

ZIRLÂI 10-NA

MARCH 2-8, 2019

## PATHIAN CHATUAN CHANCHIN THA



**CHÂNGVAWN:** “Hetah hian mi thianghlim, Pathian thupêkte âwiha, Isuaa rinna nghattute tân chhel a tûlzia a lang” (*Thupuan 14:12, NKJV*).

**SABBATH CHAWHNU**

*March 2*

**Chhiar tûrte:** *Thup. 14:6-12; Mat. 24:14; Thuh. 12:13, 14; Exod. 20:2-11; Isa. 21:9; Isa. 34:8-10.*

**T**HUPUAN bû hian tâwpna huna Setanan bumna hna a thawh chu a hlawhtling hle dâwn a, khawvêl hian amah chu chibai bûkin a chhinchhiahna pawh a la nei dâwn a ni tih a sawi a. Mahse, Thupuan 14:1-5 hian Pathianin mi la bâng awm chhun a neih tûr thu leh, khawvêl mi tam zâwk daihten LALPA an phatsan hunah pawh chûng mîte chu atân an ding chhuak dâwn a ni tih pawh min hrilh tho bawk.

A tâwpah chuan mihringte hian chibai bûk leh bûk loh thu-ah ni lovin (mi tin hian thil eng emaw tak chu chibai kan bûk theuh si a), tu nge chibai kan bûk tih thu-ah zâwk duhthlanna kan siam ngei a la ngâi dâwn a. Sakawlh chibai bûktute chuan an kut dinglamah emaw, an chalah emaw a

chhinchhiahna an pû ang a, chu chu an thiltih leh an rilru hmanga he kalsualna an thlâwpzia tilangtu a ni ang.

Chutih hunah tho chuan khawvêl hian, Pentikos nî-a a thlen bâk kha chu la thleng nawn leh miah lo, nasa leh ropui taka chanchin ða hril darhna chu a la hmu dâwn bawk a. Hel hmang mihringte chung a rorêlna thlentîr a nih hmian Pathian chuan “hnam tinrêng te, chi tinrêng te, ðawng tinrêng te leh mi tinrêng te” hnênah vaukhâna thuchah a hriattîr phawt ang (*Thup. 14:6*). Pathian chuan mi tu mah hi an boral loha, chhandama an awm vek a duh avângin mi zawng zawng tân Krista a lo thihîr tawh a. Zawhna ni ta chu: chu ruahmanna chu tu nge pawm a, tu nge pawm lo tih a ni ta a ni.

**SUNDAY**

*March 3*

### **Vântirhkoh pathumte thuchah**

Tâwpna a thlen hma deuh hretin Pathian chuan vânlazâwla vântirhkoh pathumte âu chung a an thlâwk anga lang hmangin a vaukhâna thuchahte a puang a. Grik ðawnga vântirhkoh tih an sawina (*angelos*) hian a kawh chu ‘thuchah kengtu’ a ni. Thupuan bû a tang pawh hian hêng vântirhkoh pathumte hi Pathian mi, khawvêl hnêna tâwpna thuchah hrilh tûra mawhphurhna pête sawina a ni tih kan hrethiam âwm e.

**Thupuan 14:6 leh Matthaia 24:14 chhiar la. Vântirhkoh pakhatnain a puan thuchah hi ‘chatuana chanchin ða’ tia sawi a ni a (*Thup. 14:6*). He a thuchah puan hi ‘chatuana chanchin ða’ tia sawi kher a ni hian eng thu nge a ken a, eng nge a tum tih chungchâng eng nge min hrilh? Eng vângin nge he thuchah hi kan thurin dang zawng zawngte laimû ber a nih le?**

He tâwpna hun thuchah hmasa ber hi khawvêl chung a lo thleng Pathian rorêlna chungchâng puan darhna a ni a. Chanchin tha awmzia chu Pathian chungchâng a chanchin lâwmawm niin, ani chuan mihringte hi Isua Kristaa rinna an nghah dân ang leh an tâna a hnathawh beh chhanin a chhandam a ni. Chanchin tha chu ‘chatuan awh/daih’ a ni a, a chhan pawh Pathian chu danglam ve ngâi lo a nih vâng a ni. A ruahmanna chu keimahni lo pian chhuah ve hmâ hauh khân a lo awm tawh (2 Tim. 1:9, Tita 1:2).

Vântirhkoh pakhatna thuchah hian chhandamna leh rorêlna a huam ve ve a. Pathian hnêna chawimawina hlân a, amah chu an Siamtu a ni tih hriaa chibai bûktute tân chuan chanchin tha a ni; chutih lâiin Siamtu a nihna hnâwl a, chibai bûkna dik chhinchhiahna atâna a siam ni sarhi ni Sabbath serh duh lotute tân erawh chuan rorêlna a ni ve thung.

Vântirhkoh pathumte hi ‘aw ring tak’ chhuaha an thuchah ken theuhte tlângaupui anga sawi an ni a (Thup. 14:7, 9). Hêng thuchahte hi a hmanhmawhthlâkin a pawimawh êm êm hlawm bawk; mi zawng zawngin an hriat vek a ngâi a, a chhan pawh chatuana an la chan tûr chungchâng sawina a nih vâng a ni. Chutiang chu a nih avângin, hnam tinrêng, chi tinrêng, ãawng tinrêng leh mi tinrêng hnênah hriat vek a ngâi a. Hriat ngei a tûlna chhan pawh tâwpna hun a lo thlen hunah sakawlh chuan “chi tinrêng te, mi tinrêng te, ãawng tinrêng te, hnam tinrêng te” chung a thuneiha a lek kawh dân vâng a ni (Thup. 13:7). Satana bumna thil chi hrang hrang, khawvêl pum huapa lo thleng tûrte hi khawvêl puma chanchin tha puan darhna hmanga lo hmachhawn a a ni ang.

Vântirhkoh pathumte thuchah hi Setana leh tâwpna huna a thurualpui tûr—milem biakna/thlarau biakna entîrtu Dragon te; Roman Catholic Kohhran entîrtu tuihinriat a tang lo chhuak sakawlh te; Protestant kal sualte entîrtu zâwlnei der emaw, berâm ang tak sakawlh emaw te (Thupuan 13)

do lêt nân Pathian mîten a puang dâwn a. Chu hna chu berhbu pasarihna leih buak a nih thlengin an thawk ang (*Thup. 16:13, 14*). Chutiang chuan, khawvêl hnênah thuchah pahnih, inkâwlkalh tak mai ni bawk chu pêk a ni a, a khawi lam lam pawh hian leia chêng mihringte chu an lama tantîr an tum ve ve a ni.

**Keini Seventh-day Adventist-te hi vântirhoh pathumte thuchah awmna, tâwpna huna thudik chu khawvêl hnêna puang tûra koh kan ni a. Chumi hna chu eng tin nge i thawh ve le? Eng tin nge nasa zâwkin i thawh theih ang?**

THAWHTANNI

*March 4*

**Vântirhoh Pakhatna thuchah: Then 1-na**

**Thupuan 14:7 leh Thuhriltu 12:13, 14 chhiar la. “Pathian hlau” tih chu eng nge ni a awmzia? Eng tin nge Pathian hlau tih hian chanchin tha nêna a inkungkaihna a neih a, chanchin tha leh Pathian thupêkte zawm tih pawh hian eng nge inzawmna a neih bawk le? (*Rome 7:7–13 pawh en bawk ang che.*) Pathian hlau tih leh amah châwimâwi tih hi eng nge a inzawmna awm?**

Pathian chu hlau va, amah chu châwimâwi tûra sâwmna thu (*Thup. 14:7*) hi ‘chatuana chanchin tha’ puan darh paha sawi tel a ni a. Chhandamna kan chan theihna tûra Krista thiltih kan hriatna chuan ama hnên pan duhna thinlung min neihtîr thîn a ni.

Bible-ah hian Pathian hlau tih leh ama hnêna chawimawina hlân tih chu thil inzawm tlat anga sawi a ni a (*Sâm 22:23, Thup. 15:4*). Hêng tawngkam pahnih hian

Pathian nêna inlaichînna dik (*Joba 1:8*) tih leh a thu zâwm tih a entîr a ni.

Pathian hlau tih hi Pathian chuan min tina dâwn tlat nia rin avâng amah hlau tihna ni lovin, amah chu la thutak a, kan nuna a rawn luh lo phalsak tihna zâwk. Tâwpna huna Pthian mîte chu Pathian hlautute an ni a (*Thup. 11:18, Thup. 19:5*). Pathian chuan a mîte hi amah hmangaih a (*Deut. 11:13, Mat. 22:37*), a thu zâwm a (*Deut. 5:29, Thuh. 12:13*), a nungchang ang pu ve (*Gen. 22:12*) tûrin a duh a ni.

Pathian mîte tân Pathian hnêna chawimawina hlan a pawimawh êm êm chhan chu “a rorêl hun a lo thlen tawh” vâng a ni (*Thup. 14:7*). Heti lâia rorêlna a sawi hi rorêl lo rêl lâwkna niin, chu chu Isua lo kal leh hmâa thleng tûr a ni a. He rorêlnain a tum ber chu Pathian rawng kan bâwl tak tak nge bâwl tak tak lo tih puanzâr a ni—chu chu kan thiltihte hian a tilang ang (*2 Kor. 5:10*). He rorêlna hi zawh a nih hunah chuan mi tinte chan tûr chu rêl fel vek a ni tawh dâwn a, tichuan, mi tin an thiltih ang zêla lâwmman sem tûrin Isua a lo kal ang (*Thup. 22:12*).

Thupuan 14-a rorêlna kan hmuh hi chanchin ƣa pêng pakhat a ni a. Pathian nêna inzawmna dik neite tân chuan rorêlna hi chanchin lâwmawm a ni dâwn a—thiam channa, chhandamna, zalêna leh chatuana nunna chang tihna a ni ang. Amaherawhchu, thuâwih lote tân chuan chanchin lâwmawm loh tak a ni ve thung dâwn a, an sualte an sim a, he tâwpna hun thuchah, rorêlna lo thlen tâk thu hi pawma Pathian lam an hawi a nih loh chuan chatuana boralna an chang ang. Pathian chuan mi tu mah hi an boral a phal lo va, mi zawng zawng hi an sualte sima ama hnên pan ƣeuh tûrin a duh (*2 Pet. 3:9*).

**Eng tin nge rorêlnaah chuan nangmah maiin i din theih ang? I nun dân khân eng ang thutlûkna nge phû nia i hriat le? I chhânna chuan chanchin ƣa i mamawhzia a**

**hrilh che em? Enga ti nge vântirhkoh pakhatna thuchahah hian chanchin tha leh rorêlna chu a inzawm hnaih êm êm?**

**THAWHLEHNI**

*March 5*

**Vântirhkoh Pakhatna thuchah: Then 2-na**

Thupuan hian lei chanchina buaina hnuhnûng ber lo awm tûra thu inchuh ber chu chibai bûkna leh Pathian thupêkte zawmna (*Thup. 14:12*) hmanga Pathian thuâwihna chungchâng a ni tih a sawi a. Khawvêl mihringte hi pâwl hnih: Pathian chu hlauva chibai bûktute leh sakawlh zâwk chu hlauva chibai bûktute-ah an la inthen phawk dâwn a ni.

**Thu Sâwm Pêka (*Exod. 20:2–11*) a hmasa palî-te hi han chhiar nawn leh la. Tichuan, Thupuan 13 hi chhiar ang che. Eng tin nge sakawlh chibai bûk a phût (*Thupuan 13:15*) te, sakawlh hnêna chawimawina hlan a nih theih nâna a lem siam a ni (*Thup. 13:14, 15*) te, Pathian leh a hming sawichhiat a ni (*Thup. 13:5, 6*) te leh, sakawlh chinchhiahna neih (*Thup. 13:16, 17*) te hian buaina hnuhnûng bera Setanan Thu Sâwm Pêka a hmasa palî-te a do-zia an lantîr le?**

Thu Sâwm Pêka a hmasa palî-te hi a bûlthûm takah chuan chibai bûkna a ni. Thupuan bû hian hêng thupêk palî-te hi buaina hnuhnûng berah chuan Pathian laka mi a rinawm leh rinawm loh tehna a la nih tûr thu a sawi a. Krista leh Setana inbeihna hnuhnûng ber hi chibai bûkna chungchângah leh thupêk hmasa palî-te chungchângah a ni ang.

Buaina hnuhnûng bera thil pawimawh ber ni tûr chu vântirhkoh pakhatna thuchahah hian uar taka sawi a ni a.

“Vân te, lei te, tuifinriat te, tuihnâ te siamtu chu chibai bûk rawh u” (*Thup. 14:7*) tia sâwmna thu hi Thu Sâwm Pêka a palî-na nêh hian a ƣawngkam chheh dân inang deuh chiah chiah a ni (*Exod. 20:11 en la*). Hei hian Siamtu Pathian chibai bûk tûra sâwmna thu hi Sabbath serh tûra sâwmna a ni nghâl tih a tilang.

Ni sarih nê Sabbath-a chawlh leh Pathian chibai bûk hi Pathian nêh kan inzawm a ni tih chhinchhiahna pawimawh tak a ni a (*Exod. 31:13, Ezek. 20:12*). Vântirhkoah pakhatna thuchah hi Siamtu chu chibai bûk tûra sâwmna a ni.

“Thupêk palî-na kalh a, sawrkâr dân siam zâwma sabbath suak serh chu Pathian dodâltu laka mi a rinawmzia puan chhuahna a ni a, chutih lâiin, Pathian dân zâwma Sabbath dik tak serh pawh hi Siamtu laka mi a rinawmzia tilangtu a ni ve thung. Pâwl khât chuan leia rorêltute lakah an intulût a ni tih chhinchhiahna an pawmna hmanga sakawlh chhinchhiahna an dawn lâiin, pâwl khat dang chuan Pathian thuneihna laka an rinawmzia tihlan thlangin Pathian chhinchhiahna chu an dawng ve thung a ni.”—Ellen G. White, *Indona Ropui*, p. 606.

**Eng tiangin nge khawvêl leh a chhûnga thil awmte siam a nih dân leh chhandamna kan thlîr dân hi a inzawm? Eng vângin nge Pathianin a lo tih anga Sabbath nê-a chawlh ve hi a pawimawh êm êm?**

NILAINI

*March 6*

**Vântirhkoah Pahnihna thuchah**

Vântirhkoah pahnihna thuchah hian Babulon tlâwm thu emaw, kalsual thu emaw sawiin, Babulon chu sakhaw dik lo angin a sawi bawk. Thupuan 17:5-ah chuan “Babulon chu ‘nawhchizuarte nu’ tih a ni a. ‘A fanute’ tih hian a zirtîrna zui a, a chîn angte chîng ve a, khawvêl nêna dik lo

taka an inzawm theih nâna thutak leh Pathian pawmpuina phal râitu kohhrante a entîr a ni.”—Ellen G. White, *Indona Ropui*, p. 382.

**Thupuan 14:8 hi Thupuan 18:2 leh Isaiah 21:9-te nêh chhiar la. “A tlâwm ta” tih thu tum hnih ngawt a sawi hian Babulon chu kalsualna lamah a luh thûk zêlzia a lantîr bâkah, thil dik leh dik lo thliar hranna kawngah pawh a hniam tawhzia a sawi bawh a ni. Babulon chu tlu tawh, tlâwm tawh anga sawi ni tho mah se, chu a tlûkna chu nakîna lo la thleng tûr ang pawhin sawi a ni tho bawh. Eng vângin maw?**

Thupuana kan hmuh, tâwpna huna Babulon hi sakhaw dik lote inzawm khâwm niin, chutah chuan Roman Catholic Kohhran leh Protestant kohhran kalsualte pawh an tel ve a. Hêng mîte hian Pathian mîte dona tûra Setana hmanruaah an la intawktarh dâwn a ni (*Thup. 13:11–18, Thup. 16:13, Thup. 17:5*). He sakhaw dik lote inzawmkhâwmna hian hmâsâng Babulon zia chapo tak kha rawn pu ve-in Pathian âia chungnung zâwk nih a, khawvêla a dinhmun hi luahlansak a tum dâwn a. “Kristian ram zawng zawnga kohhran leh khawvêl inzawmna tak tak a thlen hunah chauh Babulon tlâwmna chu a famkim ang.”—Ellen G. White, *The Great Controversy*, p. 390.

**Thupuan 14:8 hi Thupuan 17:2 leh Thupuan 18:3-te nêh chhiar nawn leh la. Eng tin nge Babulon chuan khawvêl hi a mi ngaih chînna uain a intîr? He uain hian eng nge a entîr ni rêng rêng le?**

Thupuan 17 hian tâwpna huna Babulon chu nawhchizuar, leia awmte a mi ngaih chînna uain intîr thîntu niin a sawi a (*Thup. 17:2*). Babulon uain tih chuan he sakhaw



dik lo-in a sawi zirtîrna dik lo leh chanchin ƣa suak te a kâwk a. Vawiinah hian, Bible hrilhlâwnain a lo sawi ang ngei khân, Protestant kohhran tam takte chuan Roman Catholic laka an danglamna hrang hrangte chu an thlah thla ta chur chur mai a, Bible-in a sawi thutak chu an pên bosan ta hlawm. Krista taksa nia inchnâl ngeite zîngah meuh pawh Babulon uain huhâng ƣa lo tak mai chu hmuh tûr a awm ve zêl tho bawk.

‘Theistic evolution’ an tih te pawh hian vântirhko pakhatna thuchaha thil siam thu sawina kan hmuh hi Chiang takin a kalh a; Pathian thu pawm dân ƣan nghet bur an neih te hian ‘Bible chauh’ (*Sola Scriptura*) tih thurin kha a luahlan a; Bible-in mipa leh hmeichhia nihna a sawi dân te, inneihna chungchâng leh thil dang dang a sawite pawh an pawm tawh meuh hlawm lo a ni. Bual ât-a awm tawhte chuan fîm takin thil an ngaihtuah thei ƣîn lo va. Chutianga Babulon uaina hrâi ruih tawh an nih avâng chuan tuifinriat aƣanga lo chhuak sakawlh chibai bûk tûr leh sakawlh chhinchhiahna nei tûrin Babulonin a thlêm thlu sam êm êm dân a ni.

NINGANI

March 7

## **Vântirhko Pathumna thuchah**

### **Eng tin nge Thupuan 14:12 hian Pathian mi rinawmte nihna a sawi?**

Thupuan 14:9, 10 hian Pathian thinurna hmachhawntute chan tûr a sawi a, Pathian mi rinawmte chan tûr nên chuan inang lo tak a ni nghe nghe. Thuthlung Hlui lehkhabu-ahte hian Pathian thinurna leih bua tih chu no aƣanga laa uain in tih ƣawngkam hmang hrilh fiah a ni a (*Jer. 25:15, 16*). Sakawlh chibai bûktute chung a rorêlna thleng tûr

tawrhlelhawmzia chu Pathian thinurna uain, “a thinurna nova eng mah pawlh lova siam chu” in anga sawi a ni (*Thup. 14:10*). Hmânlâi chuan, an uain in tûr hi a chakna tihhniâm nân tiin tui an pawlh thîn a. Mahse, Pathian thinurna uain hi chu ‘eng mah pawlh loh’ (*akratou*) nia sawi a ni tlat mai. Eng mah pawlh loh, uain fir tih hian Pathian thinurna chu a pumpuhlûmin, khawngaihna pakhat mah tel lova leih buak a ni dâwn tih a entîr.

**Thupuan 14:10, 11 leh Thupuan 20:10–15 chhiar la. Eng tiangin nge Isaia 34:8–10 leh Juda 7-te hian “chûng mîte nghaihsakna meikhû chu chatuanin a chho vang” tih thu awmzia hi hrethiam tûrin min puih le?**

Mei leh kê hmanga nghaisa tih hian boral hlen dêrna a kâwk a. Mei leh kê tih awmzia chu rorêlna tihna a ni (*Gen. 19:24, Isa. 34:8–10*). Boralna meikhû vân lama chho tih pawh hi Bible ãawngkam hriat tânglâwn tak a ni baw. Isaia khân Edom ram chu mei leh kê hmanga tihchhiat vek a la nih tûr thu a hrilhlâwk a: thil kâng hluah hluah ang maiah lo changin, chu kâng chu “a chhûn a zânin tihmihin a awm lo vang a; a meikhû pawh kumkhuain [vân lamah] a chho ngut ngut reng mai dâwn a ni” (*Gen. 19:24, Isa. 34:8–10*).

Juda lehkhathawn pawh hian Sodom leh Gommora khuate chan chu ‘chatuan mei-a’ hremna tuar angin a sawi (*Gen. 19:24, Isa. 34:8–10*). Hêng thute hian tâwpin tâi awm lova mei kâng chhonzawm reng chungchâng a sawi lo va, hêng khawpui a sawite pawh hi tûnah chuan pakhat mah kâng a awm tawh hek lo. A awmzia chu, ‘chatuan’ a tih hi a mei kânga kha ni lovin, a *nghawngte* zâwk a ni tih hria ila. Chutiangin, Thupuan bûa ‘chatuan mei’ tih pawh hian boralna a kâwk a; chu mei chu a bo a bâng awm lova a thil kante a ral vek hma chuan a alh char char mai dâwn a ni.

**Hremhmun mei chuan boral tûrte chu chatuanin a nghaisa char char dâwn lo a ni tih thu ropui tak hi kan hriat avânga lâwm hle tûr kan nih rualin, a hremna chu a râpthlâk hle tho dâwn tih erawh hre tel ila. Hremna chu chatuan atân a nihna leh râpthlâk tak a nihna hian hna thianghlim tak, mi dangte hnêna vaukhâna thu hrilh tûr kan nihna chungchâng eng nge min hrilh le?**

**ZIRTÂWPNI**

*March 8*

**Zir belhna:** Ellen G. White-i lehkhabu, *Indona Ropui* pêk 603–612, ‘Zilhlâwkna Hnuhnûng Ber’ tih chhiar ni se.

Thupuan hian tâwpna hunah chuan Pathian mîte hi tâwpna hun chanchin ɥa khawvêl hnêna puang tûra thu pêk an nih thu a târ lang a. Kan hmâa tih tûr awm hi a huphurhawmin, thil tihpuitlin theih loh tawp tûr niin a lang nghe nghe. Amaherawhchu, Pathian chaknaa thuam tiam kan ni.

“Chanchin ɥa hril darh hna ropui tak hi Pathian thiltihtheihna ropui tak nêna ɥan a ni âia nêp khân khâr a ni dâwn lo. . . .

“He thuchah hi hnial khân fîng tak takte hmang ni lovin, Pathian Thlarau awmpuina thûk tak changte hmang zâwka theh darh a ni ang. Hnialkhânte chu chhawp chhuah a ni tawh a. Chî pawh tuh a ni tawh bawk. Tûnah hian lo ɥo chhuakin rah a chhuah tawh dâwn a ni.”—Ellen G. White, *Indona Ropui*, pp. 611, 612.

Pathian thuchah hnuhnûng ber hrilh darhna hi a hmâwr bâwk a nih dâwn hnaihah chuan khawvêl mîte hi pâwl hniah: Pathian hmangaiha a thupêk zâwmtute-ah leh sakawlh hnung zuia a thu zâwmtute-ah an la inɥhen phawk dâwn a ni. He inɥhenna hi thil pahnih: buh senga buh zêma khung khâwm (*Thup. 14:14–16*) tih leh grêp rah âta a sâwrna khura theh lût (*Thup. 14:17–20*) tihte hmanga sawi fiah a

ni a. Hetianga a tâwpna atâna inthenhranna lo thlen tûr thu hi Thupuan 17 leh 18-in a sawi ber chu a ni.

**SAWI HO TÛRTE:**

- ❶ Hei hi ngun takin han ngaihtuah teh: Vântihkoh pathumte thuchah hi Seventh-day Adventist-te ni lovin hril an awm ve em? Hei hian kan hnathawh pawimawhia leh chu hna chu tih tak zeta thawk tûr kan nihzia min hrilh em?
- ❷ Enga ti nge rorêlna tih thu hi Kristiante zînga tam tak hi chuan an ngaihven hlawm dêr loh mai le? Isua lo kal hmaa ro lo rêl lâwkna tih thu hian vawiina Kristiante tân hian tangkâina eng nge a neih? I Kristianpuite (Adventist ni ve lote) khân rorêl lâwkna awmzia hi an lo hriatthiam ve theih nân eng tin nge i tanpui ang?
- ❸ Tâwpna huna thil lo la thleng tûrte hi Sabbath nêna a inkungkaih dân ngaihtuah la. Zawhna kan chhân ngei tûr chu: Tu nge chibai kan bûk—‘lei leh vân’ Siamtu (*Thup. 14:7*) nge ni a, sakawlh zâwk tih a ni ang. Bible chuan ni sarih nê Sabbath hi Pathian chu lei leh vân siamtu a nih tih chhinchhiahna pawimawh ber leh upa ber (*Gen. 2:2, 3*) a ni tih min hrilh a. Chu thu chuan Pathian thupêkte zînga pakhat (*Thup. 14:12*) a nihna anga Sabbath-in buaina hnahnûnga pawimawhna a neih chhan eng nge min hrilh le?