



CHÂNGVAWN: “Lehkhabu chu la a, a chhinchhiahnate phelh tlâk i ni e; talhin i awm tawh a, i thisenin chi tina mi te, ðawng tina mi te, mi tina mi te, hnam tina mi te i tlan tawh a, Pathian tân lalahte leh puithiamachte min siam ta si a; tin, leiah chuan ro kan la rêl baw k ang” (*Thupuan 5:9, 10, NKJV*).

SABBATH CHAWHNU

January 26

Chhiar tûrte: *Thup. 6:1–17, Lev. 26:21–26, Ezek. 4:16, Deut. 32:43, 2 Thes. 1:7–10.*

THUPUAN bung 6 hian bung 4 leh 5-ten Krista chu lehkhabu, chhinchhiaha awm chu hawng tlâk a nih thu an sawi kha a rawn chhunzawm ve leh a. Chutianga hawng tlâk a nih chhan chu nunna leh thihna a hnehna hmang khân Adama avânga hloh tawh chu a rawn neih lêt leh tâk vâng a ni. Tûnah hian lehkhabu chhinchhiaha awmte chu hawng a, chhandamna ruahman chu hlen chhuak tûrin a inpeih tawh baw k.

Pentikos nî-a thil thleng kha chanchin ða lo darh ðanna niin, khami hmang khân Krista chuan a lalram a zauh zêl a. Chutichuan, lehkhabu chhinchhiahnate phelh tih ðawngkam hian chu chanchin ða hril leh chumi lo hnâwlina nghawng a neihte a kâwk a. Chhinchhiaha pasarihna leh a hnuhnûng

ber ni bawk chu an han hawn chiah khân he khawvêl chanchin tâwpna chu a lo thleng ta a ni.

Thupuan 3:21 hian chhinchhiahna pasarihte awmzia hriatthiamna chabi min pe a, chu chu hei hi a ni: “Hnehtu apiang chu ka lalthutphahah, ka kiangah ka thuttîr ve ang, kei pawhin ka hneh a, ka Pa kiangah, a lalthutphahah ka han ðu ta ang khân” (NKJV).

Bung 4 leh 5-te hian Kristan hnehna a chan thu bâkah, Kalvari-a a inhlanna avânga kan vân Puithiam Lalber ni tûr leh lehkhabute hawng tlâk a nih thu pawh min hrilh a. Bung 7 châng tâwp lamte hian Krista lalthutphah hmâa ding hnehtute chanchin a sawi leh bawk. Chutiang chuan, bung 6 hi chu Pathian mîten Isua lalthutphah ðawmpui thei tûra hnehna an chan chhoh dân chanchin a ni ve thung a ni.

SUNDAY

January 27

Chhinchhiahna Pakhatna phelh a ni

Thupuan 6:1–8 hi Leviticus 26:21–26 leh Matthaia 24:1–14-te nên chhiar la. Hêng châng hrang hrangten thumal pawimawh bîk an sawi lan ðeuh chu eng nge ni? Hêng thumal thumun an sawite aţang hian chhinchhiahna hmasa palî-te awmzia eng nge i zir chhuah le?

Chhinchhiahna pasarihte phelh a niha thil lo thlengte hi Thuthlung Hlui hunlâia thuthlung bawhchhetute chung a chhiatna lo thleng—ngûnhnâm, ðâm, hri chhia leh ram sakawlh (*Lev. 26:21–26*) tih ðawngkamte hmanga an sawi mai ðin ang deuhte nên khân ngaih tûr a ni ang. Ezekiel a chuan Pathian ‘rorêlna na tak palî-te’ tiin a sawi mai a (*Ezek. 14:21*). Hêngte hi an thlarau lam dinhmun hre tûra Pathianin a mîte a kaih harhna hmanrua niin, thuthlunga an rinawm loh châng hrem nân a hmang ðîn. Chutiang chiah chuan, sakawr khalhtu palî-te pawh hi Isua lo kal lehna nghâktu

Pathian mîte kaih harhna tûra Pathian hmanraw hmante a ni.

Chhinchhiahna hmasa palî-te leh khawvêla thil lo la thleng tûr Isuan a sawite (*Matthaia 24:4–14*) pawh hian inanna a nei bawk a. Sakawr khalhtu palî-te hi kawng dika kal thei tûra Pathianin a mîte a hruaina hmanrua niin, he khawvêl hi—tûna a nih ang hi chuan—an chênna in a nih lohzia hrilhtu a ni.

Thupuan 6:1, 2-te hi entîrna mai chu ni mah se, hnehna chan chungchâng sawina a ni a. Krista chu sakawr vâr chungah chuangin, a mîte chhanchhuak tûra a vântirhkoh rualte nê an la rawn kal tûr thu (*Thup. 19:11–16*) min lo hmuh lâwktîr a ni. Rawng vâr hi thianghlimna entîrtu a ni ang ngeiin Krista leh amah zuitute nê pawh sawi zawm a ni fo va. Sakawr vâr chungah chuang hian thal ngul a keng a, lallukhum pêk a ni bawk (*Thup. 6:2*), hei hian Thuthlung Hlui lehkhabutén Pathian chu thal ngulte kenga sakawr chungah chuangin, a mîte hmêlma a hneh thin thu an sawi kha min hriat chhuahtîr a ni (*Hab. 3:8–13; Sâm 45:4, 5*). Grik tawnga lallukhum sawina thumal chu *stephanos* niin, chu lallukhum chu hnehna changtuten an khum thin a ni nghe nghe (*Thup. 2:10, Thup. 3:11*). He sakawr vâr khalhtu pawh hi hnehtu a ni a, hneh chung leh hneh leh zêl tûrin hma lam a pan a ni.

Chhinchhiahna pakhatna phelh a niha thil lo thleng hian Pentikos nî-a ropui taka inţan chanchin ţha hril darh a nih thu kha a sawi a. Chanchin ţha hril darhna hmang hian Krista chuan a lalram zauh hna a thawk ţan tawh a. Mahse, ram tam tak lâk belh tûr a la awm; ropui taka Krista a lo kalna hmanga hnehna chan a nih hma ngei hian Krista zuitu rawn ni ve tûr mi tam tak an la awm bawk a ni.

Hrilhlâwkna ang zâwnga kan lâk luh dâwn chuan, chhinchhiahna pakhatna phelh a niha thil lo thleng hi Efesi kohhran hnêna thuchah nê khân a inrem a. Kum zabi

pakhatna lâi vêla tirhkohten an la uap kohhran kha sawiin, khami chhông khân khawvêl ram hrang hrangah chak takin chanchin tha a darh a nih kha (*Kol. 1:23*).

Kan chungah harsatna chi hrang hrang lo thleng kârah hian eng vângin nge Kristaa kan awm hian hnehna chang lamah kan tâng a ni tih kan hriat reng a pawimawh le?

THAWHTANNI

January 28

Chhinchhiahna Pahnihna leh Pathumna

Thupuan 6:3, 4 chhiar la. Sakawr sen leh a khalhtu chanchin a sawi dân a tâng hian chanchin tha nêna inkungkaih eng thil nge awm le?

Rawng sen chuan thisen a entîr a. Sakawr sen chungah chungah hnênah hian khandaih lian pui pêk niin, lei ata inremna a lâk bo daih phalsak a ni baw, chu chuan mîte an inthah tawn theihn nân kawng a hawng dâwn a ni (*Mat. 24:6*).

Chhinchhiahna pahnihna hian chanchin tha hnâwnain nghawng a neihte sawiin, chu chu kum zabi pahnih lâi vêla lo in tawh kha a ni nghe nghe. Krista chu chanchin tha hril darhna hmang hian thlarau lam indonaah a rawn tel ve a, chutih lâiin sual sipaite pawhin nasa takin an lo bei lê ve tho baw. Chuvâng chuan, tihduhdahna pawh a lo thleng zui ta rêng a ni. Sakawr chungah chungah taka hi chuan mi a that lêm lo na-in inremna erawh a la bo tho a, chuvâng chuan tihduhdahna pawh lo thleng ngei tûr a ni (*Mat. 10:34*).

Thupuan 6:5, 6 hi Leviticus 26:26 leh Ezekiel 4:16-te nê chhiar la. Sakawr dum leh a chungah chungah

chanchin a sawi dân a tang hian chanchin tha hril nêna inzawm tlat eng thil nge awm?

Sakawr dum chung a chuang hian ei tûr rih zâwng an bûk thinna *patla* a keng a. “Dulî-in buhpui tehkhâwng khat, dulî-in barlî tehkhâwng thum” tiin thu an rawn puang zui baw (Thup. 6:6). Khawvêl hmun thenkhatah chuan buh, hriak leh uain-te hi chaw atâna miin an rin pui ber a ni a (*Deut. 11:14*).

A rih zâwng hre rân chung a chhang ei tih chuan ei tûr an nei tlem hle tihna a kawk a, tam a tla tihna pawh a ni mai thei baw (*Lev. 26:26, Ezek. 4:16*). Johanan Thupuan a ziah lai hun hian duli (denarius) chu patling ni khat hlauh a ni a. Thil kalphung pangngâiah chuan, ni khata an pawisa hlauh chhuah hian chumi ni atâna an chhûngkaw mamawh chu a lei vek thei a ni. Tam a lo tla a nih erawh thung chuan thil man nasa takin a sang cho thîn.

Chhinchhiahna pathumna an phelha thil lo thleng hian ni khat hlauhin mi pakhat ei khawp chauh a lei thei a ni tih a tilang a. Chhûngkaw lian lo tê chawm tûr pawhin ni khat tal tap inhlauh a ngai a, a hlauh chhuah duli pakhat chuan mi rethei chaw nia an ngaih barlî man tlawm ber chi tehkhâwng thum a lei thei hrâm dawn tihna a nih chu.

Chhinchhiahna pathumna phelha niha thil lo thleng hian chanchin tha hnâwnain nghawng a neih zel dân min hmuhtir a. Chutiang chu kum zabi palî-na lai vela kohhranin ram rorêlna a thunun tak a tang kân a lo thleng tan a ni. Sakawr var kân chanchin tha hril darhna a entir a nih chuan, sawrkar dum hian chanchin tha awm lohna leh mihringte thurochhiaha inngahna a entir ve thung ang. Bible-ah hian buh tih chu Pathian Thu entirtu angin hman a ni thîn a (*Luka 8:11*). Chuti a nih chuan, chanchin tha hnâwna chuan Amosan a lo hrilh lawk tawh (*Amosa 8:11-13*) ang Pathian Thu-a tamna a thlen ngei ngei dawn a ni.

Chhinchhiahna Palî-na phelh a ni

Thupuan 6:7, 8 chhiar la. Hetah hian eng thil thleng chanchin nge a sawi? Chu thil thleng chuan a hmâ chiaha lo thleng tawh nêh eng nge inzawmna a nêh?

Chhinchhiahna palî-na phelh a niha lo lang sakawr rawng hi Grik Bible-ah chuan *chloros* tih a ni a, chu chu ruang tawih tan mêk rawng, dâng deuh bui tawh ang hi a ni. A chungah chuang hming chu Thihnaa a ni tawp mai a; mitthî-te awmna hmun Mitthi Khua-an a la rawn leh ta nghâl a. Hêng mi pahnihte hnênah hian khandaih te, tãm te, thihna te, leh ram sakawlh te hmanga leia mihring awm hmun lî-a thena hmun khat lâi tihlum theihna tûr thu pêk an ni nghe nghe bawk (*Mat. 24:7, 8*).

Chanchin lâwmawm deuh mai erawh chu, Thihnaa leh Mitthi Khuaa-te thiltihtheihna hi chin tâwk nei a ni tih hi a ni; leia mihring awm zawng zawng hmun lî-a thena hmun khat chungah chauh thuneihna pêk an ni a. Isua chuan Thihna leh Mitthi Khaw chabi-te a kawl thu min hrilh a nih kha (*Thup. 1:18*).

Thupuan 2-a kan hmuh Efesi, Smurna, Pergamos leh Thuatira kohhrante hnêna thuchahte kha chhiar nawn leh la. Khâng kohhrante harsatna tawh leh chhinchhiahna hmasa palî-te phelh a niha thil lo thlengte hi khâikhin rawh. Eng nge a inanna awm i lo hmu thiam em?

Chhinchhiahna pasarihte phelh a niha thil lo thlengte hian kohhran hun la tawn tûrte a lo târ lang a. Kohhran pasarihte-ah pawh a ni ang bawk khan, hêng chhinchhiahna pasarihte pawh hian Kristian kohhran chanchina hun hrang

hrangte a entîr. Tirhkohte la dam lâi khân chanchin ̄tha chu khawvêl hmun hrang hrangah chak takin a darh a. Chutianga a darh chiam hnu chuan Rome Lalram chhôngah tihduhdahna a lo thleng ta a, a hun thu-ah chuan—chhinchhiahna pahnihnain a sawi ang hian—kum zabi pakhatna tâwp lam āanga kum zabi palî-na tîr lam thleng kha a awh.

Chhinchhiahna pathumna hian kum zabi palî-na leh pangana vêla Kristiante an dal êm êm lâi hun kha a kâwk ve thung a. Bible leh thutak an tlâkchham miau avângin thlarau lama ril̄tâmna nasa tak a thleng a, ‘Hun Thim Lâi Hun’ tia kan sawi tâk mai khân hian an lût ta nghe nghe a ni. Chhinchhiahna palî-na hian thiam takin kum sâng khat dâwn chhông thlarau lama Kristiante an muthlûkna chanchin a sawi ve leh bawk.

Thupuan 6:6 hian chhinchhiahna pasarihna phelh a niha t̄am lo tla chuan ‘hriak leh uain’ a tihchhiat tel ve loh t̄u thu a sawi a. Hriak chu Thlarau Thianghlim entîrna niin (1 Sam. 16:13, Tirh. 10:38), uain thar tih chuan Isua Kristaa chhandamna awm a entîr ve thung (Marka 2:22). Hêng entîr nei thil pahnihte hian Pathian Thu a v̄n viau hunah pawh Thlarau Thianghlim chuan hna a la thawk zêl dâwn tho a, tin, thutak zawngtu zawng zawngte hênah chuan chhandamna a awm zêl dâwn tho a ni tih eng tin nge a sawi le?

NILAINI

January 30

Chhinchhiahna Pangana phelh a ni

Thupuan 6:9, 10 chhiar la. Hetah hian eng thil nge lo thleng?

Bible-ah chuan ‘thlarau’ tih thumal hi mihring pum pui sawina a ni ̄tîn a (*Gen. 2:7*). Pathian laka an rinawm avânga

nun châte leh tihduhdahna tuarte chu lei biak bûka halral thil an hlanna mâichâm bul vêla ran thisen an leihbuak thîn nêh khân a tehkhin a (*Exod. 29:12, Lev. 4:7*). Pathian mête chuan chanchin t̄ha an t̄an tlat avângin rorêl na dik lo leh thihna hial pawh an lo tâwk tawh thîn. Chuvâng chuan Pathian chu âuvin, rawn inrawlh a, thiam rawn chantîr tûrin a ngên ta a ni. Hêng chângte hian he leia rorêl na dik lo thleng chungchâng an sawi a, thih hnua awm zui dân lam chu eng mah an sawi lo. Enga pawh chu lo ni se, hêng mête hi vên lâwmna pâr t̄lân angin an lang lo hrim hrim bawk tih hria ila.

Thupuan 6:11 hi Deuteronomi 32:43 leh Sâm 79:10-te nêh chhiar la. Pathian mi martara thi tate t̄awngt̄âina chu eng tin nge Vânin a rawn chhân le?

Martara thî ta mi thianghlimte hnênah hian Krista felna entîrtu puan vâh an pe t̄heuh a, chu chuan anmahni thiam a chantîr a, chu thiam chantîrna chu a khawngaihna tiam lo pawmtute hnêna a thilthlâwnpêk a ni bawk (*Thup. 3:5, Thup. 19:8*). Tichuan, an unaute chu thah ve vek a nih hma loh chuan lo la châwl hahdam rih tûra hrilh a ni. Thupuan 6:11-a ‘zât’ (Sap̄tawng Bible-ah chuan ‘number’ tiin a dah a) tih thumal hi Grik Bible-ah chuan a lang lo hrim hrim a ni tih hriat a pawimawh a.

Thupuan bû hian Krista lo kal leh hmaa mi thianghlim martar tûr zât a sawi lo va, a sawi zâwk chu an nungchang chungchâng a famkimna lam a ni tih hriat tûr a ni. Pathian mête chu anmahni felna ni lovin, Krista felna kawrfual hmanga tihfamkim an ni a (*Thup. 7:9, 10*). Matara thî mi thianghlimte chu Krista lo kal leh hma leh, kum sâng rorêl t̄an a nih hma loh chuan kaihtawha thiam chantîr tûr an ni rih lo (*Thup. 20:4*).

Chhinchhiahna pangana phelh a niha thil lo thleng hi Kohhran siamthatna lâi vêl leh a hnua thil thleng zui ta-
ahte khân hmeb bel a ni a, khami chhông khân mi maktaduai
eng emaw zât chu an rinna avângin tihlum an ni (*Mat.*
24:21). Tin, hun kal tawh, Abela hun ațanga (*Gen. 4:10*) “a
bâwihte thisen chhuak phubâ lâk” (*Thup. 19:2*) a nih thlenga
Pathian mîten hrehawm an lo tawrhte leh tawrh zêl tûrte
pawh kha min hriat chhuahtîr leh bawk.

**“LALPA, eng chen nge ni dâwn le?” tih hi Pathian mi
hrehawm tuarte țah hla ințâwm kumhlun a ni a. Rorêlna
dik lo avânga rilru la hrehawm chhin miah lo hi tu nge
awm ang? Chhinchhiahna pangana phelh a nih a, eng
tik nî-ah emaw chuan dikna a la ding chhuak nge nge
dâwn a ni tih i hriat ațang hian eng thlamuanna nge i
chhar chhuah le?**

NINGANI

January 31

Chhinchhiahna Parukna phelh a ni

Chhinchhiahna panganaah khân Pathian mîte chuan
khawvêl sual takah hian dik lo taka hremna an tawrh thu
kan hmu a, anmahni chhana rawn inrawlh tûrin Pathian
pawh an âu hial rêng a nih kha. Tûnah chuan a mîte
țawngțâina chhâng tûra Pathian rawn inrawlh hun a thleng
ve ta a ni.

**Thupuan 6:12–14 hi Matthaia 24:29, 30 leh 2
Thessalonika 1:7–10-te nêh chhiar kawp la. Hetah eng
thil nge a puan le?**

Chhinchhiahna parukna phelh a niha thil lo thleng
hnuhnông pathumte hi Matthaia 24:29, 30-a Isuan a lo
hrilhlâwk tawhte kha a ni a. Hêngte hi ‘hrehawm nasa tak’

(*Thup. 7:14*) a zawh dâwn hnaihah (kum 1798-ah), Isua lo kal lehna hmahruaitu anga lo thleng tûr a ni. Mattthaia 24-a Isua hrilhlâwkna ang bawk khân heti lâia nî leh thla leh ‘arsi-te’ (meteors) leh vân a tihte hi a ngialngana lâksak tûr a ni a.

‘Angin’ tih thumal a hmanhian thil thleng tak tak a nihzia a tilang—nî chu sahmul sâiip puan *angin* a lo dum a, thla pawh thisen *angin* a lo awm a, arsi-te chu theipui kûng thlipuiin a nuai a, a rahte a tîl ur ur *angin* hian leiah an lo tla bawk a ni. Khawthlang rama Kristiante chuan hêngte hi Isuan a lo sawi dân ang indawt chiah chiah khân a lo thleng hlawn a ni tih an hria a: kum 1755 khân Lisbon khawpui chu lîrngîng nasa takin a sâwi a; May 19, 1780 khân nî a thim a (hei hi New York state khawchhak lam leh New England chhim lamah hriat a ni); tin, November 13, 1833 khân Atlantic Tuifinriat chung vêlah arsi (meteor) a tla chiam bawk. Thupuan 6:12–14-a hrilhlâwkna kan hmuh lo thleng famkim ta hian hmun hrang hrangah harhtharna a thlen a, Krista lo kal lehna chu a hnâi tawh a ni tih mîten an hriat phah a ni.

Thupuan 6:15–17 chhiar la. Tin, Isaia 2:19 te, Hosea 10:8 te leh, Luka 23:30 te hi chhiar bawk ang che. Hêng chângte hian mi tinrêngin Krista lo kal lâi vêla leilunga chhiatna râpthlâk tak tak lo thleng tûrte an hlauh tûrzia leh, chûngte laka bîk bona an zawn nasat tûrzia min hrilh a. Tlângte leh lungpuite chu “lal̄thutphaha t̄hûa hmêl lakah leh Berâmno thinurna laka” anmahni hliah tûrin an ngên chiam chiam mai dâwn a ni (*Thup. 6:16*).

Krista chu “a mi thianghlimte-a chawimawi” (*2 Thes. 1:10*) ni tûrin a lo kal tawh bawk a, chûvâng chuan dikna pawh a dinchan ve a hun ta chiah a ni. Mi sualte tâwpna chu Thupuan 19:17–21-ah hian kan hmu a. An chan la chhiat tûrzia chu hetiang zawhna râpthlâk an siam hian a tilang Chiang hle âwm e: “A thinurna ni râpthlâk tak chu a lo thleng

tâk hi; tichuan tu nge ding thei ang i le?” (*Thup. 6:17; Nahuma 1:6; Mal. 3:2*). An zawhna chhâna chu Thupuan 7:4-ah hian pêk an ni a: chumi nî-a ding thei tûrte chu Pathian mi, chhinchhiaha awm tawhte an ni.

“A lo kal ni chu tu nge tuar zo vang?” (*Mal. 3:2*). He zawhna hi eng tin nge i chhân ang a, chu i chhâna tanpui tûr chuan eng Bible chângte nge i hman ang? I chhâna chu Sabbath nî-ah i sawi chhuak dâwn nia.

ZIRTÂWPNI

February 1

Zir belhna: Ellen G. White-i lehkhabu, *Testimonies to Ministers and Gospel Workers*, phêk 457–460-a, ‘Khawvêl Mamawh Chu’ tih kha chhiar ni se.

Chhinchhiaha pasarihte phelh a ni hian Pathianin leia a mi awmte nungchang leh anni chu Pathianin a ngaihsakzia a tilang a. Hetiang hian Kenneth A. Stand-a chuan a sawi:

“Pathian Lehkhabu-ah hian Pathian chuan a mîte hi a ngaihsak êm êm reng a ni tih chiang taka hmuh theih a ni: chanchin kal tawhte pawh hian ani chu anmahni chelh tûrin eng tik lâi paw’n a awm reng zêl a, tâwpna nî-a thurûk zawng zawng hâi lan a nih hunah pawh anni chu thiam chantîrin phal takin chatuana nunna a hlân ang. Thupuan bû pawh hian he thu tho hi mâwi leh zualin a rawn sawi ve leh a, chuvângin Thupuan hi Bible lehkhabu dangte nêna inrem lo, khuhhawna thu dangdâi anga ngaih tâlh tûr a ni lo hrim hrim; Bible thuchah laimu tak chu a puang chhuak si a. Tin, Thupuanin uar taka sawi ang hian, ‘Mi Nunga’—thihna leh thlânte hneh tawhtu chuan amah zuitu rinawmte hi a kalsan ngâi dâwn rêng rêng lo va, martarin lo thi pawh ni se, hnehtu an ni tho a (12:11), ‘nunna lallukhum’ chuan a lo nghâk reng a ni (2:10; 21:1–4; leh 22:4 en la).”—Kenneth A. Strand, “The Seven Heads: Do They Represent Roman Emperors?” in *Symposium on Thupuan—Book 2*, Daniela

and Thupuan Committee Series (Silver Spring, Md.: Biblical Research Institute, 1992), vol. 7, p. 206.

SAWI HO TÛRTE:

- ❶ Chhinchhiahna pasarihte phelh a niha thil lo thlengte aṭang hian eng zirlâi hlu tak takte nge i lo zir chhuah sawi la. Chûngte chuan he leiah hian thil ṭha lo tak tak lo thleng mah se, Pathian chu lalber a la ni reng tho a, Kristaa thutiam kan neih zawng zawngte hi a la thleng famkim vek dâwn a ni tih eng tin nge an lantîr le?
- ❷ He thu hi ngun takin han ngaihtuah zui teh: “Kohhran hi mihringte chhandamna tûra Pathianin a ruat hmanrua a ni. Rawngbâwl tûra din niin, a hna chu khawvêl hnêna chanchin ṭha thlen a ni.”—Ellen G. White, *Tirhkohte Thiltih*, p. 9. I lâwina kohhran kha thlîr la. Mîte hnêna chanchin ṭha thuchah thlen tûr hian eng tin nge rinawm leh zualin hna in thawh theih ang?
- ❸ In class-ah Ningani zirlâia zawhna tâwp ber: A lo kal nî chu tu nge tuar zo awm ang? tih leh eng vângin nge an tawrh zawh ang? tih kha i chhâna sawi chhuak la. I chhânnain a kawh chu a lo kal lehna nî atâna inpeih tûrin tûnah hian eng tianga nung tûr nge kan nih tih lam hawiin sawi ho ang che u.