

Châng thlan: *Exodus 20:8–11.*

Zirlâite tân:

Hriat tûr: Pathian dân pawimawhzia an hria ang a, Pathian dân Sabbath-in pawimawhna a neih chu a hrethiam baw k ang.

Vei tûr: Pathian dânah hian Pathian hmangaihna a takin an chang ang a, Pathian dân zawm nawmzia an hre baw k ang.

Tih tûr: Dân zawm avâng a chhandamna hlawh chhuah tum sî lova dân zawm dân kawng an zawng ang.

THUPUI THEN

I. Hriat tûr: Dân Sabbath chu

- A Eng vângin nge Pathianin dân a pêk?
- B Thu Sâwm Pêka a khawi lâiah hian nge Sabbath a awm?
- C Eng tiangin nge Pathian khawngaihna chu a dân nê a inzawm?

II. Vei tûr: Dân hi hmangaihna a ni

- A Eng vângin nge Pathian dân hi nuam ti tak chungin kan zawm ang?
- B Eng vângin nge Pathian thupêkte zawm hi amah kan hmangaih a ni tih tilangtu a nih?
- C Eng vângin nge Sabbath serh tûr a nih tih thupêk hi Pathianin mihringte a hmangaihzia tilang Chiangtu ber a nih?

III. Tih tûr: Khawngaihna tilangtu

- A Eng vângin nge Kristiante chuan Pathian thupêkte zawm an châk thîn?
- B Eng vângin nge a hun takah Sabbath ka serh tan a ngaih?
- C Eng vângin nge Juda-te leh Kristiante zînga tam tak khân Pathian thupêkte zawm loh âi chuan thih mai pawh an thlan zâwk le?

KHÂIKHÂWMNA: Pathian dân hi Bible sâkhaw zirtîrna hrang hranga hmuh chian theih leh hriatthiam awlsam ber a ni a. Chutih rual chuan, inhnialna chaw k chhuak nasa bertu pawh a ni tho

bawk. Chuvângin dânah hian, a bîk takin Sabbath serh thû-ah, Pathian laka kan rinawm leh rinawm loh fiah a ni tawh a, a la ni zêl bawk ang.

INZIRTÎR DÂN TÛR

RAHBI 1—Chawk phûr rawh

Bible châng thlûr bing tûr: *Daniela 7:25, Thupuan 14:9.*

THLARAU THANNA ATÂNA THU PAWIMAWH: *Pathian dân hi kan thisen tâna taksa sâwizawi a tûl ang bawkin kan thlarau nun atân thil pawimawh tak a ni a. Taksa tâna thisen a pawimawh ang chiahin Sabbath pawh hi dân tân a pawimawh. Dân hi kan sâkhaw kalpui dân a dik leh a nunzia Pathianin a hriat theihna kawng awm chhun a ni.*

ZÎRTÏRTUTE TÂN BÎK: Kristiante zînga tam tak chuan dân hi an hnâwl tlat mai pek a. Dân zawm chu chhandamna atâna dân zawm a tûl emaw tihna (legalism) nêl an ngaih fin tlat mai. Mahse, a nihna takah chuan dân hi chanchin tsa nêl a lâk hran theih miah loh. Eng vângin maw?

A sawi hawn nân: Kristiante zînga tam tak hi chuan Thu Sâwm Pêka “Sabbath” tih hian eng nî pawh kâwk thei niin an ngâi a. Chatuana Pathian chuan eng nî mah hi dah sân bîk a neiin an ring lo; chawlhkâr khata eng nî emaw berah hian Pathian chibai kan bûk a tûl avângin Sabbath chu eng nî-ah pawh thleng thei niin an ngâi ve hmiah mai a ni.

Sawi ho tûr:

- ① Engati nge Pathian dânin serh tûra min hrilh—”ni sarih nî”— ni lo ni dang lo serh ve ngawtna hian Sabbath-a thlarau chaw awm chu a tihchhiat?
- ② ”Ni sarih nî” ni lo ni dang kan serha Sabbath-in thlarau lam zirlâi min pêk theih kan chôn tûr chu eng nge ni?

RAHBI 2—Zawng chhuak rawh

ZĪRTĪRTUTE TÂN BĪK: Pathian thupêkte hi a fin êm avâng leh, awmze thûk tak a neih vâng ringawta âwih kan ni em? Hlimna min pêk avâng maia zâwm kan ni em? Dân kan zawmna chhan tûr awm chhun chu dân vêkah heti hian a lo sawi a: “Kei hi LALPA in Pathian ka ni” tih hi (*Exod. 20:2, NKJV*). Pathian khawngaihna chu mi mal taka kan lo chan tawhna niin, min hmangaihna min chhandamtu chu keini pawhin kan hmangaih lêt vê bawk avângin a thupêkte hi kan zâwm ngei tûr a ni. Ani chu kan Pathian a ni sî a. Dân hi kan tidanglam a nih chuan Pathian âiin keimahni kan indah lal zâwk tihna a ni dâwn a. Chhan dang eng emaw avânga dân hi kan tidanglam a nih chuan, keimahni dâwt thu phuahchawpin Pathian kan luahlân tihna a ni ang. Chutiang chu Bible chuan “milem biakna” niin a sawi (*Isa. 40:19*).

ZIR ZÂUNA

I. Dân chu khawngaihna a ni (*Genesis 2:16; Sâm 119:29*)

Thil mak angreng tak chu, Pathianin mihringte (Evi leh Adama) hnêna thu a sawi hmasak ber kha thupêk a ni hi a ni: “LALPA Pathian chuan mihring hnênah chuan thu a pê a” (*Gen. 2:16, NKJV*). “Thu pê” tih thumal hian thil eng emaw ti emaw, zâwm emaw tûra hrilh satliah mai ang hi chu a kâwk lo. *Sâm* ziaktu chuan Pathian chuan “thû a pê a,” khawvêl hi a lo awm ta mai niin a sawi (*33:9, Isa. 45:12*). Chutiang chiah chuan, Pathian dân pawh hi thil eng emaw ti tûr min ngenna siam emaw, thil eng emaw kan tih tûr min hrilhna emaw, ti lo tûra min khapna emaw ni ngawt lovin, thilthlâwnpêk a ni mah zâwk. Amah Pathian ngeiin a dân hi mihringte hnênah, an lo hlima an lo fin theihna tûrin (*Sâm 19:8; Deut. 4:5, 6*) a thlâwna a pêk a nih thu a sawi a (*Exod. 24:12, Neh. 9:13*). Chubâkah, Pathian dân chu Pathian khawngaihna târ lanna anga ngaih a ni bawk. *Sâm* ziaktu chuan, “I dân khawngaihna chu min hlân rawh” tiin a sawi (*Sâm 119:29, NJB*).

Sâm ziaktu'n a sawi ang hian khawngaihna leh dân hi thil inrem lo a ni lo. Dik tak pheï chuan khawngaihna chu dân nên inzawm tlat a ni zâwk. Chumi a nihzia entîrna tha tak chu, Pathian thupêk hmasa ber hi a ni. Chu a thupêk hmasa berah chuan thing chi tinrêng an ei theihna tûr thupêk a awm: "Huana thing tinrêng rahte hi i duh duhin i ei thei e," (*Gen. 2:16*, NKJV). Nimahsela, khapna thû emaw, dân emaw pawh a awm tho bawk a, ei lo tûra a hrilh thing rah chu a ei a nih chuan a thi ngei dân sî a. Chutiang chuan Pathian Lehkha Thû-in a sawi angin Pathian dânte hi Pathian thilthlâwnpêk a ni a, mihringte a hmangaihzia leh a khawngaihzia tilangtu a ni.

Ngaihtuah teh: Dân chu Pathian thilthlâwnpêk, mi hmangaihzia tilangtu a ni a. Eng vângin nge dân chu kan zawm ang a, eng tiangin nge kan zawm ang? Eng tiang kawngtein nge Sabbath hi Pathianin min hmangaihzia tilangtu a nih? Eng vângin nge *Sâm* phuahthu leh Paula ngei pawh hian Pathian dân chungah an "lâwm" thû an sawi ve ve le (*Sâm 119:92; Rom. 7:22*)? Eng vângin nge Sabbath serh hi Pathian chungah "lâwmna" tûr a nih (*Isa. 58:13*)?

II. Dân tihdanglamna chu (*Daniela 7:25*)

Bible-a thil siam thu ziahna chângte hian Pathian chu hun thliar hranga tinghetu a nihzia an sawi a (*Gen. 1:14, 17*). Hetianga a tih theihna chhan chu lei leh vân Siamtu a nih vâng a ni. Zâwlnei Daniela chuan hê thû hi rawn nemngheet ve lehin, Pathian chu "hunte leh hunbîte tidanglamtu" (*Dan. 2:21*) a nih thu uar takin a sawi. Chutih rual chuan Daniela hian "ki te tak tê-in" a entîr lalram lo lang tûr leh, chu chuan "hunte leh dân thlâk danglam a tum tûr" thû pawh a hmu bawk a (*Dan. 7:25*, NKJV). "Hunte" tih leh Pathian "dân" a sawi kawp kher hian a kawh chu Sabbath hi a ni tih a Chiang a; a chhan pawh Sabbath chiahi dân zînga hun nêna inzawmna nei awm chhun a ni. Chuti a nih chuan he ki tê tak tê thiltihtheihna hian Sabbath thlâk

danglam a tum dâwn a ni tih kan hre thei ta a. Chu thiltihtheihna chuan sâkhua-thlarau kâwra a hman avâng (*Dan. 7:4, 13*) leh, milem be mîte hnuaia Rome a awm hnua lo chhuak a nih bawk avângin Roman Catholic Kohhran ngei hi a ni tih a kâwk. Daniela hrilhlâwkna pawh khân Siamtu a nihna anga Pathian dinhmun chu he kohhran hian a luahlân dâwn niin a lo sawi tawh bawk a nih kha.

Tichuan, hrilhlâwknain a lo sawi ang chiahin Roman Catholic Kohhran chu a che ta ngei a, Sabbath thianghlimna chu Sunday nia a sawn ve ta ngawt mai a ni. Rome lalte leh Catholic Kohhran hruaitûten Sunday serh an thlan tâk zâwkna chhan chu, hetiang a an tih hian Rome Lalram chhûnga chêng mipuite chu zâi khata luanfîr theih an beisei a ni. Hêng mîte hi ni pathian be ðîn an ni a, an pathian biakna nî Sunday chu an la serh chhunzawm zêl thei dâwn sî a. He an ruahmanna siam hi a hlawhtling hlê a, Roman Catholic Kohhran chuan ram rorêlna thilah pawh huhâng lian tak a neih theih phah ta bawk.

Hetianga Sabbath an thlâk danglam ve ngawt hi insawi thiam tumin kohhran pête (church fathers) chuan ðan an la ta a, Sunday chu Isua thawhleh ni a nih avâng a serh ta niin an insawi ðîn. Hê an insawi thiamna hian Grik mîten khawvêl thil leh thlarau lam thil an ðhen hran ðhin rawng kha a kâi thui hlê a ni.

Ngaihtuah teh: Eng vângin nge Sabbath hi thupêkte zînga ngaimawh rawn hlawh leh thlâk danglam awlsam ber a nih le? Thlâk a nih chhan an sawite aţang hian Sabbath chungchânga ngaihdân dik lo awmte chu eng nge ni?

Tih tûr: Sabbath chu Saturday (Mizoten “Inrinni” an tih hi) aţanga Sunday-a thlâk a nih tawh thu ðan chhan atâna Bible châng an thur chhuah ðhinte hi chutianga hman chî a nih loh dân sawi ho rawh u.

III. Hunte chhinchhiaha (*Thupuan 12:17; 14:9, 12*)

Thupuan Bû-in min hrilh dân chuan, “ki tê tak tê-in” Sabbath thlâk tawh tho mah se, Sabbath chu hun hnuhnungah hian rinawmna fiahna a la nih leh dâwn a ni. Thuthlung Hluiah pawh khân Sabbath chu Pathian leh a mîte inkâra chhinchhiaha atân pêk a lo ni tawh a, Pathian chu anmahni serh hrangtu a ni tih tilangtu a ni (*Exod. 31:13, Ezek. 20:12*). Hmâsâng thuthlungahte pawh khân a lailî takah chhinchhiaha dah òin a ni a; Sabbath pawh hi Thu Sâwm Pêka a laî takah dah niin, chu chuan Sabbath hi Pathian leh a mîte inkâra chhinchhiaha a nihzia a tichiang hle.

Thupuan Bû hian Thuthlung Hlui lehkhabutén Pathian dân laka rinawmna chhinchhiaha nia an sawi—chal leh kuta chhinchhiaha (*Deut. 6:8*) tih chu Pathian hmêlma lama tang a, “Sakawh chibai bûktûte” (*Thup. 14:9, NKJV*) sawina atân a hmang a. Hê chhinchhiaha hian a putu chuan Pathian dân luahlântu dân suak hnênah a inpe tawh tih a lantîr. Siamtu chu chibai bûk lo va, sakawh zâwk chibai bûk tlatna hian Sabbath pawimawhzia a tilang a, a chhan pawh Sabbath hian Siamtu laka rinna nghah ngamna a lantîr vâng a ni (*Exod. 20:11*). A châng dawt leh chiah pawh hian hê thupêk hi “mi thianghlim,” “Pathian thupêkte zâwm a, Isua zuitu rinawmte-ah” hmeh bel a nihzia a tilang leh bawk (*Thup. 14:12; Thup. 12:17*).

Ngaihtuah teh: Seventh-day Adventist tu emaw hnênah Sabbath a ngaih dân i zâwt a nih chuan, “Sunday hi chu Sabbath (Chawhni) a ni lo hrim hrim” tiin a chhâng maithei che a. Hê chhânnaah hian thutak eng emaw chu awm tho mah se, thutak hlâwm chu a ni sî lo. Eng vâng nge a nih loh?

RAHBI 3—A taka nunpui tûr

ZÎRTÏRTUTE TÂN BÏK: Kohhran pâten ni sarîh ni Sabbath an serh duh lohna chhante chu sawi ho rawh u. Juda-te huatna rilru leh Sabbath hnâwl a nihna inzawm dân pawh sawi ang che u.

Ngaihtuah zui tûr/a taka nunpui tûr zawhnate:

- ① Eng tin nge Sabbath hi Pathian chhinchhiahna dik tak a ni tih tilang tûrin kan serh ang?
- ② Juda rabbi pakhat chuan, “Nangni Seventh-day Adventist-te chuan Sabbath in *vawng* (*keep*) a; keini chuan kan *lâwm* (*celebrate*) thung asîn” tiin a sawi a. “Vawng/Serh” leh “lâwm” danglamna chu eng nge ni?

RAHBI 4—Boruak siam rawh

ZÎRTÎRTÛTE TÂN BÎK: I class member-te hnênah khân thupêk dang zawng zawngte âia Sabbath thupêk danglam bîk dân lantîr la. Sabbath hi rinawmna finfiahna hnuhnung ber a la nih dân tûr hrethiam thei tûrin hrilhfiah bawh ang che.

Tih tûrte

- ① Sabbath an serh avâng a tihduhdahna tâwk mi tûte emaw chanchin in hriat sawi ho rawh u.
- ② Eng vângin nge inkhuahkhirhna a nasatna ramah âiin ram zalên deuhah hian Sabbath serh a harsat zâwk hlauh thîn le?