



ZIRLÂI 3-NA

JULY 20, 2019

THEN 1-NA: ZIRLÂI TLÂNGPUI THLÎRNA

Thil siam chawlhkâra a ni sarihnna, Evi leh Adama-ten ni khat pum hlûm an hman dun hmasak ber nî kha chawlh hahdamna nî a ni a. “Pathianin ni sarih nî-ah chuan a thil siam chu a ti zo va: ni sarih nî-ah chuan *a thil siam zawnng zawnng chu a chawlhsan ta a,*” (*Gen. 2:2, hawrawp âwn chin hi kan sawi uar duh lâi a ni*). Sabbath hi min Siamtu ropui tak a nihna anga Pathian kan châwimâwina nî tûra ruat sa rêng a ni a. *Deuteronomi 5:15*-ah pawh he thupêk palî-na hi sawi nawn leh niin, chutah erawh Sabbath serh chu Pathianin tlanna hnâ a thawh nêh sawi zawn a ni vê thung. Chuvângin, Pathian chuan Sabbath hi a thil siam hnâ leh tlanna hnâ a thawh hriat rengna atân a lo siam a ni tih kan hria a. Chawlhkâr tuana keimahni hna kan thawh rim avânga lâwmman kan dawn tûr ang zâwnnga siam chu a ni lo.

Zirtûrtu Tih Tûr:

- I class member-te hnênah khân Israel fâten Ram Tiam a luh hmâ lawk, Mosian Pathian Dân a sawi nawn hmâ kum 40 chhûng zet khân Pathian chuan awmze nei taka manna tlâktîrin Sabbath serh a tûlzia a lo tilang tawh tih sawi la (*Deut. 4:1, 5:6–21* chhiar ang che). Chawlhkâr tluanin (Sunday aţanga Zirtâwpni thleng), nî tin an ei khawp zêl a lo tla tîh a; Zirtâwpni bîkah erawh chuan a tûk Sabbath-a an ei tûr pawh a tla tel tîh a nih kha.
- Thupêk palî-na hian Pathian mîte chu mi tin—an bâwihte leh an zînga chêng ve ram dang mîte pawh telin—hnêna Sabbath chawlhna pe ve vek tûrin a hrih a. Dik tak phei chuan, kan ran vullhte chenin

Sabbath ni chuan an châwl hahdam vek tûr a ni. Chutianga Sabbath chawlhna chu mi zawng zawng leh kan ran vulhte pawhin angkhat renga chên tlâng tûr kan ni tih kan rinna chuan kan ngaihtuahna leh mi dangte laka kan rilru put hmang bâkah, ni dang paruk chhûnga kan thiltihte pawh a kaihruai vek tûr a ni bawk.

- I class member-te hnênah khân Israel hnamin an thununna hnuai awm ramte pawh kum sarh dan zêla chawltîr phalsak an nih thu sawi lang bawk la.

- I class member-te khân Sabbath chu damna thlenna nî ni tûra Isuan a ngaih thinzia an hriat theih nân pui la. Chutianga Sabbath chu damna nî ni tûra Isuan a ngaihna chuan ni ruk chhûnga an ngaihtuahna leh thiltihte kaihruai tîr tûrin hrilh ang che.

THEN 2-NA: ZIR ZÂUNA

Tehkhin Thu: “I chaw kha ei teh! Khawvêlah hian chawi ei tûr tak ngial pawh nei lo naupang tam tak an awm a nia!” Hetiang thu hi nû leh pa tam tak chuan an fâte hnênah an sawi thîn a, a chhan pawh an chaw siam sa chu paih mai mai an ui vâng a ni. Hê inzilhâuna thu lâk tak hi thu dik tak a ni bawk a. Entîr nân han sawi ila, America ramah ngawt pawh khuan kum tin hian ei tûr ton maktaduai 36 chuang zet hi an paih ziah a, chu chu kum tina ei tûr an lei zâa 40 ang hû zêl a ni.

Manna thawnthu leh a tlâk dân khân Pathianin kan mamawh ei tûr min pête hi kan ei khawp zêl chauh kan chhêk khâwl a nih chuan, a chuang a liam, ei sên loh paih a awm dâwn lo a ni tih min hrilhfiah a. Hei hian ei tûr chungchângah chauh pawh ni lovin, kan mamawh thil dang kan dap kawngah pawh min kâihruai tel nghâl bawk tûr a ni. Hê thû hi a tîrah chuan Israel mîte khân an zâwm mai hlei thei lo va. Pathian chuan a tûkah pawh mak tak maiin manna a rawn tlaktîr leh dâwn a ni tih chu ring ta mai lovin, an zînga thenkhat khân an mamawh âia tam an lo la ta pek thîn a, chutianga aчуang aliam an lâkte chu a tawih chhe vek zêl a ni âwm e. He manna a tanga zirlâi kan hmuh hian Bible hmun dangah pawh kan hmuhtho thupêk chu a rawn thlifim a. Entîr nân,

Leviticus 19:9, 10 leh *Marka 6:34–44* hi chhiar tûrin i class member-te kha i sâwm dawn nia.

Sawi Ho Tûr: *Leviticus* leh *Marka*-a Pathianin mi retheite tâna kalsan tûra min hrilh chu eng nge ni? Ei tûr a ni em? Pawisa a ni em? Hun a ni em?

- Eng tin nge Pathian hian thil eng emaw lo chheprelh rûk hi a ngaih? (*Luka 12:16–21* chhiar la.)
- Sabbath nî-a ei tûr manna, Zirtâwpnûa a tlâktîr ðhin dân aţang khân Sabbath awmzia eng engte nge lo lang le?
- Sabbath nî-a manna rawn tla ngâi miah lo leh Sabbath hmâ chiah nia achuang aliam an chhar erawh ðawih chhe ve ngâi miah lo thung si khân 1) Pathiana rinna nghah a pawimawhzia leh 2) Sabbath atâna inbuatsaih a pawimawhzia eng tin nge min zirtîr?
- Pathianin a mîte chu an ni tin hnathawhte Sabbath nî chuan chawlhsan rih tûra thu a pe hian eng tiangin nge intluktlânna thu a puan chhuah le?
- Sabbath nî-a manna rawn tla ngâi miah lo leh Zirtâwpnî-a achuang aliam a lâkte ðawih chhe ve ngâi miah lo khân eng thu dangte nge min zirtîr baw?

Pathian Lehkha Thu: Thil siam leh tlanna hi thil kal kawp tlat a ni a. Bible chuan Kristan khawvêl a siama thil a tih leh mihringte a tlân nâna thil a tih hi a inzawm niin a sawi. *Hebrai 1:1–3* chuan Krista chu khawvêlte siamtu (*Heb. 1:2*) a nih thu a sawi a. He thu a sawi zawh hnu chiahah Krista chu “sualte tlêng fâitu” (*Heb. 1:3*) a nih thu a sawi ve leh baw. *Kolosa 1:16, 20* pawhin Krista chu Siamtu leh Tlantu niin a rawn sawi ve leh chiah baw a. Korin khuaa mîte hnêna lehkha a thawnah phei chuan Kristiante chu “thil siam thar” (*2 Kor. 5:17*) niin a sawi nghe nghe. Ni e, tlanna hi thil siam thar lehna hna a ni rêng a ni.

Deuteronomi 5:15 chuan bâwih nihna lak aţanga tlan chhuahna chu Sabbath serhna tûr chhan niin a sawi a. Chu chu bâwiha tâng

mêkte tân chuan chanchin thar duhawm tak a ni ngei ang! Anmahni chhawrtu an pûte tâna hna an thawh a ngâi dâwn tawh lo va, kumkhuain nun zalên an nei ve tawh ang. Bâwihte chu hna thawk lovin ni khat pawh an awm thiàng lo rêng rêng a, mi zalênte erawh an duh hun hunah an châwl hahdam mai thei thung. Sabbath serh chu an zalên ta a ni tih tilangtu pakhat a ni a. Chuvâng chuan, Sabbath nî-a hna an thawk lo kha saltâna lak ata an zalên tawh a ni tih tilangtu a ni.

Sawi Ho Tûr: Eng tin nge i zalêna kha Sabbath nî hian i hman ve ðhin? Eng ang kaihruaina nge i hman? Inkaihruaina dân leh inthununna dân hi eng nge a danglamna? In class-ah khân Sabbath serh dân tûr chungchânga inkaihruaina ðhenkhat leh chûng dânte aţanga zawm ngei ngei tûr inthununna dân ðhenkhat awmte chu sawi chhuak rawh u. Tin, inkaihruaina dân inngat lo inthununna dân ðhenkhat chu sawi ho bawk ula. Eng tianga ðha leh tangkâi nge a nih hlawm le?

Tehkhin Thû: Sabbath chu damna channa tûr nî a ni a. Isuan damlo a tihdamte zînga pasarih zet kha Sabbath nî-a thleng a ni nghe nghe. Chanchin ðha ziaktute hian khâng thilmakte kha Pathianin Sabbath chu natna tihdamna nî atâna hman a duhzia tilangtu atân an lo record a (*Mat. 12:9–15; Marka 1:21–28; Luka 4:38, 39; 13:10–17; 14:1–6; Joh. 5:1–18; 9:1–41* chhiar la.) Khâng damlo a tihdam tâkte hmang khân Isua chuan a mîte chu Sabbath serh dân dik a hrilhfiah a. A ni thiànglim tak chu zawm tak tak hleih theih loh tûr dân khirh pui pui an siamte hmangin ni hman peihawm lo takah an lo chhuah dêr tawh mai a nih kha.

Isua khân Sabbath nî ni lo, ni dangah pawh damlote a tidam ve ðhin tho a; mahse, chûngte chu sawi lan a ni ve lêm lo tlat. Sabbath nîa a thiltih hian eng hna thawk nge a ni tih a hrilhfiah a—chutiàng hna chu keini pawh hian chawlhkâr tluanin thawk ve se min duh a ni. Abraham Joshua Heschel-a chuan, “Sabbath

nî hi nî dangte chawh phûrtu a ni a, ni dang zawngte hi a chawh phûrte chu an ni,”¹ tiin a sawi.

¹(Abraham Joshua Heschel, *The Sabbath: Its Meaning for Modern Man* [New York: Harper & Row, 1952], p. 22).

Sabbath nî-a thlamuanna leh damna tui chu chawlhkâr tharah a luang lût a, kan ngaihtuahnate leh nun phung zawng zawng a rawn fan chhuak vek thîn a ni.

A hnuaiah hian Sabbath serh dân dik tak tilangtu tehkhin thu thenkhat kan han târ chhuak a, ngun takin ngiahtuah ang che u:

1. Juda-te chuan Sabbath dârkâr a ral ta tih entîrna atân inkhâwm tâwi tê, ‘Havdalah’ an tih chu an nei thîn a. Bati-te chhî-in a phitâa la invêt chiat hian chhûngkaw member-te inpumkhatna leh tan ho thatzia a entîr. Thlêng dar deuh hlekah no an dah a, chutah chuan liam zawih zawih khawpin grape tui an thli lût thîn baw a. Hei hian Sabbath-in chhûngkaw tâna hlimna leh malsâwmna a thlen tamzia a entîr ve thung a; tin, chawlhkâr thar lo awm tûrah pawh chu malsâwmna leh hlimna chu an nei chhunzawm zêl dawn a ni tih a entîr baw.

2. Hemi hnu hian chhûngkaw member-te chuan Sabbath thingrem tê, a chhûnga rimtui chi hrang hrang chawhpawlh an dah, *besamim* tia an sawi mai chu an inpe kual leh a. He *besamim* hian nun rimtui, Sabbath dârkâra chhûngkaw member-ten an chan tlân theuh chu a entîr. Chutia thingrêm tê an inpêk kual pah chuan, “Sabbath rimtui chu tûn kâr thar lo awm tûr tluan hian i hnênah awm reng rawh se”² tih thu an inhrilh zêl baw thîn.

¹ Abraham Joshua Heschel, *The Sabbath: Its Meaning for Modern Man* [New York: Harper & Row, 1952], p. 22.

² May-Ellen Colón, *From Sundown to Sundown: How to Keep the Sabbath . . . and Enjoy It!* [Nampa, Idaho: Pacific Press®, 2008], pp. 150, 151.

3. Sabbath hi tuisika sêrthlum tui fir tak zuk pawlh ang deuh hi a ni a. Sabbath nî-a Isua kan ngaihtuah hian amah chuan kan nun pum pui hi a luah khat thîn. Chawlhkâr tluanin ‘Sabbath tui fir’ chu kan hnathawhnaah te, kan thiltihnaah te, leh mi dangte nêna thil kan tih honaah te kan leih lût a. Chutiang chuan chawlhkâr tluana nî-te hian Sabbath rimtuina³ an lo nei ve ta thîn a ni

Sawi Ho Tûr: Eng tiangin nge Sabbath rim tui tak hian ni tina kan khawsakpuite-ah nghawng a neih le? A chhân dân i thiam theih nân *2 Korin 2:15* chhiar ang che.

Pathian Lehkha Thu: Sabbath chi hrang hrang pathumte:

1. *Chawlhkâr tina lo inher chhuak thîn Sabbath: Leviticus 23:3* hian *Exodus 20:8–11*-a kan hmuh bawk kha a rawn sawi ve leh a. *Leviticus 25* hian chawlhna chuan chawlhkâr tina lo inher chhuak thîn Sabbath ațangin kum sarikh dana lo inher chhuak thîn ram chawlhfir kum leh jubili-pawh a huam vek a ni tih min hrilh.

2. *Ram chawlh hahdamfir kum pawh* hi chawlhkâr tina lo inher chhuak thîn Sabbath ang deuh tho hi a ni a, kum ruk chhông a zâwna thil an chîn hnu-ah a kum sarikh kum chuan chîng tawh rih lovin, ram chu an chawlhfir thîn. Chutiang chuan, ram neitu mihringte chauh ni lovin, a rama ngei pawhin Sabbath chawlhna chu a chang ve thîn a ni. Ram chawlhfir kum pawh hian chawlhkâr tina lo inher chhuak thîn Sabbath ang bawkin “a chung lam ațanga thlîr thla ni lovin, a hnuai ber ațangin a thlîr chho zâwk a, khawtlânga mi retheite lo leh ngaihsak hlawh lo ber berte chu ngaih pawimawh berah a neih a ni. Ni e, chawlh hahdam mamawh ber berte chu bâwih te, an zînga chêng vê ram dang mi te, leh an ran vulh te kha an ni a, chûngho chu kum sarikhna kumah hian chawlhna hun pêk thîn an ni.”⁴

³ May-Ellen Colón, *From Sundown to Sundown*, p. 108.

⁴ Sigve K. Tonstad, *The Lost Meaning of the Seventh Day* [Berrien Springs, MI: Andrews University Press, 2009], p. 126.

3. *Jubili*: Jubili kum pawh hian ram chawlhîr kum ang bawkin ram mai bâkah, dinhmun ðha chang ve phâk lote tâna hamðhatna tûr kawng a hawnsak a ni (Hemi chungchâng hi zirlâi 2-naah sawi tawh a nih nghe nghe kha)

Sawi Ho Tûr: Keini Seventh-day Adventist Kristiante hian eng tiang takin nge hêng ‘Sabbath chi hrang hrang pathumte’ hi kan nunah a takin kan lantîr hlawm le? He zawhna hian hêng sabbath pathumte hi a zavâiin kan serh vek tûr a ni tiin min hrilh em? I chhâna chu sawifiah rawh.

THEN 3-NA: NUNA BEL TÛR

Pathian chuan chawlhkâr tluana kan hnathawh hahthlâk tak takte chawlhsan a, Sabbath nî hi nuam ti taka hmang ðhîn tûrin min hrilh a; tin, hemi hun chhûng hian keimahni nuam tih zâwng te, sum leh pâi lam leh thil dangte pawh ngaihtuah rih lo tûrin thu min pe bawk. Chutih rual chuan, Sabbath nî-ah pawh Pathian chuan a thiltihtheihnain min chelh reng tho avângin lâwmthu sawi tûr kan ni tih min hrilh a:

“Pathian chuan mitkhapkâr lek chhûng pawh a kut a chawlhîr thei lo, chawlhîr se chuan mihringte hi an chau nghâl ang a, an thi mai dâwn a ni. Chutiang deuh chuan, mihringte pawhin hemi nî hian hna thawh tûr an nei ve a. Mihring nuna thil tûlte chu tih ngei ngei tûr a ni a, damlote chu ngaihsak tûr an ni a, thlachhamte mamawh pawh phuhrûksak tûr a ni bawk. Sabbath nî-a hrehawm tuarte thil tawrh lâk kiansak dân kawng zawng miah lo chu thiam loh chang lovin a chhuah tawp lo vang. Pathian chawlhni thianghlim hi mihringte tâna siam a ni a, hemi nî-a khawngaihna thil tihte hi Pathianin he nî a siam chhan nêna inrem êm êm a ni. Pathian chuan a thil siamte hi—Sabbath nî a ni emaw, ni dang emaw emaw—tihdam nghâl mai theih natna an neihte chu tuar reng se a ti lo.”—Ellen G. White, *Chatuan Nghahfâk*, (2nd Edition, 2014), p. 218.

Eng tiangin nge Sabbath nî-a ‘khawngaihna thil’ kan tihte hi Sabbath chu mihringte tâna siam a ni tih thu Isuan a sawi (*Marka 2:27*) nêh hian a inrem le? I class member-te kha Isua zirtîrna a taka an lo nunpui ve tawh dân sawi tûrin sâwm la. Mi tute emaw, “khuarkhurûm chhûnga bâwng tla” (*Luka 14:2–5*) ang deuha harsatna khirh tak tâwk, ãnpui nghâl thuai mamawhte pawh an tawng ve tawh maithei asin. Eng tin nge Sabbath thianghlimna vawng nung reng chung siin he ni thianghlim takah hian mi dangte tawrhna an chhâwk zângkhâisak theih ang?