

## HÊNG MI TÊ BERTE



**CHÂNGVAWN:** “Lalber chuan an hnênah, ‘Tih tak meuhvin ka hrilh a che u, hêng ka ûnau tê berte zînga mi pakhat chungah in tih chu ka chungah tî in ni,’ tiin a la chhâng ang,” (*Matthaia 25:40*, NKJV).

**SABBATH CHAWHNÛ**

AUGUST 17

**Chhiar Tûr:** *Matthaia 5:2–16, 38–48; 25:31–46; Luka 16:19–31; 12:13–21; Rome 12:20, 21.*

**I**SUAN natna tuâr leh mi bote ngaihsak nân a dam chhûng hun a hmang tih kan hmuh tâkah hian, chutianga mi dangte ngaihsak chungchângah chuan sawi tûr a ngah hlê ang tih kan bseisei thei ang. Sawi pawh a sawi tam viau rêng a ni.

Isuâ zirtîrna kha a taka nunpui chî niin, Pathian zuitûten an nunpui tûr a ni. Chutianga a nih avâng chuan, amah Isua hê leia a chên laia a lo tih ðhin anga dikna te, ngilneihna leh zahngaihna thiltihte ti vê tûra min duhna chu kan hmu thei ang. A tih dân kan zui chuan, Amâ tih angin mi dangte rawng kan bâwlsak ngêi ang.

Isuan vân lalram chungchâng pawh a sawi a. A sawi dân chuan, tûnah pawh hian chû lalram chu kan chên thei sâ reng tawh a. Hê lei lalramten an ngaihsân vê lêm loh, thil hlû leh rilru ðatna, thil ngaih pawimawh hrang nunpui tûr a ni. Chû lalram ziarâng chu Isuâ zirtîrnateah khân târlan a lo ni tawh a, Pathian

rawng kan bâwl dân tûr, chú Amâ rawng kan bâwl na zâra mi dangte kan kûngkaihpui dân tûr lam chu a ni zâwk a. Mi dangte rawngbâwlsakna—an tlâkchhamte phuhrûksak leh anmahni châwikâna chu—Pathian rawng kan bâwlsak theih dân kawng khat a ni.

SUNDAY

AUGUST 18

### **Tlâng Chunga Thusawi Hmâwrhmuhna**

Isuâ thusawi sei ber emaw—zirtîrna lâk khâwm emaw—chu Tlâng Chunga Thusawi hi a ni. Pathian lalram nun ziârâng târlanna bung-thum chu thupui puan chhuahna ‘Nihlawhna Thû’ tih hmanga sawi ʔan a ni.

### **Matthaia 5:2–16 chhiar la. ‘Nihlawhna Thûa’ Isuan mi ngaihlutawm chi hrang pakuâ a târ chhuahteah khân inan tlânna eng thilte nge awm?**

Hêng thûte hian thlarau lam thila awmze ril tak a neih laiin, a taka nunpui nghâl tûr lam hi kan hmuh hmaih tûr a ni lo vang. Hê khawvêl leh keimahniah retheihna awm chu pawm tûr a ni tih Isuan a sawi a. Felna thû (Bible lehlin ʔhenkhatah ‘dikna’ a ti bawk a) inngaihtlâwmna te, zahngaihna te, remna-siamtu nihna te leh thinlunga thianghlim tih thûte pawh a sawi bawk a. Hêng ʔatna dânte a taka kan nunpui zâra keimahniah leh kan khawvêla danglamna a thlen theih dân tûr chu kan ngaihtuah tûr a ni. Chutiang zâwnga hmang tûra chhiar chu a ni Isuan a hnuaia a thusawi târlana sawi uâr a tum chu ni, chutah chuan A zirtîrte chu khawvêl tân “chi-al leh êng” (*Matthaia 5:13–16*) ang ni tûrin a ti a.

A nih dân tûr ang taka hman a nih chuan, an hmun vê vêah ‘chi-al leh êng’ chuan danglamna an thlen ʔhîn a. Chi-al chuan thil a tih tui bâkah, eitûr thilte hun rei zâwk atân a vawng ʔha ʔhîn a; chú chu kan kiangvêla mîte tâna ʔatna thlentû kan nih tûrzia entîrna a ni. Chutiang bawkin, êng chuan thimna a ûm bo va,

min dîpdâl thei thilte lantîrin, kan in leh khawpui vêl pawh vah vêl nâna hmun him zâwkah a chantîr a, tlêma hmun hla deuh zâwkahte pawh kan kal thei thîn a ni. Hmun thima êng angin, Isuan, “In êng chu mîte hmâah êng rawh se; tichuan, in thil ða tihte an hmu thei ang a, in Pâ vâna mî an châwimâwi thei ang,” tiin a sawi (*Matthaia 5:16*, NIV).

Chi-al leh êng entîrna hmangin zirtîrte kha, an chhehvêla mîtea hûhâng thâ nei a, an nun châwikâng tûra mawhphurhna nei an ni tih min kawhhmuh a. Hêng ang nun: a tâwka lungngaihna te, thinlunga thianghlimna te, a taka inngaihtlâwmna te, zahngaihna lantîr te, remna siamtu nih te, hnehchhiahna chhel taka tuâr fan fan tih hi hi a taka kan nunpui chuan chi-al leh êng kan ni ang. Chuvâng chuan, Isuan a lalram thil ngaihhlut zâwng (khawvêlin a hmuhsit sî) chu a taka nunpui tûra kohna hmangin thu a sawi ðan ta a ni.

**Engtiang kawngtein nge in tualchhûng kohhran kha chi-al leh êng ni tûr zâwnga in khawtlângah in chêt chhuah? Inkohhran chêtna zârah engtin nge in khawtlâng chu hmun duhawm zâwk a loh nih? A lehlahmah, ðhiah lo ni ta ulang, in khawtlângah eng danglamna nge thleng thei ang?**

THAWHTANNÎ

AUGUST 19

**Thatna Hmanga Thil Thalo Hnehin**

Isuâ zirtîrna kan ngaihtuahin, a thusawi ngaithlatûte leh an khawsak dân tlângpui ngaihtuah tel pawh a ða âwm e. A rawngbâwlina bial vêl mipui kha Isuan a hîp khâwm nasa thei hlê mai (*Matthaia 4:25, 5:1*). Mi tam zâwk chu mi narân vê mai, Rome Lalram rorêlna hnuai chêngte an ni a, thenkhat erawh chu Juda rorêltûte leh sâkhaw hruaitûte pawh an ni. Mi nâwlpuite kha chu khawsak harsa vê tak takte an ni hlawm. Chhiah tam tak an châwi a ngai a, sâkhaw baiakna thil rit takin a delh bawk nêh, mahni nunna atân pawh duh an thlang thei meuh lo.

Hêng mîte hi zirtîrin, an dinhmun chu eng ang pawh lo ni se, Isuan nun nuâm zâwk, zahawmna leh huaisenna nêna khawsak theih dân tûr kawng kawhhmuh a duh tih a Chiang a. Chutiang entîrna pakhat chu, *Matthaia 5:38–48*-ah an hmu thei a. Chû chu: “Biang lehlam dawh” tih te, “Kawr hâk lai pêk” tih te, “Mêl hnih kal” tihte niin, hriat tânglâwn tak a ni. An hriat than luâtah heta Isuâ zirtîrna pawh hi an ngai kâwi lui vêl a.

Isuan a sawi ang chî hi a thusawi ngaithlatûte hriat than tak mai a ni a. An hotû emaw pûte emaw chuan tharum hmangin an nawrlui fo va. Ramneitûte leh pûktîrtûte laka an leibâ avângtein an thil neihte an chên fo. Anmahni awptu Rome sipaiten hnathawk tûrin an chhawr lui thîn a. Isua erawh kha chuan rilru tluâng taka ti a, anmahni hnehchhiahtûte pawh an phû tâwka âia tha zâwka en a, chutianga tihna zâra an mihring nihna hloh theihna chu do zâwk tûrin a zirtîr a. Khâng hnehchhiahtûten an thuneihna lek an tum lain, mipui lamte erawh chuan engtiangin nge an lo chhânlet ang tihah duhthlanna an siam thei a, tharum hmang lo leh thilphal tak pawhin an chhâng thei a, chutiang chuan inawpbêh that lohna leh fel lohna chu an lantîr thei dân a ni.

***Matthaia 5:38–48* leh *Rome 12:20, 21* hi khâikhin ang che. Hetiang zirtîrna danglam tak hi engtin nge kan nunpui ang?**

---

---

**Isuan “dân thû leh zâwlneite thû”—Thuthlung Hlui tîa kan sawi thîn, “Dân Rangkachak” hmangain hetiang hian a khâikhâwm: “Chutichuan, thil engkimah, mîin i chungah an tih atâna i duh tûr chu mî dangte chungah ti rawh” (*Matthaia 7:12*, NIV) tiin. Tûnah hian, lo insênso deuh pawh ngai dân se, engtiang kawngtein nge heta thû min pêk hi hlen tûra tan i lâk ang,?**

---

---

**Luka 10:25–27 chhiar la. Isuâ hnêna zawhna zâwttû dân hremi hnênah, Pathian pawmtlâk nun Thuthlung Hlui thupêk chu kawhhmuh a ni. Engtin nge hêng thupêk pahnihte hi an inzawm?**

Isuâ hnêna zawhna zawh a nih khân, a zâwttû beisei ang lo takin chhâna a pê a. *Leviticus 19:18* (NIV) lama “mahni i inhmangaih angin i vêngte hmangaih rawh” tih zirfîrna kha, khatih lai vêla mîte khân ‘vêngte’ tih hian eng chin nge a huâm tel tihah an inhniâl chiam thîn a ni.

Isua erawh kha chuan A hnungzuitûten hê thûin a huâm chin hi zâu zâwkin hria se, an bulhnâia chêng ‘vêngte’ chauh hmangaih lo vin, mi tinte chung a thil ṭhâ tihsak tûrin a duh thung a: “Kei erawh chuan ka hrilh a che u, ‘In hmêlmâte chu hmangaih ula, a tiduhdahtu che u chu ṭawngṭaisak rawh u, in Pa vâna mî fâte in nih theih nân; Ani chuan mi sualte leh mi ṭhâte chungah chuan a nî a chhuatîr thîn a, mi felte leh mi fel lote chungah pawh ruah a sûtîr thîn a ni” (*Matthaia 5:44, 45*, NIV).

Mahse dân hre mîin Isua fiah a tum khân, nasa taka inhniâlna thupuia an lo hman tawh thîn “Tu nge ka vêngte?” (*Luka 10:29*) tih kha a rawn la chhuak a. Chumi chhân nân chuan Isuan Samari Mi Ṭhâ thawnthû a hrilh a, dân hre mî zawhna ang ‘vêngte’ huâm chin chu chhân fel fak a ni lo. Isua erawh kha chuan, “Kal la, i ṭanpuina mamawhtu apiangte ṭhenawmah va ṭang rawh,” tiin a chhâng ta a ni,” (*Luka 10:36, 37*).

**Luka 10:30–37 chhiar la. Kawng sîra ṭanpui ngai let reng hmutû mi chi thumte danglamna Isuan a târlan pawimawh lai tak chu eng nge ni?**

Isuâ zirfîrnaa tânglâwn tak chu, sâkhaw mîa in chhâlten mi dangte tawrhna an engtopui lo viau thîn kha na taka a khak thîn kha a ni.

“Samari mi ða chanchinah hian Isuan sâkhaw dik hi eng ang nge a nih a târlang a. Sâkhaw dik chu, a inrêl dân te, thurin hlâwm te, puithu taka rawngbâwlna tea inngat vek a ni lo va, hmangaihna thiltih te, mi dangte hnêna an ðatna ber tûr thlensak te leh ðatna dik lantîr te a ni.”—Ellen G. White, *Chatuan Nghahfaâk*, p. 557.

Isuâ zirtîrnaah, pâwn lam mê leh Pathian chung a rinawm lo va an ngaih zâwkin, Pathian hnungzuitûa inçhâl zawng zawngte laka Pathian kohna a hlen zâwk kha târlan a ni a. A thusawi ngaithlatûte ang khân, Isuâ hnêna chatuan nunna kan neih theih dân tûr zawhna kan zawhin, kal a, min mamawhtu apiangte tâna vêngtea ðang tûrin min zirtîr a ni.

**NILÂINÎ**

*AUGUST 21*

### **Mi Hausâ leh Lazara**

Mi hausâ leh Lazara tehkhin thû-ah (*Luka 16:19–31*), Isuan mi pahnih nun inang lo tak tak—pakhat hausâ, pakhat rethei êm êm chungchâng a sawi a. Vântlâng hamðatna ngaihtuahtu pâwl ding sî lo, community hospital leh a thlâwna soup hâwpna hmun awm sî lo chu, tlachham, ramtuilei lo leh chanhaite tân mi hausâte kawtkâia kut dawh mai loh chu tihngaihna tak a awm lo. Mi hausâte pawh hi chûng hrehawm tuârte chhâwk zângkhâi tûra phal taka ðanpuina pe tûra beisei an ni ðîn a. Mahse, hê thawnthûah hi chuan, mi hausapa kha “mahnî-hmasial taka a ûnaupâ tlâkchhamna pawh vei lo’ anga târlan a ni tlat mai.”—Ellen G. White, *Kristâ Tehkhin Thûte*, (2<sup>nd</sup> Edition, 2015), p. 218. An lei damchhûngin an dinhmun vê vê a danglam lo; mahse, thih hnûah chuan, Pathian rorêlna angin, an dinhmun a danglam nasa ta hlê.

***Luka 16:19–31* hi *Luka 12:13–21* nêh khâikhin la. Hêng thawnthu pahnihte inanna leh danglamna chu eng nge ni a, eng nge min zirtîr?**

Hêng thawnthûah hian mi hausâte kha thil dik lo tih vânga hausa ta niâwma sawina a lang lang lo. An thawhrim vâng emaw,

fimkhur taka chêt vâng emawin Pathianin malsâwmna a vûr pawh a ni mahnâ. Mahse, mi dangte chungah te, Pathian chungah leh mi dangte chungah an rilru put hmangah thil fel lo chu awm niâwm tak a ni. Chû chuan an chatuan awm dân tûrah nghawng a nei lian hlê sî a ni.

A hun laia thih hnû nun chungchâng ngaihruâtna tlânglâwn tak behchhanin, nakin nun atâna tûna kan lei damchhûnga duhthlanna kan siam hi a pawimawh tih zirtîr nân Isuan mi hausâ leh Lazara tehkhin thû a sawi a. Kan tanpuina mamawhtûte kan chhân dân hian duhthlanna kan siam leh kan thil ngaihpaawimawh zâwngte chu a târlang a. “Abrahaman” mi hausapâ hrehawm tuâr a kawhhamuh angin, Bible pawh hian thil tha zâwk chu thlang tûrin kawhhamuhna tâwkfang chu min pê a, chû chu: “Mosia leh Zâwlneite an nei a lâwm; an thû chu ngaihthla rawh se” (*Luka 16:29*, NIV) tih a ni.

Hausaknaa thlêmnate—neih duhna te, vawn tlat duhna leh ûmna te—hian A lalram aţangin min hruai bo daih thei a, mi dangte laka min hruai bo vin, mahnî ngawt inngaih pawimawhna, mahni inrinchanna lamah min hruai bo thei tih Isuan a zirtîr a. Ani chuan a lalram zawng hmasa phawt a, a malsâwmna kan dawnte kan kiang vêla mîte, a bikin tlachhamte, hnêna sem vê tûrin min ko a ni.

## **In sum dinhmun chu eng ang pawh lo ni se, engtin nge Kristianten nun an thlîr dân tûr hmuh thiamna dâltû atân kan hman loh theih ang?**

NINGÂNÎ  
**Hêng Mî Tê Berte**

AUGUST 22

*Matthaia 24* leh *25*-ah pawh hian zawhna zâwttûte beisei loh dân ni âwm taka Isuan zawhna a chhânsak tâkte a chuâng a. Zirtîrte kha Isuâ hnêna lo kalin Jerusalem-a tempul tihchhiat leh Amâ lo kal leh hun tûr chungchâng an zâwt a (*Matthaia 24:1–3*). Hê zawhna Isuan sei deuh taka a chhânnaah, tuihâlte hnêna intûr pek te, rilţâmte hnêna eitûr pêk te, saruâkte silhfên hâktîr, damlo bâwihsâwm leh tâna ina tâng tlawhchhuahte a sawi tel a. An

hnênah chuan, “Hêng ka ûnau mi tê berte chungá—in tí a ni emaw, in ti duh lo emaw—a nih chuan chû chu ka chungá tí in ni!” (*Matthaia 25:40, 45*) tiin a hrilh.

Hei hi rorêlna hnuhnung chungchâng a zirtînaa inţan zawhna nêan an inzawm a. *Matthaia 24* pum puiah, Isuan zirtîrte zawhna a chhâna chu a chuâng a, chhinchhihna leh vaulâwkna thûte bâkah, Jerusalem tempul tihchhiat leh khawvêl tâwpna tûr chungchângte a hrilh a; chutah chuan lo ‘ngaihven thât’ leh A lo kal lehna tûr thutiam ênga thâ taka nun pawimawhna uâr takin a sawi a. *Matthaia 25* tîr lamah, Nula thianghlim mo hmuâk chungchângah, beisei huna thil a lo thlen loh tâka lo inbuatsaih lâwk tûrin a fuhi a; chhiahhlawh pathumte chungchângah lo nghah chhûnga thâ taka khawsak leh sâwt taka thil tih te, chutah berâm leh kêl tehkhin thu hmangin Pathian mîten an buaipui tûr thil pawimawh chu a hrilh zui ta a ni.

***Matthaia 25:31–46* chhiar la. Eng nge Isuan hetah hian a hrilh? Engati nge hei hi thil tih avânga chhandamna a nih sî loh? Chutih laiin, heta a thusawi hian chhandamna tûra rinna neih chungchâng eng nge min zirtîr?**

Isuâ thusawi—mi dangte rawng kan bâwlsak hian, Amâ chungá tí kan ni—tih thû hian kan inkûngkaihna leh rilru put hmang zawng zawngah rilru thar min puttîr tûr a ni. Isua chu chawhlui kîlpuia sâwm leh hospital/tân ina tlawh chhuak tûr angin han inngaihruât chhin teh. Kan khawtlânga hetiang kan tih hian, Amâ chungá tí kan ni tih a sawi. Hetiang zâwng hian remchâna ropui tak min lo siamsak a ni reng mai!

**Ṭawngţaina nêan hêng chângá Isuâ thusawite kha chhiar la. Amah chu mi rilţâm, saruâk leh mi tâng angin a insawi a. Hei hian tih tûr pawimawh leh kan nun dân tûr eng nge min hriattîr?** \_\_\_\_\_



**ZIR ZÂUNA:** Chhiar tûr: Ellen G. White lehkhabu, *Chatuan Nghahfâk-a*, “Samari Mi Thâ,” pp. 557–565; “Hêng Ka Ûnau Tê Berte,” pp. 717–723; *Kristâ Tehkhin Thûte-a* (3<sup>rd</sup> Edition, 2015) “Lei Kak Zâu Tak,” pp. 218–229, “Tûte Nge Ka Vêngte?” pp. 332–344.

“Krista hun lai khân hmasialna, chapona leh mi dangte ngaihdân palzûtnaten, Pathian thu thianghlim kawltûte leh khawvêla hnam dangte inkârah daidanna bang chhah tak leh sâng tak an din a, chu mi rawn thiat tûrin Chhandamtu a lo kal ta. A kam chhuak thû mîten an ngaihlhâk rêng rêngte kha puithiamte leh dân zirtûrtûte hnên aţanga an ngaihlhâk tawh thinte aţangin a danglam nasa hlê a. Krista’ n daidanna bangte, mahni inhmangaihna leh hnam hrangte inkâra inepnate chu a rawn thiat zar zar a, mihring chhûngkua tawh phawt hmangaih theihna thûte a rawn zirtûr a.”—Ellen G. White, *Malsâwmna Tlâng*, (2<sup>nd</sup> Edition 2011), pp. 46, 47.

“Dân rangkachak hmanga tehna chu Kristian sakhaw tehna dik tak a ni a, tehfung dang rêng rêngte chu bumna vek an ni. Mihringte hi Kristan a ngaihlut avânga an tân A nun hial pê a ni a, chutih laia mihringte hlutna ngainêp sâkhua emaw, mihringte mamawh leh tuarna te, dikna te ngaihthahna nei sâkhua chu sâkhaw suak a ni lo thei lo. Pachhia te, tuarna nei te leh suala khat te pawisa lova palzût zêl mîte kan nih chuan, Krista phatsantûte kan ni tihna a ni ang. Mîten Kristâ hming an put a, an nunin Kristâ nungchang a lantûr sî loh chuan khawvêla Kristian sâkhaw thiltihtheihna a lo kiam a, LALPÂ hming sawichiatin a lo awm thîn.”—Ellen G. White, *Malsâwmna Tlâng*, pp. 131.

### ZAWHNA SAWI HO TÛR:

- ❶ Tûn kâr zirlaia Bible châng eng ber chu nge i ngainat deuh bîk? Eng nge a chhan?
- ❷ Rinna chungchâng Ellen G. White thu ziah pakhat hi en teh: “Mihringte mamawh te, tawrhna te, emaw chanvo emaw

te ngaihsak lohna lama min hruai (rinna) ang chí chu sâkhuana lem mai a ni.” “Thutak kan neih chuan a tâwk, thil dang eng mah a pawimawh lo’ tizâwnga ngaihtuahna thanga kan aw h loh nân engati nge fîmkhur viau a ngaih?

❸ **Ningâni zirlaia Bible chângte khân ‘thutak’ hriatnain a huâm tel chu engtin nge a târlan?**

**KHÂIKHÂWMNA:** Isuâ zirfîrna khân Pathian lalram tâna thawktu, a khuâ leh tuite chu engtianga danglama khawsa tûr nge an nih a târlang a. Pathian Lehkha Thû lungphûm chung a rem cho vin, retheite leh hnehchhiah tuârte ngaihsak dân tûr zâu zâwkin a sawi a. A hnungzuitûte chu, A lo kal lehna an nghah chhông hian, mi lainat leh khawngaih thei nunin an nung tûr a ni tih uâr takin a sawi.