

KHÂWNVÂR DAHNA ZÎNGAH



CHÂNGVAWN: “Thlarauvin kohhranho hnêna a sawi hi beng nei chuan hre rawh se” (*Thupuan* 2:7).

SABBATH CHAWHNU

January 5

Chhiar tûrte: *Exod.* 20:11; *Dan.* 10:5, 6; *Mat.* 12:8; *Tirh.* 7:54–60; *Thup.* 1:9–18, 20; 2:1–7.

SÂM 73 hian sâmphuahtu chu Pathian ðih lotute uang thuang taka an awm a hmuh avâng a rilru a buai thu a sawi a. Mi felten hrehawm an tawrh lâiin anni erawh nuamsa takin an khawsa thung si. Chutianga thil a awm chuan a rilru a tibuai hle a (*Sâm* 73:2–16), chuvâng chuan Pathian hmun thianghlimah a tlân lût ta ngawt mai a ni (*Sâm* 73:16, 17). Chumi hmunah chuan Pathianin thil awmzia hriatthiamna thûk zâwk a lo pe ta a.

Kum za tam tak a liam leh hnu-in tirhkoh tar tawh tak pakhat chu thuhretu rinawm a nih avângin thliarkâr khawkrawk tak pakhat, tân in atâna an hmanah a awm a. Chutia khawhar taka a awm lâi chuan a hmangaih êm êm kohhrante chuan hrehawm an tuar mêk a ni tih thu a lo hre zui bawk si. Mahse, chutih lâi hun khirh takah chuan inlârna hmangin vân biak bûka tholeh Krista awm chu han hmuhtîr a

ni ta a. Sâm phuahtu hnêna a lo tih tawh ang bawk khân LALPA chuan a hnênah pawh he nuna thurûk inthup mak tak takte leh chûngtena harsatna a rawn thlentîr thin dânte chu a puang chhuak ta a ni. He biak bûka thil a hmuh hian Isuan a mîte a awmpuia, a ngaihsak êm êm a ni tih hriat chianna a neihtîr a. Chu hriat chianna chu hêng kohhran pasarihte hnênah leh chhuan hrang hrang lo awm leh zêl tûrte hnênah a hlân chhâwng ve leh dâwn a ni.

Tûn kârah hian vân biak bûka Krista rawngbâwlina kan sawi hawn dâwn mai bâkah, a kohhranho hnêna thuchah a sawi pasarihte zînga a hmasa ber pawh kan thlîr ho bawk dâwn a ni. Hêng thuchahte hi Asia rama kohhran pasarihte hnêna a sawi chu ni tho mah se, keini tûnlâi huna mîte tân pawh a la pawimawh êm êm tho a. Tichuan, kâr lehah kohhran dang pasarih hnêna a thuchahte kan thlîr chhhunzawm leh ang.

SUNDAY

January 6

Patmos thliarkârah

Thupuan 1:9 chhiar la. Johana Thupuan bûa inlârinate a hmuh lâia a thil tawn a sawi chu eng nge ni?

Patmos Thliarkâr hi Aegean Tuipuia awm niin, lung khawkrawk tak tak awmna hmun, thlâi leh hnim hring pawh a ʔo theih lohna a ni a. A sei zâwng chu mêl sâwm vêl niin, a zau lâi bera teh tlangin mêl ruk vêl a ni. He hmun leh a bul hnâi vêla thliarkâr dangte hi Rome-ho khân an ram politic tâna hnawksak leh hlauhawm deuh nia an hriatte hrema tântîr nân an hmang thîn a. Kristian hmasate zînga lehkhabu ziaktu, Thupuan bû ziah a nih hunlâi hnu deuh hleka mîte pawhin Johana kha Rome sawrkâr thuneituten chanchin ʔha a ʔan tlat avângin Patmos thliarkârah hian an tântîr niin an sawi. He thliarkârah hian Rome sipaite

tihduhdahna chi hrang hrang a tuar ngeiin a rinawm a. Dân bawhchhiaa ngaih niin, kawlte an buntîr ang a, a puar khawp châw pawh pêk ni lovin, Rome sipaiten nunrâwng tak takten talhfiak nêna an vilna hnuaiyah hna hahthlâk tak tak thawh luihtîr a ni bawk ngei ang.

“Aegean Tuipuia awm thliarkâr khawkrawk leh khawro tak mai, Patmos hi Rome sawrkâr chuan dân bawhchhia nia an ngaih mi sualte tântîrna hmun atân a thlang a. Mahse, he hmun reh leh khawhar tak ngei mai hi Pathian chhiahhlawh tân chuan vânrâm kawngkâ-ah a lo chang ta a ni. Hemi hmunah hi chuan mihring nun buai tak ang kha a awm ve lo va, tûn hma angin hna rim taka a thawh lah a ngâi ve tawh hek lo, chu tak chu remchângah la-in Pathian nên leh Krista nên bâkah, vâna vântirhkohte nêna inkawmna hun atân a hmang ta hlauh a. Anni hnên aţang hian nakîn hun atâna kohhranin a la ẵangkâipui tûr thu a dawng bawk a ni.”—Ellen G. White, *Tirhkohte Thiltih*, p. 571.

Pathian laka an rinawm êm êm chung emaw, an rinawm vâng emawa hrehawm tuar mi dang tu tute nge Bible-ah hian awm ve le? *Dan. 3:16–23, Tirh. 7:54–60 en la.*

Krista zuitute hian Johana chung a thleng ang hi an chungah pawh a thleng ve a nih chuan anmahni maia tuar tûrin hnutchhiah an ni lo tih an theihngilh ngâi tûr a ni lo. Patmos thliarkâra hrehawm taka awm Johana hnêna lo kal a, beiseina thar leh fuihna thu rawn sawitu Isua tho khân a mîte chu a la awmpui reng a, an harsatna tawh hrang hrangahte chuan a rawn ẵanpui zêl dâwn a ni.

Eng tin nge Krista tâna hrehawm tawrhna leh chhan dang, entîr nân, keimahni'n duhthlanna dik lo kan siam avângah hrehawm kan tawrhthe hi a danglamna kan hriat

hran theih ang? A chhan kan hriat chhuah theih miah si loh avânga tawrh pawh hi a awm ve thei tho ang em? A engah pawh hian eng tin nge Lalpaa rinna nghah ngam dân kan zir theih ang?

**THAWHTANNI
LALPA Nî-ah chuan**

January 7

Thupuan 1:10 hi Exodus 31:13 te, Isaia 58:13 te leh Matthaia 12:8 te nêh chhiar kawp ang che. Hêng châng pali-ten an sawi dân aţang hian eng nî hi nge Bible-in Chiang taka ‘LALPÂ nî’ a tih chu ni? Hemi nî hian eng tiang takin nge hrehawm tuar mêk Johana tân khân awmzia a neih ang?

“Sabbath nî-in ropuina LALPA chu [khaw chhông aţanga] hnawhchhuaha awm tirkoh hnênah a rawn lang a. Johana hian Sabbath nî chu Judai ram khaw lian leh tê deuhahte thu a hril lâia a lo serh thianghlim thin dân ang bawkhân Patmos thliarkârah pawh hian a serh a. Hemi nî chungchônga thutiam hlu tak tak pêka awmte chu ama tân ngei niin a ngâi tlat bawk.”—Ellen G. White, *Tirkohhte Thiltih*, p. 581.

Thupuan 1:10 hian tirkoh Johana khân ni sarih nî Sabbath-ah inlârna a hmu tih a sawi Chiang viau a. Nakîna thil lo la thleng tûr, Krista lo kal lehna, ‘LALPÂ nî’ (*Isa. 13:6–13; 2 Pet. 3:10*) tia sawi thin ngei pawh chu nghâkhlel takin thlîr mêk tho mah se, hemi chângah hi chuan hêng nakîna thil lo la thleng tûrte inlârnaa amah ngeiin a hmuh hun/nî a sawi a, chumi nî chu Sabbath—”LALPÂ nî” hi a ni.

Hrehawm tuara awm mêk a ni bawk a, he inlârna a hmuh nî Sabbath hi atân kha chuan tawrhna awm tawh lohna, amah leh chhuan hrang hranga mi rinawmtên Krista lo kal leh hnua an la chan tûr nun nuam tak lo tem lâwkna nîah a chang ngeiin a rinawm. Dik takin, Juda-te ngaihtuahnaah

chuan Sabbath hi *olam haba*, ‘khawvêl lo la awm tûr’ lo tem lâwkna anga ngaih a ni ve rêng bawk a ni.

“Pathianin Eden huana a din Sabbath hi thliarkâr reh taka awm Johana tân khân a hlu hle a

“He mi tâng khawhar tak tân hi chuan Sabbath hlimawm tak a va ni dâwn tehreng êm! Krista mithmuhah chuan hlu tak a ni reng thîn tho nachungin, tûnah tak pheï hi chuan tum dang zawng âia châwi sân leh zual a ni a. Isua chanchin chu hemi nîa a hriat chian ang rêng rêng hian a lo hre ngâi lo. Chutiang thutak ropui chu tûn tum ang rêng rêng hian a la hre chiang ngâi lo bawk a ni.”—Ellen G. White Comments, *The SDA Bible Commentary*, vol. 7, p. 955.

Exodus 20:11 leh Deuteronomi 5:15 chhiar la, Thu Sâwm Pêka a palî-na inziah dân hi khâikhin teh. Hêng châng pahnihte hian ni sarîh nî Sabbath chu thil siam hriat rengna leh chhanchhuah nih hriat rengna a nih thu an sawi a, chu chuan Pathian chuan min siamin min tlan bawk a ni tih min hrilh a ni. Eng tin nge Sabbath nî tin hian Pathian chu min siamtu leh min tlanu a ni tih kan hriat thar leh zêl thîn theih ang? Tin, hei pawh hi ngaihtuah tel bawk la: Pathian chu min tlanu ni tel lovin, min siamtu chauh ni ta ang se, a tângkâina a tam ang em?

THAWHLEHNI

January 8

Patmos thliarkârah Johanan Isua a hmu

Thupuan 1:12–18 chhiar la. Johanan Isua lan dân a sawi hi Daniela 10:5, 6-a Pathian lan dân nêh hian khâikhin ang che. Johanan a hmuh inlârnaah hian eng tin nge Isua chu arawn lan? Eng thil nge a tih mêk?

Johana hian Isua chu Puithiam Lalber anga inthuama, khâwnvâr dahna zînga vei vei angin a hmu a. Khâwnvâr dahna zînga Isua vei vei anga lang hian hmâsâng Israel mîte hnêna Pathianin an zînga a la chên tûr thu a lo tiam tawh kha a kâwk a ni (*Lev. 26:12*). Thupuan-ah hian khâwnvâr dahna tih hian Thupuan bû lo chhiar tûra a tih Asia rama kohhran pasarihte kha a entîr a (*Thup. 1:20*); (Nilaini zirlâiah pawh kan hmu ang a), khâwnvâr dahna tih hian hun hrang hranga Pathian kohhrante a entîr bawh. Isua chuan, Thlarau Thianghlim kal tlangin leia a kohhran hi a la ngaihsak chhunzawm reng a. An chatuan ina a hruai thlen thlengin a mîte zîngah a awm zui zêl dâwn a ni.

Chu bâkah chuan, Isua chu Puithiam Lalber anga inthuama, khâwnvâr dahna zînga a vei lâi a hmuh thu a sawi hian Jerusalem temple-a puithiam lalber rawngbâwlna kha min mitthlâtîr bawh a. Rawngbâwl tûra ruat puithiam tih tûr pakhat chu Hmun Thianghlima khâwnvâr an dahte chhit ên reng a ni. A phitâ zo tawhte chu a thar a vuah ang a, hriak nei lo-ahnte chuan hriak thar a thun khat bawh ang. Chutianga a vil uluk êm avâng chuan, khâwnvâr tinte dinhmun chu a hre bel thîn rêng a. Chutiang chiah chuan, Isua pawhin a mîte mamawh leh an dinhmun a hre Chiang a, mi mal tin tân a dîlsak theuh bawh a ni.

Thupuan 2:2, 9, 13, 19 leh Thupuan 3:1, 8, 15 chhiar la. “Ka hria” tih tawngkam hian Isuan Pathian mîte mamawh leh dinhmun a hriat chianzia eng tin nge a tihlan?

Isua hian Pathian nihna, ‘hmasa bera leh hnuhnûng bera’ tih chu ama nihna niin a sawi a (*Isa. 44:6, Isa. 48:12 en la*). Grik tawnga ‘hnuhnûng ber’ tih sawina thumal chu *eschatos* tih niin, he thumal aţang hian Sapţawnga ‘eschatology’ an tih (tâwpna huna thil thlengte chungchâng zirna) hi a lo

piang a. He thumal awmzia hian tâwpna huna thil thlengte chungchâng zirna-in a tum ber chu thil thleng hnuhnûng berte chungchânga thutâwp neitu Isua Krista a ni tih a lantîr. Ani chu thî-a lo nung leh taa a ni a, tin, Thihna leh Mitthi Khaw chabî-te pawh a kawl bawk (*Thup. 1:18*).

A thihna leh a thawhlehma avâng khân thihna kawngkâte (*Joba 17:16, Sâm 9:13*) hawn theihna pêk a ni tawh a. Amaha rinna nghat zawng zawngte chu chatuana nung tawh tûrin thlân ata kaihtawh an ni ang (*1 Kor. 15:21–23*). Mitthite ngei pawh ama vênna hnuai a awm a nih avângin Isua zuitu rinawmte tân chuah hlauh tûr eng mah a awm lo va. Chutianga mitthite pawh a vênghim a nih chuan, mi nungdamte pheih chu a va ngaihsak nasa leh zual dâwn em ti r'u? (*1 Thes. 4:16, 17 en la.*)

NILAINI

January 9

Hmânlâi leh tûnlâi hun atâna Krista thuchahte

Thupuan 1:11, 19, 20 chhiar la. Isua hian Asia rama kohhran pasarihte tân thuchah hran theuh a sawi a. He ramah hian kohhran pasarih âia tam daih a awm tho nachunga, anni hnên chauha thuchah a sawi bîk hian hêng a thuchah sawite hi Kristian zawng zawngte tâna pawimawh vek a nih dân eng tin nge min hrilh le?

Isuan kohhran pasarihte hnêna thawn tûr thuchah Johana hnêna a pêkte chu Thupuan 2 leh 3-ahte hian kan hmu a. Hêng thuchahte awmzia hi chhâwng thum angin a hmehbel theih a, hetiangin:

Historical application. Hêng thuchahte hi kum za bi pakhatna lâi vêla Asia rama khawpui hausa tak taka awm kohhran pasarihte hnêna thawn a ni a. Hêng khawpuia chêng Kristiante hian chona hautak tak tak an hmachhawn hlawm a. Khawpui eng emaw zât chuan Rome ram lalber laka an

rinawmzia tihlan nân amah chu pathian angah an ngâi a, amah chibai bûkna tûr biak inte an sa bawk. Chutianga lalber chibai bûk chu mi zawng zawng tih tûr nia ngaih a lo ni ta nghe nghe a. Khawpuia chêngte chu vântlâng huap thil eng emaw tih khâwm nîkhua leh milem biakna inkhâwmahte tel vek tûra phût an ni a. Hêng inkhâwmnaahte hian Kristiante chu an tel ve duh loh avângin rorêltute hmâah hruai an ni thîn a, an zînga thênkhat pheï chu tihhlum an ni hial nghe nghe. Chutichuan, Krista thupêkin Johana hian ringtute chu chona an hmachhawnte an hlen chhuah theihna tûrin thuchah pasarih a ziak ta a ni.

Prophetic application. Thupuan hi hrilhlâwkna lehkhabu a ni a; mahse a thuchahte dawng tûr hian kohran pasarih chauh thlan a ni si. Hetiang hi hrilhlâwkna thuchah nihphung a ni ve rêng bawk a. Hêng kohran pasariha member-te thlarau lam dinhmun hi hun hrang hranga Pathian kohhran thlarau lam dinhmun nêñ a inang hle mai. Thuchah pasarihte hi Pathian thlîrna atanga kum zabi pakhatna atanga khawvêl tâwp thlenga Kristian kohhran thlarau lam dinhmun tlângpui târ lanna a ni.

Universal application. Thupuan bû pum pui hi lehkhathawn pakhat anga kohhran tina an lo chhiar atâna thawn chhuah a ni ang chiahin (*Thup. 1:11, Thup. 22:16*), hêng thuchah pasarihte pawh hian hun hrang hranga chêng Kristiantea hmeh bel theih zirlâi pawimawh tak tak a pâi a. Chutiang chu a nih avângin, hêng thuchahte hian hmun hrang hrang leh hun hran hrana Kristian chi hrang hrangte nihna a pho lang rêng a ni. Entîr nân, tûnlâi Kristian kohhrante nihphung tlângpui chu Laodikei ang hi a nih tho rualin, Kristiante zînga thênkhat chuan [Laodikei ni lo] kohhran dang eng emaw berte nihphung hi an phur chhuak ve thung mai thei bawk. Thil lâwmawm deuh mai chu, kan thlarau lam dinhmun chu eng ang pawh lo ni se, Pathian chuan “tlu tawh mihringte hi anmahni awmna hmuna theuh a rawn zawng hmu zêl thîn hi a ni.”—Ellen G. White, *Selected Messages*, book 1, p. 22.

Hêng kohhran pasarihte hnêna a lehkha a thawn ang chi hi in kohhran hnênah khân Pathianin rawn thawn ve dâwn ta ang se, chutiang lehkhathawn chuan in kohhranin a hmachhawn mêk chona eng engte nge a sawi ang a, in kohhran thlarau lam dinhmun engte nge a sawi bawk ang?

NILAINI

January 10

Efesi Kohhran hnêna thuchah

Efesi hi Asia rama Rome khawpui leh lian ber niin, sumdâwnna kawtchhuah lûn tak a ni. Asia rama lawngchawlhna lian ber a ni bawk a, sumdâwnna hmunpui a nih bâkah sakhaw hmun pawimawh tak pawh a ni tel bawk. Khawpui chhûngah hian tempul te, ennaawm chhuahna in lian tak tak te, infiamna hmun te, vântlâng bual in te, nawhchizawrhna in te a awm thleh thluah a. Mitdâwivaih thiam tak tak an awm a, tin, puithuna âthlâk leh suahsualna chi hrang hrang hluarna khawpui nia hriat lâw a ni bawk. Mahse, Asia rama Kristian kohhran huhâng nei lian ber chu he khawpuihian a awm tlat lawi si a ni.

Thupuan 2:1–4 chhiar la. Eng tin nge Efesi kohhran hnênah hian Isuan a nihna a sawi? He kohhran nihna leh thiltih ropui tak tak Isuan a fakte chu engte nge? Eng thilte nge a ngaih mawh?

A hun hmasa lamah kha chuan Efesi khuaa ringtute hi [Pathian laka] rinawm leh hmangaihna ngah tak nia mîte hriat thin an ni a (*Efesi 1:15*). Kohhran pâwn leh chhûng lam a tang pawhin harsatna eng eng emaw han tâwk thin mah se, rinnaah an ding nghet tlat reng tho a ni. An thawkrimin thutak thu zirtîrna chu an zâwm tha hle bawk a; dik tak phei chuan, an zînga tirkoh der lo awm vete pawh an ngaithei lo hle thin nge nge. Amaherawhchu,

Krista an hmangaihna leh an member-puite an hmangaihna chu a lo chuai ãan ta mai a. Kohhran chu rinna kawngah la ding nghet viau tho mah se, Krista hmangaihna tel lo chuan anmahni khâwnvâr ringawt chu mit mai thei dinhmunah a ding tlat si a ni.

Thupuan 2:5–7 chhiar la. An hmangaihna hmasa ber kha an tihnun thar leh a, Krista leh an ringtu-puite pawh an hmangaih ãat leh theih nâna Isuan ti tûra a hrilh chu eng nge ni? Eng tiangin nge hêng thil pathumte hi a inzawm kual vek le?

Hrilhlâwkna-in a sawi dân ang chuan Efesi kohhrana thil awm dân hi A.D. 31–100 chhûnga kohhran thlarau lam dinhmun tângpui a ni a. Tirhkohte hunlâia kohhran kha hmangaihnaa khat leh chanchin ãa hril kawnga ãhahnemngâi êm êm a ni. Nimahsela, kum zabi khatna tâwp lamah erawh chuan a hmangaihna hmasa ber chu a lo chuai ãan ta a, chanchin ãa mâwl tak leh thianghlim tak chu a kalsan thui ta telh telh a ni.

Hmangaihna chuai mêk kohhrana awm ni ve angin han indah chhin teh. Chu kohhran member-te chuan sual langsâr tak tiin, ualâu takin thil dik lo an ti hran lo a ni thei e; dik tak phei chuan, thil dik tak tak pawh an ti zâwk nghe nghe. Mahse, dân ang maiin leh phûrna tel miah lovin thil an ti a, chu chu kohhranin a tuar ta a ni. Eng tin nge an hnêna Isua thurâwn hian hetiang dinhmun lak ata hi a chhanchhuah theih ang?

ZIRTÂWPNI

January 11

Zir belhna: Ellen G. White-i lehkhabu, *Tirhkohte Thiltih*, phêk 568–577, ‘Patmos Thliarkâr’ tih kha chhiar ni se.

“Johanan tihduhdahna a tuar kha khawngaihna kawng hawngtu a ni ta hlauh zâwk a. Patmos thliarkâr chu tholeh Chhandamtu ropuina chuan a chhun êng sur mai a. Chutah Johana chuan Krista chu mihring taksa ang pû-in a hmu a, a kut leh a kê-ahnte chuan an khenbehna thîrkhenin a siam serte a lang a, chûngte chu amah tiropuitu a ni. A Lalpa chu hmuh leh phalsak a ni a, mihringten an hmuha an thih phah lohna tûr tâwka ropuia thuam a ni.

“Johana hnêna Krista a rawn inlâr hi mi zawng zawng—ringtu pawh, ring lotu pawh— hnêna tholeh Krista kan neihzia tilangtu a ni a. Hei hian kohhran hnênah thiltihtheihna nung a pe tûr a ni baw. A châng chuan Pathian mîte hi thim chhah takin a hual vêl ve thîn a. Hnuaichhiahna leh tihduhdahna-te hian a ti-ṭiavâi mai dâwn ni te’n a lang thîn baw. Mahse, chutiang hunah chuan zirlâi pawimawh ber berte pêk thîn an ni a. Krista chu tântîr an nihna hmunahte lûtin, a mi thlante hnênah a rawn inpuang thîn a ni. Anmahni hâl hlumna tûra meipui an chhehahte chuan a awm ve a. Zân thim lâi bera arsi êng a lang Chiang ang hian Pathian ropuina êng zung pawh lungngaihna thim chhah berah puan chhuahin a awm thîn. Vân khi a thim chhah poh leh tholeh Chhandamtu, Felna Ni êng zungte chu a lang Chiangin a rilru a hneh zual sauh dâwn a ni.”—Ellen G. White, *The Youth’s Instructor*, April 5, 1900.

SAWI HO TÛRTE:

- ❶ **Johana hian a lehkhabu ziah chhiartute chu Patmos thliarkâra a thil hmuh leh hriatte a hrilh chhâwng ve a. Thupuan 1:12–20 chhiar la, eng thil nge a hmuha a hriat le? He inlârnaa a thil hmuhte aṭang hian thlamuanna thu eng engte nge i chhar chhuah theih awm?**
- ❷ **Thupuan 14:7-ah hian vântirhkok pakhatnain leia awmte chu tâwpna hun a lo thlen tawh avânga vân te, lei te, tuifinriat te, tuihnâ te siamtu chibai bûk tûra a**

hrilh thu kan hmu a. He ɬawngkam hi Exodus 20:11-a mi a lâk chhuah a ni. He vântirhkoh pakhatna thuchah hian tâwpna huna Sabbath pawimawhna chungchâng eng nge min hrilh?

③ Kristiante zînga tam tak hi chuan thil mak angreng tak a hmachhawn a. Kohhrana a awmna a rei tawh poh leh, an rinna a chuai telh telh a, ɬhenkhat phei chu a mit tawh hial nghe nghe. Hemi letling chiah hi thleng zâwk tûr a ni a. Isua nêna kan lên dunna a rei tawh poh leh ama chanchin leh min hmangaihzia kan hre tam deuh deuh dâwn a ni. Chuti a nih chuan, eng tin nge kan rinna mei hi alh ni ringawt lovin, kan ên zualtûr zêl theih ang?