



THEN 1-NA: THLÎR LÂWKNA

CHHÛNGKAW nun chungchâng hriat loh kan duh zâwk tûrte pawh a awm hlawm a. Thenkhat kha chu lo thleng lo thei lo, hriat hrehawm tak site niin, hrisêlna leh nunna hial channate pawh a ni a. A dang lehte chu thleng thei tûra kan ngaih chiah lohte pawh a ni bawk. Kan inneih nîte pawh, thiante leh chhûngte zînga dingin, uirêna te, ngawlveina te leh, in chhûng khura tharum thawhna lo chhuahna tûrte a ni tih hre lâwk thei ang ni? Mahse chutiang chu a thleng reng mai sî a. Tûn kêr zirlai hmang hian chhûngkaw nuna thil thleng deuh fo chu kan bih zui dâwn a, Bible leh Kristian thurâwn inpêkna ang zâwngin kan kalpui ang.

Kan LALPA khân kan taksa hrisêlna leh thatna tûr mawlh hi min veipui tih chu a Chiang sa mai a. Hrehawm kan tawrhin min tawrhpuî a: “Ani chuan kan natnate phurin, kan lungngaihate pawh a phur ngei a” (*Isaia 53:4*) tih a ni. Messia chu kan khawvêla a lo kal lai khân, mi mal tû tûte emaw a tihdam âi khân mawhphurhna nasa zâwk nei âwm tak a nia tia kan ngaihtuahte a nih chuan, kan tisual viau ang le. Chutianga tihdam rawngbâwl nân hun a hmang nasa hlê a. Chutiang kawngah chuan a rilrû a la danglam chuang lo kan ti thei ang. Chutichuan, Anin min ngaihsak leh natnate min engtopui zui reng tih chu A hming putûte rawngbâwlinaah hian a lang chhuak zui zêl tûr a ni.

“Nang ka ring che!” Hê thû kan sawi chhuah dân phung hian a hnuai a thil lungchhiat thlâk eng emaw hi a târlangin, phatsanna thil tih a ni chhawk. Amah Isua ngêi khân phatsan nih hrehawmzia chu a hre tawh a (*Luka 22:48*), chutiangin phatsan nih hrehawm tuârte chu a lainat ngawih ngawih a ni. Uirê pawh a lainat tho va (*Matthaia 5:28*), amah tak chu a thianghlim reng chungin, dânin taksa lama a dem ang chí nûpa kâra thlentîr loh a tum zawk a ni tih kan hmu thei ang.

THEN 2-NA: ZIR ZÂUNA

Hrehawm Tuâr Pathian Khawvêl thlîr Dân

Eng emaw chenah, khawvêla tawrhna leh natna thleng zui reng mai fîng taka thlîr dân chu kan nei theuh hlawm a. Josef-a buai-manganna hmasa ber chu a pa hriat rengna inkhâwm an neih laia a nû mittui parawl teuh a hmuh tum khân a ni a. A nû hnênah chuan a hmâa an têt laia a sikul kalpui thinin car accident an tawh a, a thluâk natna tuâra a nun hrehawm lutuk a intihhlum tuma Pathianin a awmpui tih a hrih tawh kha a hrih lêt vê thung a. Josef-a chu kum 20 êm pawh a la ni lo va, a thian duh tak pawh chu a la ni bîk chuâng lo. Chutiang hunah chuan sawi tûr hi a vâng duh êm êm a. Josef-a pawhin sawi mai tûr a hre bîk lo. Mahse, Josef-a pawhin lusûn hnêna a lo kawhhmuh vê Pathian meuh pawhin Amâ fapa ngêi kraws chung a inkhâi reng kha chu hmuh hrehawm a ti vê ngêi ang le. Kan Pathian chuan natna leh tawrhna no chu a in fâi kêhl a, chuvângin natna leh hrehawm kan tawrh châng hian min thlamuânna tûr thû min hrih tûrin a tling êm êm a ni. Hemi chungchângah hi chuan pathian dangte tluk ruâl loh a va ni chiâng êm!

Hê zirlai hmanga kan chung a thleng thîn tawrhna chi hrang hrangte kan en laiin, tawrhna laka insaseng daih thîn pathian dangte ang lo takin, kan Pathian hi chu kan zîngah a lo chêng thîn tih hriat hi a pawimawh hlê a ni. Hê lehkhabu

The Cross of Christ (Downers Grove, Ill.: InterVarsity Press, 2006) tihah hian min lo thihsan ta kohhran mî, John R. W. Stott thusawi hmingthang târlan a ni, “Kraws kha chu awm lo se, keimah tak hi chuan Pathian hi ka ring thei ngai lo vang, ... A taka natna a thlenna khawvêlah hian, natna pawh tuâr vê thei lo Pathian chu engtin nge kan biâk theih ang ni?” tiin. Amah ngêi pawhin a lo paltlang vê tawhna êng aţangin kan hrehawm tuâr ʈhin hi a tuâr a ziâawm sawt ʈhin a ni. Hei hi a va dik tak êm!

Fuihphûrna Entîrnate

Annie Johnson Flint chuan, kut-ruh natna vei chungin kan hmangaihten hrisêl lohna an vei emaw, keimahni min tlâkbuâk emaw pawh ni se, hnemna thu mâwi tak a ziak a. Naupang a nih laiin fahrah nun hrehawm paltlangin, chutah ruh natna tawrh hrehawm tak a tuâr a, chû chuan a taksa a pawt kawmin, natna a tuâr reng a. Chû chauh ni lo vin, cancer a vei ʈan a, tîsa châk natna vei leh a hnûah mitdel vângin a buai hlê mai. A taksa natna leh delh-pân vêl chu a nasat êm avângin a chanchin ziaktuin a hmuh hnuhnun ber ʈumin, a taksa chu lukham pasarih emaw, pariat emaw laia kam ngai a nih thû a sawi. Chutiang a ni chungin, Pathian fanû zeng khawng reng tawh aţang chuan hê fakna hlâ hi a lo chhuak tlat mai:

Ani chuan phurrit a rih zual laiin khawngaihna min pêk belh a,

Thawhrimna a pun laiin thahrui tam zâwk min pê a;

Tawrhna a pun laiin A zahngaihna a belhchhah a,

Fiahna puntîr a nihin, thlamuânna A tipung a.

Kan chhelna kan hman kang tawh hnû pawhin,

Kan chakna thahrui a zawh pawhin zawh chin kan nei tal a,

Kan sum khâwl sâte a zawh vek tawh pawhin

Kan Pâ chuan min la pêk belhchhan ʈan chauh a ni.

A theihna a khûm ang tih hlâu suh,
Kan Pathianin min pêk belh a la châk cheu a ni;
Chatuan bân awm reng chu rinchhan ang che;
Pain nang leh i phurrît chu a châwi kâng ang.
Chin lêm nei lo hmangaihna, a khawngaihna teh sên
ruâl loh,
A chaknain mihring tân rî a kham lo;
Isuaa a hausakna ren ruâl loh awm chu
A pê, a pê, a pe leh ta.

Nun chân chungchângte ngaihtuahin, Pi White-i fapa upa ber, Henry White-a thih thû kha kan hre reng thîn tûr a ni. Hritlângin a man a, chutah âwmna pui (pneumonia) veiin, thichhâwngin a nâ a. Chumi chungchângah chuan Pi White-i chuan thinsung khawih tak hetiang hian a sawi ta a ni: “Kan fapa upa ber Henry White-a hnuk chat mai tûr a mut bâm lai khân, ani chuan heti hian a sawi, ‘Natna khum hi Isuâ min awmpuina hmun hlu takah a lo chang thîn a ni,’” tiin.—*Selected Messages*, book 2, p. 274. Kum 1863 December thlâ khân, James leh Ellen White-ite chuan an “zâi thiam” an chân a. Ani chuan a ûnaupâ John Herbert thlân kiana phûm tûrin a ngên a, tichuan thawhlehna hunah an lo tho dún thei dâwn a ni. A thih lai khân kum 16 mî chauh a la ni a, chuti chungin a nuna thil ngaihnaawm tak tak min hnutchhiah hman a, chûng chu: Isuâ awmpuina leh thawhlehna thutiam chu a ni. Hêng thilthlâwnpêk pahnihte zârah hian engkim mai chu tuâr a tiziâawm thîn a ni.

Tharum Thawhna leh Uirêna Ƨobul

Kristian kan ni emaw, ni lo emaw pawh ni se, Nazareth Isuan mihringa thil Ƨa lo Ƨobul a târlan kha kan hmuhthiam tlân a Ƨa hlê mai. Mi tam zâwkte chuan kan khawtlâng nuna thil duhawm lo tak thleng thînte chu an hria a, chutah chuan chhûngkuaa tharum thawhna leh uirêna te pawh a tel a; mahse, danglamna tak tak thlen tûrin a chinfelna tak a

awm mai sî lo. A lehlamah chuan, Isua kha chuan a thailangin, chûng thil ƣa lo ƣobul chu nuai reh a tum thung a. Chhûngkuua tharum thawhna leh rinawm lohna chungchângah kan Bible zirlai hian chûng chu a thâilang tel a, chutiang chungchângah Isuâ tih dân kha kan ngaihven ƣa hlê tûr a ni.

Isuan inneihnaa rinawm lohna leh (a chhe ber) tuâlthahna aƣanga keinî zawng pawhin kan tih vê deuh ƣeuh thin ƣobul a chhui chhuak a (*Matthaia 5:21, 22, 27, 28*). Châknamit put leh thinrimna rilû put châng hi chu kan nei ƣeuh mai tih chu thil Chiang sâ a ni a, chû chuan dinhmun hlauhawmah min awmtîr a, kan titâwp vat a nih loh phei chuan uirêna leh tuâl thahna chu atakin a thleng ngê ngê mai ang. Chû chu hleihluak lutuk angin a lang a nih chuan, Isuan ram rorêna hmun sâng ber, Sanhedrin hmâa “Kei erawh chuan ka hrilh a che u, tû pawh a ûnau chungah thinur apiang chu, a chungthû rêl a ni ang a; tû pawh a ûnau ‘mi chhawih pa’ ti apiang chu, rorêna sângah a chungthû rêl a ni ang; tû pawh ‘mi â pa’ ti apiang chu, hremhmun meia kal tlâk a ni ang tih ka hrilh a che u,” (*Matthaia 5:22*) a tih kha kan hre reng tûr a ni ang. Hei hi a thupui ber chu a ni lo nân, tuâl thah leh uirêna hi thil ƣa lo tak thinrimna leh châkna bawlhhlawh aƣanga lo ƣhang puitling ƣhîn chu a ni sî chu a ni.

Isua kha mipat-hmeichhiat سوالنا leh (sوالنا tâwp khâwk) tualthahna ataka a thlen êm hmâ pawha pumpelh leh kawng dang dapa che nghâl thuai ƣhîn a ni. Ani chan “hmêlmapâ indona muâl” (ngaih melh leh thinrima ân chiamna) chu ataka a thlen hmân hmeih mih a tum ƣhîn. Isua kha tharum thawhna leh châkna bawlhhlawh ataka thleng thei tûr dâl kawngah a ƣuânfûm lo, rilrûa chutiang veina hmeihmihsak nghâl tumin a bei zâwk ƣhîn. Isuâ thusawi ngai thupui viâutu (chhûngkuua, kohhran leh sorkar)

ngaihtuah la. Chutiang tih duh lohna rilru puttîr tûra naupangte rilrûa tuhsak hmâ chu thil kalhmang tûr a ni ang.

Testimoni Lungchhiatthlâk

Tûte pawhin kan in chhûng chu Isuâ hniakhnung zuina, Kristian chhûngkua ni tûrin kan duh ðeuh ang a, tharum thawhnate pawh awm lo âwm tak a ni. Mahse chutiang chu a ni fo lêm sî lo. Benjamin Keyes chuan Regent University’s Center for Trauma Studies, thil awmzia zir chiânna neiin, “Kristian-lo chhûngkuaah âiin Kristian inneihnaah hian in chhûnga tharum thawhna a thleng nasa zâwk mah a ni,” tiin a sawi.—In Charlene Aaron, “Domestic Abuse in the Church: ‘A Silent Epidemic,’” Feb. 5, 2006, retrieved from <http://www1.cbn.com/cbnnews/us/2016/January/Combating-Domestic-Abuse-in-the-Church>.

Thin a ðhâwng em? Marleen-i chanchin angte pawh kha kan sawi thar leh a ngai a ni mahnâ: “Hmeichhe pakhat ‘Marleen’ ka tih mai chu ðanpui ngaiin pastor hnênah a kal a. Anî chuan, ‘Ka pasalin min sawisa hrep a. Kâr kal ta khân min hnek tû a, ka nâkah min chhuih bawk a. Ka nâkruh a tliak,” tiin a hrilh a. An pastor chuan a lainat hlê mai. Marleen-i chu a ðawngtaipui a, tichuan a hâwntîr leh ta a ni. ‘I pasal thuâwih leh a hnêna intulût deuh zâwkin awm ang che. A thuhrimah, i pasal chu thlarau lama in chhûngkaw lû a ni,” tiin thurâwn a pê a.

A hnû kâr hnihah, Marleen-i chu a thi ta a—a pasal kutthlâk hmang tak chuan a that a ni. An kohhran pawh chuan chutiang a ni ang tih an ring mai thei lo. Marleen-i pasal chu Sunday sikul zirtîrtu a nih bâkah, tuâl upa a la ni bawk sî a. Engtin nge chutiangte chu a tih theih tehlu ang ni?”—Chuck Colson, “Domestic Violence Within the Church: The Ugly Truth,” Oct. 20, 2009, retrieved from <http://www.christianheadlines.com/news/domestic-violence-within-the-church-the-ugly-truth-11602500.html>.

In p̄awlte hn̄ênah chuan, kan zirlai ziaktute hian in chh̄ung khura tharum thawhna chungch̄ang thlengin an târlang a, ch̄u chu Sabbath sikula Kristian lo ʈu kh̄awmte an ni d̄awn tih hre reng chungin an ziak a ni tih hrih ang che. Hê zirlai hmang hian ‘A r̄uka hripui lêng’ chu târlang a, chh̄ungkuaa tharum thawhna ang ch̄ite chinfel dân kawng zawng t̄urin min fuih a ni.

THEN 3-NA: NUNA BEL TÛR

T̄un k̄ar zirlaiah hian nuntawng tawn hrehawm tak takte târlan a ni nachungin, kohhran member-tengêi ngêi chh̄ungz̄inga thleng a ni lawi s̄i a. Sabbath t̄uk pawh hi mi thenkhat tân chuan t̄uk hlimawm tak pawh a ni lo. In p̄awlah chuan chutiang harsatna lo paltlang, ʈanpui nḡai leh ʈanpui dân t̄ur sawi duhte pawh an awm thei a nia. Chutiang a nih chuan remch̄anna lâk tum ang che u. Buaina tūar chh̄ungkuate tâna kohhran hi v̄anram tem lâwkna hmun a nih theih dân t̄ur sawi ho ula. Bul ʈan n̄ana zawhna heta hi chhawp chhuah a ni e:

❶ **Kohhran chh̄ungz̄inga damna thlent̄ir dân kawng khat chu, hun kal taa hrehawm lo tūar tawhte leh tâna tūar mêkte inzawmna neiht̄ir hi a ni. T̄una chutiang tūar v̄e mêkte chuan chutiang lo tūar v̄e mêk mi dangte chu an ʈanpui thei bawng ang. Chutiang z̄awng kohhranin hm̄a a lâk theih dân t̄ur chu in p̄awlah sawi ho ula. Hê thu hmang hian in inchawkph̄ur mai thei e: “Lungngaihna tūar nasa ber berte hi, mi dangte thlamūan ʈa bertu, an kalna apianga ni-êng thlent̄ute an ni thei. Chutiang m̄ite chu an hrehawm tawrh̄nate chuan zilh fingin, mi duhawm ber berah a chher chhuak tawh a; buaina tl̄akbūak an nih pawhin Pathiana rinna hloh v̄e lo va, A hmangaihnaa v̄enhimna chu an chelh tlat ʈh̄in a ni.”—*Selected Messages*, book 2, p. 274.**

● **Chhûngkuaa tharum thawhna thlen chhan chi hrang tam tak a awm. Ngawihpui leh thup tlat hi chhiatpui a ni duh zâwk fo. Bible pawhin chhûngkuaa thil tha lo thleng a thup lo angin (*Gen. 4:8, 37:17–36, 2 Samuela 11:4, 13:14*), chhûngkuaa tharum thawhna engti zâwng pawha thleng chu, him tâl leh inringam zâwk nân sawi chhuah a, Kristian taka nunpui ngêi ni teh se. Engtin nge kan tuâlchhûng kohhrante hi chutiang tuârte tâna inhumhimna hmunah kan chantîr theih ang?**

INSIDE STORY

PATHIANIN RUÂHMANNNA DANG A NEI

HIGH sikul a zir chhuah hnûin, Jo-Anna Clayton-i chuan college kal zêl a tum a.

A kum khatnaah chuan, USA-a West Virginia state-a an in kianga community college luh a tum a. Chutianga a tih chuan a zirna sênso a tlêm bâkah, a nû leh pête bâkah a laizâwn pathumte nêan an khawsa tâng thei ang a. Chumi hnûah chuan Seventh-day Adventist school-ah nursing a zir thei baw k ang.

Mahse chû ruâhmanna chu nipui laiin a tlawlh ta dêr mai a. A nû leh pête nêna thingtlâng lama an chênna hnâivâiah community college luhna mai tûr a hmu thei lo. Jo-Anna chuan driving license pawh a nei thei rih lo, a chhan chu anni hi Jamaica lam chhuak an ni a, an chhûngkuaa US-a awmna tûr lehkhâ a la fel rih lo a ni. A nû leh pâten an phur kâwi hman reng bîk loh bâkah, an chênna kiang hnâiah public bus stop a awm lo leh zêl baw k a.

Sikul luh nân thla khat emaw chauh a awm tawh a, ani zirna tûr lah tih fel theih a ni ta sî lo.

Chutah a nû, Suzanne-i chuan an chhûngkaw ðhian pakhat chu California lama Weimar Institute-ah a thawk tih a hre chhuak a. Jo-Anna-i chuan online-in an zawng vat a.

A nû hnênah chuan, “California lama kal ka duh lo. A hla lutuk,” tiin a hrilh a.

A nu chuan, “Han ngaihtuah chhin vê rêng rêng la, ðawngðaiin i dîl thei bawk ang chu,” a ti a.

Chû mi ni chuan a ðawngðai vê ta a. “LALPA, khawngaihin California kal lo tûrin min siam ang che. Ka kal a ngai ta hrâm a nih pawhin kalpui tûr ðhian pakhat tal min pê ang che,” tiin a dîl a.

Kâr lehah chuan, Jo-Anna-i chuan Weimar recruiter biain, Pathianin chuta zir tûr chuan a duh a ni ang ti zâwngin a ngaihtuah a. Mahse harsatna lian tak a awm: A nû leh pête chuan thla thum class kal theihna tûr chiah an pêksak thei.

Chutah thil beisei loh a thleng ta chur chur mai a ni.

Jo-Anna-i chuan a dîl angin scholarship a dawng a. Tuâlchhûnga tuilian tuârte a ðanpui laiin, Adventist doctor eng emaw zât hmêlhriat a nei thar a, chû mîte chuan thla tin dollar 500 tumsak an tiam a. An chhûngte leh ðhiantê hnênah ðanpuina dîlin dollar 1,800 a tlin thei a. Kâr lohah in ziahluhna khawp sum a nei thei a, favâng lamah class chu a ðan vê ta a ni.

“Pathianin awm tûra min duhsakna hmunah ka awm ngêi a ni tih ka Chiang ta,” tiin a sawi.

A tîr lam thla eng emawti chhûng chu a chhûngte ngâiin a lunglêng vê thei hlê a, Pathianin awm tûra a duhna hmunah a awm tih hriain, sum mamawh hlawh belh tûrin kâr tin dârkâr 25 a thawk ðhîn a ni.

Jo-Anna-i hi, tûnah kum 19 mi niin, kum khatna chu leiba nei lovin a zo hrâm a, Pathianin a bill a pêksak tih a sawi ðhîn. “Rim taka thawkin, ka tih theih ang ang ka ti ðhîn a; ‘LALPA, hei zawng hi ka tihtheih tâwk a ni e. A bâkah hian nang lo chuâng ang che,’ ka ti a. Tichuan min tihsak zêl mai ðhîn a ni,” tiin a sawi.