *2 Korin 5:14–21*-a a ziah hi in class-ah chhiar rual ang che u:

Krista hmangaihna chuan min tîr lui a ni; heti hian kan ngaihtuah: mi zawng zawng thih âiin mi pakhat a thî a, chuvângin mi zawng zawng chu an thî a ni; tin, a nungte chu anmahni tân an nun tawh loh va, an thih âia thîa tholeha tân chuan an nun tawh zâwkna tûrin a ni, mi zawng zawng thih âiin a thih ni. Chumi avâng chuan tûn achinah hian keini zawngin tisa lamah chuan tu mah kan hre tawh lo vang; tisa lamah Krista chu lo hre tawh mah ila, tûnah zawng kan hre leh tawh lo ve. Chumi avâng chuan tu pawh Kristaa a awm chuan thil siam thar a lo ni a; thil hluite chu a ral ta a; ngâi teh u, a lo thar ta. Nimahsela, eng kim Pathian hnên ata chhuak a ni a; ani chuan Krista

avângin amah nêñ inremin min siam a, inremna rawngbâwl hna min pe a; khatia, Pathianin Kristaah chuan khawvêl hi amah nêñ inremin a siama an bawhchhiatnate chu bawhchhiatnaa ruatsak lovin, inremna thu min kawltîr kha.

Chutichuan, Krista âia palâi kan ni a, Pathianin keimahni min hmangin a ngên chiam che u tih theih a ni; ‘Pathian nêñ lo inrem rawh u,’ tiin Krista âiah kan ngên che u a ni. Amahah chuan Pathian felna kan lo nih theihna tûrin, sual rêng rêng hre lo chu Pathianin keimahni avângin sualah a siam a.”Chanchin ða chuan khawtlânga inthlîrna hrang hrang awmten a siam dâidanna bang chu tihchim vek a nih theih nân hna a thawk a. Pathian leh mihring inkârah chauh pawh ni lovin, mihringte inkârah pawh inremna a awm theih nân hna a thawk bawk.

Eng tin nge he thu hi keimahniah a taka kan nunpui theih ang? Paulan, “a nungte chu anmahni tân an nun tawh lohna tûrin” tih thu a sawi hian eng nge a sawi tum tak ni ang? “Krista tâna “palâi” nih hi eng nge ni a awmzia? Eng vângin nge thil siam tharte kan nih hmasak phawt a pawimawh le?

THEN 3-NA: NUNA BEL TÛR

Bible-in a sawi mi tin tâna rorêlna dik thlentîr hi chanchin ða laimu a ni a. Chu chanchin ða chu a hrila hrila puan darh tûr a ni ang bawkin a nuna nunpui tûr pawh a ni bawk. Kan puan darh theih dân tûr kawng ða ber chu Krista tih anga huap zo rawngbâwlina kan kalpuiin a ni a, chu chuan ‘hlawhtlinna dik tak’ a thlen bawk ang. Krista tih anga kan tih phawt chuan eng chen pawh thleng ila, ‘hlawhtling’ kan ni hrim hrim tho a ni (Ellen G. White, *Tihdam Rawngbâwlina*, p. 126 chhiar ang che.)

Sawi Ho Tûr: Mi dangte puih kan tum hian eng vângin nge Isua an zui theihna tûr remchâng kan siamsak a pawimawh êm êm? Nge ni a, an mamawh va phuhrûksak ngawr ngawr kha a ða tâwk êm êm tho? Eng vânga ða tâwk emaw, ða tâwk lo emaw nge ni le? I chhân hmain he thu hi ngun takin han ngaihtuah

phawt teh: Miin Isua an lo pawm chiah hian, Isua chuan a tha zâwna an nun an thlâk danglam theih nân leh chutiang nun chu an neih zui zêl theih nân anmahniah thiltihtheihna a dah nghâl dâwn a. Dik tak pheh chuan, chanchin tha hian keimahni chhûnga thiltihtheihna awm chu khawtlâng siam thatna atâna hmang tûrin a rawn chawk tho thîn a ni.

Chutianga kan thiltihtheihna neih hman duhna chu Krista Isua nêna inzawmna dik kan neihna aţanga lo luang chhuak a ni tûr a ni a, chutiang inlaichînnaah chuan keimahniah a hmangaihna awm a, amahah chuan keimahni pawh kan awm ve bawk. Chutianga kan thawh ho chuan, grêp zâr tinte angin (*Joh. 15:5-7*) mi dangte nun siam tha tûr leh Isua hnêna hruai tûra kan hnathawhte chuan rah tam tak a chhuah thei dâwn a ni. “Chanchin tha thatzia tihlan theih dân kawng tha ber chu hmangaihnaa khat leh hmangaih theih Kristian nih hi a ni.”—Ellen G. White, *Counsels on Sabbath School Work*, p. 100.

I class member-te kha an rawng an bâwlsakte hnêna Isua chanchin an hrilh dân sawi tûr sâwm la. Chutianga kan hrilh tawh chung pawha Isua la pawm ve tlat lote chu eng tin nge kan tih ang? Eng vângin nge chutiang mîte pawh chu kan la ţanpui chhunzawm zêl tho ang?