

## Kuphila ngaMoya



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### INTSAMBAMA YANGESABATHA

#### Fundzela Sifundvo saleliviki:

Gal. 5:16 – 25; Duth. 13:4, 5; Rom. 7:14 – 24; Jer. 7:9; Hos. 4:2; Mat. 22:35 – 40.

#### Livesi Lekukhunjulwa:

“Kodvwa ngitsi, hambani ngaMoya, khona ningetiwufeza tinkhanuko tenyama” (KubaseGalathiya 5:16, ESV).

**L**enye yetingoma letsandvwa kakhulu ngemaKhristu nguleyaRobert Robinson letsi, “Woza, Mthombo Wezibusiso.” Robinson, noko, bekangesiyo indvodza leyayikholwa ngaso sonkhe sikhatsi. Kufa kweyise kwamshiya atfukutsele, wangenela ekutitikeneni nasekudzakweni. Ngemuva kwekulalela umshumayeli weludvumo George Whitefield, Robinson wanikela kuphila kwakhe eNkhosini, waba ngumfundisi waseWeseli, wabhala naleyongoma futsi, ekucaleni leyayifaka lemigca letsi: “Nginelicala, lelikhulu, Ngemusa lowangipha wona / Onkhe emalanga ngicindzetelekile ngibe njalo! / Vumela kulunga kwaKho njengesibopho, kubophele ndzawonye kuWe inhlitiyo yami lenhlanhlatsako.” Ngekungaphatseki kahle ngalomugca lokhuluma ngekunhlanhlatsa kwenhlitiyo yemKhristu, lomunye wawagucula lamagama kute afundzeke atsi: “Ngiphangise kukhonta, Nkhosi, Ngiyativela, Ngiyaphangisa kutsandza Nkulunkulu lengimsebentelako.”

Nangetulu kwaletinhloso letinhle temhleli, lamagama ekucala bekachazisisa ngalokuphelele ngekuzabalaza kwemaKhristu. Njengebantfu labangemakholwa sinemvelo leyehlukana kabili, inyama neMoya, futsi ihlala iphambana. Naloku indalo yetfu yesono itawuchubeka “nekusheshisa” kunhlanhlatsaka ikhweshe kuNkulunkulu, nangabe sifuna kutinikela eMoyeni waKhe, akufuneki sigcilatwe tinkhanuko tenyama. Lona ngulomnyombo wengcikitsi yemlayeto waPawula kulamavesi aleliviki.

\* Fundza Sifundvo saleliviki ulungiselele liSabatha, Inyoni 16.

## Kuhamba kuMoya

**Fundza baseGalathiya 5:16. Lomcondvo we-“kuhamba” utsintsana kanjani nekuphila kwekukholwa? Duth. 13:4, 5; Rom. 13:13; Efesu 4:1, 17; Khol. 1:10.**

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“Kuhamba” kusingatsekiso lesisuselwa eThestamenteni Lelidzala lesichaza lendlela umuntfu lafanele atiphatse ngayo. Pawula, ngekwakhe lobekangumJuda, usebentisa lesingatsekiso kanyenti etincwazini takhe kuchaza loluhlobo lwekutiphatsa lokubhekeke kuphawule imphilo yemKhristu. Kusebentisa kwakhe lesingatsekiso kungenteka kutsi kuchumene nelelibito lekucala lebelihambisana neliBandla lasendvulo. Ngaphambi kwekutsi balandzeli baJesu babitwe ngekutsi ngemaKhristu (Imis. 11:26), bebatiwa njengebalandzeli “beNdlela” (Johane 14:6, Imis. 22:4; 24:14). Loku kuncoma kutsi, etinsukwini takucala, buKhristu babungesibo nje umbutsano wetinkholelo tetimfundziso teliBhayibheli letatigcile kuJesu kodvwa babuphindze bube “yindlela” yekuphila lefanele “ihanjwe.”

**Sehluke ngayiphi indlela singatsekiso saPawula lesimayelana nekuhamba kuleso lesitfolakala eThestamenteni Lelidzala? Catsanisa Eks. 16:4; Lev. 18:4; Jer. 44:23; naGal. 5:16, 25; Rom. 8:4.**

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Kutiphatsa eThestamenteni Lelidzala kwakungachazwa kamalula njenge “kuhamba” kodvwa kakhulukati njenge “kuhamba emtsetfweni.” Halakhah ligama leliseMtsetfweni emaJuda lalisebentisa kukhomba imitsetfo netinchubo letitfolakala emtsetfweni nasemasikweni lafundziswa nabo abokhokho babo ebuRabbi. Ngalesikhatsi Halakhah avamise kuhunyushwa ngekutsi “ngumtsetfo wemaJuda,” leligama ecinisweni lisuselwa egameni lesiHebheru lelimele “kuhamba” nangalokwetayelekile lisho “indlela yekuhamba.” Inkhulumo yaPawula lengeku “hamba kuMoya” ayisiyo lephambana nektufobela umtsetfo. Akahlongoti kutsi emaKhristu afanele aphile ngendlela leyephula umtsetfo. Phindze, Pawula akaphikisani nemtsetfo noma ktufobela umtsetfo. Langahambisani nako ngulendlela yekulandzela inchubo yemtsetfo lapho umtsetfo udlabhatiswa khona. Ktufobela lokungiko lokufunwa nguNkulunkulu angeke sekutfolakale ngekucindzetelwa kwangaphandle kodvwa kuphela ngekukhutsatwa kwangekhatsi lokukhicitwa ngaMoya (Gal. 5:18).

**Abe yini emava akho ekuhamba kuMoya? Ukwenta kanjani loko? Mikhuba mini emphilweni yakho leyenta loluhlobo lwekuhamba lubelukhuni kakhulu?**

## Kushayisana KwemaKhristu

**“Ngobe inyama ikhanuka lokuphambene naMoya, naMoya uphambene nenyama: ngobe kokubili kuyaphikisana: kuze kutsi ningetikwenta lenikutsandzako” (Gal. 5:17; buka ngalokunjalo Rom. 7:14 – 24). Uwaffole kanjani, wena, emphilweni yakho njengelikholwa, emava langawo lakhahlako nalabuhlungu alamagama?**

Lokuzabalaza lokuchazwa nguPawula akusiko kuzabalaza kwawonkhe muntfu; kucondzise ikakhulu kulomgico-mgico wangekhatsi lowenteka kumKhristu. Ngenca yekutsi bantfu batalwa banekunakana netinkhanuko tenyama (Rom. 8:7), kungulapho batalwa kabusha kuphela ngaMoya lapho kushayisana kwangempela kwakaMoya kucala kubonakala (Johane 3:6). Loku akusho kutsi labangesiwo emaKhristu ababhekani nekushayisana kwekutiphatsa; vele nabo bayabhekana nako. Kodvwa ngisho naloko kushayisana ekugcineni kuba ngumphumela waMoya. Lokuzabalaza kwemKhristu, noko, kutsatsa indlela lengakatayeleki, ngobe likholwa linetindalo letimbili letilwisana todvwa, inyama kanye naMoya.

Emlandvweni wonkhe, emaKhristu bekanguloku alangatelela kuphumula kulomshikashika. Lamanye afune kucedza lokushayisana ngekukhwesha emmangweni, kwatsi lamanye batsite indalo yesono ingacedvwa ngesento lesitsite lesingwele semusa. Yomibili lemetamo ngalokulicinisio yedukile. Naloku singatincoba ngemandla akaMoya letinkhanuko tenyama, lokushayisana kutawuchubeka ngetindlela letehlukene size semukele umtimba lomusha ekuBuyeni kwesiBili. Kubaleka emmangweni akusitani, ngobe akukhatsalekile kutsi siyakuphi, sitfwala lomzabalazo sihambe nawo, futsi sitawuchubeka kuze kufike kufa noma kuBuya kwesiBili. Pawula nakabhala kubaseRoma 7 ngekushayisana kwangekhatsi kumaKhristu njengalokuwavimbela kutsi ente loko lakufunako, ugcizelela lokuphelela kwaloko kushayisana. Ngenca yekutsi sinetindalo letimbili, ngalokungiko sikutotimbili letinhlangotsi talemphi ngesikhatsi sinye. Lencenye yakaMoya yetfu ikhanuka lokuwakaMoyafutsi ayikutsandzi kwenyama. Lencenye yetfu yenyama, noko, ifisa tintfo tenyama iphindze iphikisane naloko kwakaMoya. Ngobe Lengcondvo lephendvukile ibutsakatsaka kakhulu kubalekela inyama ngekwayo, litsemba lelilodvwa lesinalo lekwehlula inyama kwenta sincumo samalanga onkhe sekuba seluhlangotsini IwaMoya siphikisane nesimo setfu sesono. Loku kungaleso sizatfu Pawula agcizelela kangaka kutsi sikhsetse kuhamba ngaMoya.

**Kususela kumava akho ngalemphi lesemkhatsisini waletindalo letimbili, seluleko sini longasiniketa umKhristu lowetama kucondzisisa lokuzabalaza lokungapheli lokubhekene namine?**

## Imisebenti yeNyama

Nasesikwetfulile kushayisana lokukhona emkhatsini wenyama naMoya, Pawula kubaseGalathiya 5:18 – 26 uyenaba ngendalo yalokucatsanisa ngekusebentisa luhla lwemasu netimfanelo letihambisana nekutiphatsa lokungiko kwebantfu. Loluhla lwemacebo netimfanelo lwaluyintfo leyahlelwa kahle lekhona kuyo yomibili imibhalo yemaJuda nembuso wenhlanganisela yemaGreki nemaRoma. Loluhla lolu lwalukhombisa indlela yekutiphatsa lefanele ibalekelwe netimfanelo letibhekeke titsatfwe.

**Hloa ngekucaphelisisa luhla lwemacebo netimfanelo kuletinzima letilandzelako ngentansi. Luhla lwaPawula kubaseGalathiya 5:19 – 24 lufana ngatiphi tindlela lubuye lwehluke kanjani kuletinhlobo letilandzelako teluhla? Jer. 7:9; Hos. 4:2; Makho 7:21, 22; 1 Thim. 3:2, 3; 1 Phet. 4:3; Semb. 21:8.**

Naloku Pawula bekati kamhlophe ngeluhla lwemasu netimfanelo, kunemehluko lomkhulu kulendlela lasebentisa ngayo loluhla lolubili kubaseGalathiya. Kwekucala, ngisho naloku Pawula acatsanisa loluhla lolubili, akacondzisi kulo ngendlela lefananako. Luhla lwemacebo ulubita njenge “misebenti yenyama” kodvwa lwetimfanelo luhla njenge “sitselo sakaMoya.” Lona ngumehluko lobalulekile. Njengekubhala kwaJames D.G. Dunn, “inyama iyafuna, kepha Moya uyatsela. Lapho khona lunye luhla luphefumula umoya wenshisekelo wekutetsembe nekwandza lokwesabisako kwekutentela, lolokunye kukhuluma kakhulu ngekukhatsateka ngalabanye, sizotsa, kubhekana netimo letimatima, nekwetsenjwa. Lunye luhla lwetfula kudlalwa kwebantfu, lololunye kuphumeleliswa lokungcwele noma kwentelwa umusa, kucinisekiswa leliphuzu lekutsi lengucuko yangekhatsi ingumfombo wekutiphatsa lokufanele.” – *The Epistle to the Galatians*, p. 308. Lomehluko wesibili lojabulisako losemkhatsini waloluhla lolubili lwaPawula kutsi loluhla lwemasu lubitwa ngamabomu njengalolunyenti ngelinani: “imisebenti yenyama.” “Sitselo sakaMoya,” noko, sisebunyeni. Lomehluko ungachaza kutsi imphilu lephilwa enyameni ingeke seyikhutsate lutfo kwendlula kwehlukana, umsindvo, kungahlanganyeli ndzawonye, nekungabi munye. Ekucatsaniseni, imphilu lephilwa endzaweni yakaMoya itsela sitselo sinye sakaMoya, lesitibonakalisa sona ngetimphawu letiyimfica letiletsa bunye.

Kulesimo lesi, labanye bantfu batsi loku umuntfu lakukholwako ngaNkulunkulu akunandzaba ecinisweni kuphela nje nangabe acotfo. Kute lokungakhwesha ecinisweni. Luhla lwaPawula lwemacebo luchaza lokwehlukile: imibono lekhohlakele ngaNkulunkulu iholelana emicondvweni lephambene ngemikhuba yekutiphatsa yebulili kanye nenkholo, netimiso letinhle, letiphetsela ekubhidlikeni kwebudlelwane bemuntfu. Kwendlula kuloko, ingaholelana ekulahlekelweni kuphila lokuphakadze, ngalokunjalo (Gal. 5:21).

**Buka lonkhe loluhla “lwemisebenti yenyama.” Ungakubona ngatiphi tindlela lokwepulwa kwamunye noma leminyenti yaLemitsetfo Lelishumi?**

## Sitselo sakaMoya (Gal. 5:22 – 24)

**“Kodvwa sitselo sakaMoya lutsandvo, kujabula, kuthula, kubeketela, bubele, kulunga, kwetsembeka, kutfobeka, nekutibamba; kute umtsetfo lophambene naletintfo” (Gal. 5:22, 23, ESV). Kutfobela iMitsetfo leLishumi kungasikhombisa ngatiphi tindlela sitselo sakaMoya njengaloku kukhulunye ngaso kulamavesi? (Buka ngalokunjalo Mat. 5:21, 22, 27, 28; 22:35 – 40.)**

Imitsetfo leLishumi ayisiyo indlela leyehlukile kunelutsandvo; iyasisita ekusiholeni ekusini singalukhombisa kanjani lutsandvo, kuNkulunkulu nakubantfu. Noma kungengca incwadzi yemtsetfo kangakanani, lutsandvo alushayisani nemtsetfo. Lomcondvo lotsi lutsandvo lwaNkulunkulu nelutsandvo lwabomakhelwane betfu lucitsa Imitsetfo leLishumi wenta umcondvo longako njengekutsi lutsandvo lwendalo lubulala umtsetfo wemandla emhlaba. Futsi, ngekucatsanisa ngekusebentisa leligama linye kulalishumi nesihlanu lachaza imisebenti yenyama, sitselo sakaMoya sona sichazwa ngemagama layimfica etimfanelo letinhle. Bafundzi beliBhayibheli bakholelwa kutsi letimfanelo letiyimfica tihlelwe taba emacembu lamatsatfu kulokutsatfu, kodvwa kunekuvumelana lokuncane ngekubaluleka kweluhlelo lwato. Labanye babona kukhomba lokusebaleni kuleticu tebuNkulunkulu kulenombolo lekhomba butsatfu; labanye bakholelwa kutsi lobutsatfu amunye bukhombisa letindlela lesifanele sihambisane ngato naNkulunkulu, nabomakhelwane betfu, ekugcineni futsi nakitsi; nalabanye babona loluhla njengekuchazwa lokudzingekile kwaJesu. Naloku ngamunye walemibono unebuhle bawo, liphuzu lelibonakala kakhulu lelingakafaneli kutsatselwa phansi ngulobumcoka lobuncomekako Pawula labubeka elutsandvweni emphilweni yemKhristu.

Lenzaba yaPawula yekubeka lutsandvo njengemfanelo yekucala kuleti letiyimfica akusiso siphosiso. Sewuvele uyiphawulile indzima leyingcikitsi yelutsandvo emphilweni yemKhristu kubaseGalathiya 5:6 na 13, uphindze ayifake eluhlwini lwakhe lwetimfanelo kulenye indzawo (2 Khor. 6:6; 1 Thim. 4:12; 6:11, naku 2 Thim. 2:22). Kantsi – ke tonkhe leletinye timfanelo tibonakala kuleminyane imitfombo lengesiyo yemaKhristu, lutsandvo lona ngalokukhanyako lebuKhristu. Konkhe loku kukhombisa kutsi lutsandvo lufanele lutsatfwe hhayi kamalula njengemfanelo yinye emkhatsini waletinyenti kodvwa njengemfanelo leyinkhomba yebuKhristu lemcocka kunato tonkhe leletinye timfanelo. Lutsandvo lusitselo sakaMoya lesingetulu kwaleletinye (1 Khor. 13:13; Rom. 5:5), lufanele futsi luchaze imphilo netimo tawo wonkhe umKhristu (Johane 13:34, 35), noma kungaba lukhuni kangakanani ngaletinye tikhatsi kukhombisa lutsandvo.

**Kutidzela lokungakanani lokudzingekako ekukhombiseni lutsandvo? Ungamtsandza yini lomunye ngaphandle kwekutidzela? Jesu usifundzisani macondzana nelutsandvo kanye nekutidzela?**

## Indlela yeKuncoba

Naloku kushayisana kwangekhatsi enkhatsini wenyama naMoya kutawuchubeka njalo nekutfolana etulu enhlityweni yalo lonkhe likholwa, imphilo yemKhristu ayikafaneli kubuswa kuncotjwa, kwehluleka, nesono.

### **Ngekusho kwebaseGalathiya 5:16 – 26, liyini likhambi lekuphila imphilo lapho Moya abusa khona ngetulu kwenyama?**

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BaseGalathiya 5:16 – 26 bacuketse tento letibalulekile letisihlanu letichaza luhlobo lwemphilo lapho kubusa khona Moya. Kwekucala, likholwa lifuneka “lihambe” ngaMoya (vs. 16). Sento selulwimi lwesiGrecki ngu peripateo, lesichaza ngalokwetayelekile “kuhambahamba noma kulandzela.” Balandzeli besati senhlananipho semGrecki lesidvumile Aristotle, bagcine sebitwa njengebantfu labahamba besuke kulenye indzawo baye kulenye ngobe bebalandzela Aristotle yonkhe indzawo lapho aya khona. Lenzaba yekutsi lesento sisesikhatsini sanyalo ikhomba kwekutsi Pawula akakhulumu nje ngekuhamba lokwetayelekile kodvwa lokungenani emava lenteka onkhe malanga. Kwengeta, ngenca yekutsi kuphindze kube ngumyalo “kuhamba” ngaMoya, kusho kutsi kuhamba ngaMoya kukukhetsa lesifanele sikwente onkhe malanga. Lesento sesibili “kuholwa” (vs. 18). Loku kukhombisa kutsi siyakudzinga kuvumela Moya asihole siye lapho sifanele siye khona (catsanisa naRom. 8:14; 1 Khor. 12:2). Akusiwo umsebenti wetfu kuhola kepha wetfu kulandzela.

Letento letilandzelako letimbili titfolakala kubaseGalathiya 5:25. Lesekucala “kuphila” (zao ngesiGrecki). Nge “kuphila,” Pawula ucondzise kumava ekutalwa kabusha lokufanele kuphawule imphilo yalo lonkhe likholwa. Kusebentisa kwaPawula kwesikhatsi sanyalo kukhomba kumava ekutalwa kabusha lokufanele kuvusetelwe malanga onkhe. Ngobe siphila ngekukholwa, Pawula uyachubeka nekubhala kutsi siphindze sidzinge “kuhamba” ngaMoya. Ligama lelihunyushwe latsiwa “hamba” lehlukile kulelo lelikuvesi 16. Leligama lapha ngu stoicheo. Liligama lelisetjentiswa emphini lelichaza ngalokwatiwako ngekutsi “kudvweba umugca,” “kuchubeka esinyatselweni,” noma “kulanzelele inchubo.” Lomcondvo lolapha wekutsi Moya akasiniketi kuphila kuphela kodvwa ufanele ucondzise timphilo tetfu onkhe malanga ngalokunjalo. Lesento lesisetjentiswa nguPawula kuvesi 24 sitsi “kubetsela.” Loku kuyetfusa kancane. Nangabe kudzingeke silandzele Moya, sifanele sente sincumo lesicinile sekubulala letinkhanuko tenyama. Kunjalo, Pawula ukhuluma ngekusebentisa imifanekiso. Sibetsela inyama ngekondla imphilo yetfu yakaMoya nangekulambisa letinkhanuko tenyama.

**Tingcuko tini nekukhetsa lofanele ukwente kuze ube nekuncoba lotsenjiswa kona ekuncobeni kwaKhristu nyalo lokuchubeka nekukweca?**

## Lomunye Umcondvo:

“Imphilo yemKhristu ayisiyo lenhle ngaso sonkhe sikhatsi. Unekushayisana lokumatima lafanele abhekane nako. Tilingo letilukhuni tiyamhlasela. ‘Inyama ikhanuka lokuphambene naMoya, naMoya loko lokuphambene nenyama.’ Nasisondzela kakhulu edvute ekupheleni kwemlandvo walomhlaba, kuhlasela kwesitsa kwekukhohliswa nekqwesiywa kutawuba kunyenti. Kuhlasela kwaso kutawanda kakhulu kwesabeke futsi kube kunyenti. Labo labamelana nekuqhanya kanye neliciniso bawuphendvuka babelukhuni kakhulu phinde bangajabuliseki, babe nenzondo lenkhulu kulabo labatsanda Nkulunkulu nalabacina imitsetfo yaKhe (MS 33, 1911).” – Ellen G. White Comments, *The SDA Bible Commentary*, vol. 6, p. 1111. “Lamandla aMoya LoNgewele akuphila kwemKhristu emphfumulweni. Asimboni Khristu siphindze sikhulume naYe, kodvwa Moya waKhe LoNgewele usedvute nje natsi endzaweni yinye njengakulenyane. Usebenta ngekhatsi nangemuntfu wonkhe lowemukela Khristu. Labo labakwatiko lokuhlala ngekhatsi kwaMoya babonakalisa titselo taMoya – lutsandvo, kujabula, kuthula, kubeketela, bubele, kulunga, kukholwa (MS 41, 1897).” – Ellen G. White Comments, *The SDA Bible Commentary*, vol. 6, p. 1112.

## Imibuto Yekucocisana:

1. Cabanga kabanti ngalomcondvo wekubetsela tinkhanuko tenyama. Kusho kutsini loko? Sikwenta kanjani? Sifanele sikwente emahlandla lamangakhi? Pawula angasisebentisa kanjani sento lesinemandla kanjena? Kusitjela kutsi ilukhuni kangakanani lemphi namine ngalokusebentisa kwakhe leligama lelitsi betseta?
2. Nguyiphi lendzima, nayikhona, ledlalwa ngemandla emuntfu ekutseleni sitselo sakaMoya? Emava akho akutjela kutsini ngalenzima?
3. Pawula utsi labo labangenela umkhuba wemisebenti yenyama bangeke bavumelane yini nalenkhulumo kanye neliciniso lekutsi Pawula utsi sisindziswa ngekukholwa hhayi ngemisebenti?
4. Ekuhambeni kwakhona Nkulunkulu, bulukhuni buni lobukhulu lohlangene nabo? Akusiso yini sono naloko lokwentiwa sono ebudlelaneni bakho naNkulunkulu? Ngumuphi umKhristu longazange ativele ayedvwa, anekungabata, nekujabhiseka ngenca yesono emphilweni yakhe, ikakhulukati ngobe sinesetsembiso sekuncoba sono? Nasibuka leliciniso esimeni sekuncoba sono, kudzingeke ngani kutsi ngaso sonkhe sikhatsi sikhumbule kutsi kusindziswa kwetfu kuncike kakhulu kuloko Jesu lasentela kona tsine?

## Sifinyeto:

Naloku emphilweni yemakholwa onkhe kushayisana kukhona emkhatsini wetinkhanuko tenyama netifiso takaMoya, imphilo yemKhristu ayikabhekeki kufanelwa kwehluleka. Ngobe Khristu wawancoba emandla esono nekufa, imphilo yemKhristu ingaba yimphilo lapho Moya abusa khona, aletsa tipho temusa waNkulunkulu onkhe malanga letisenta sikwati kukhweshisa tinkhanuko tenyama tibe selusetsentseni.

