

THLARAUA NUNGIN



CHÂNGVAWN: “Chutichuan hei hi ka ti a ni: Thlarauvah awm rawh u, tichuan tîsa châkna chu in zâwm dân lo nia,” (*Galatia 5:16*).

SABBATH CHAWHNU

SEPTEMBER 9

Chhiar tûrte: *Deuteronomi 13:4, 5; Jeremia 7:9; Hosea 4:2; Matthaia 22:35–40; Rome 7:14–24; Galatia 5:16–25.*

KRISTIAN hlaa mîte duh rawn ber pakhat chu Robert Robinson-a phuah, “Malsâwm tinrêng hnâr, lo kal la” tih hi a ni. Amaherawhchu, Robinson-a kha rinna chak tak a ni reng bîk hauh lo va. A pa thihna chuan a tithinrim êm êm a, chuvâng chuan nawmsipbawl na lamah a tân ta vak mai a, zû a heh hle baw. Thuhrlitu lâk tak George Whitefield-a thusawi a ngaihlhâk hnu-ah a nun chu LALPA hnênah a hlân ta a, Methodist pastor lo niin, he hla hi a lo phuah chhuak ta a ni. A châng thumna leh tâwp ber ni bawkah chuan heti hian a sawi nghe nghe: “LALPA, i khawngaihna batu/Ka va ni êm, nî tin hian/Chutin ka thinglung bo hmang hi/Thlung la, i khawngaih hruai chuan.”

Kristian thinglung ni ve si, bo leh fo mai chu âwm ang lo riauva a hriat avângin mi tu emaw chuan heti hian a thlâk ta daih a: LALPA, nangmah chibai bûk tûr leh a rawng ka bawl Pathian hmangaih tûr ka nihzia ka inhria e,” tiin.

Hetianga thlâktu hian rilru ̄tha tak p̄u-in a ti chu ni tho mah se, ama ziah dân hian Kristian nun awmzia dik tak chu a sawifiah ̄tha zâwk a. Ringtute hian nihphung pahnih kan nei a, chu chu tisa leh Thlarau niin, hêng nihphung pahnihte hi an inbei tawn reng bawk. Kan nihphung soal zâwk chuan Pathian bosan tum rân reng tho mah se, a Thlarau hruai tûra kan inpêk phawt chuan tîsa duhzâwng anga awmna salah kan tâng chuang lo vang. Hei hi tûn kâra kan thu zir tûrten an sawi ber pawh a ni bawk.

SUNDAY

SEPTEMBER 10

Thlarauva awmin

Galatia 5:16 chhiar la. “Awm” tih thu hian rinna nun nêh eng nge inzawmna a neih sawi rawh. *Deuteronomi 13:4, 5; Rome 13:13; Efesi 4:1, 17; Kolosa 1:10.* _____

“Awm” tih thu hi Thuthlung Hlui lehkhabu atanga lâk chhâwn niin, mihring nun dân tûr sawina atân hman ̄thin a ni a. Paula pawhin, Juda mi a nih ve tho avângin, he tehkhin thu ̄tawngkam hi Kristian nun kaihruaitu tûr nungchang sawifiah nân a lehkhathawnahte hian a hmang fo va. He ̄tawngkam a hman chhan hi kohhran hmasate sawina a nih vâng nêh pawh a inzawm niin a lang. Isua zuitute kha “Kristiante” (*Tirh. 11:26*) tia koh an nih hma chuan “Kawng zuitute” tia hriat ̄thin an ni a (*Joh. 14:6; Tirh. 22:4; 24:14*). Heta ̄tang hian, a tîr tê atang khân, Kristian sâkhua chu Isuaa inthlung thurin eng eng emaw fawm khâwm ni mai lovin, a zawha zawh tûr nunna “kawng” a ni tel nghâl bawk a ni tih a lang.

Engtiangin nge “awm” tih chungchâng Paulan a hman dân hi Thuthlung Hlui lehkhabutén an hman dân nêh a danglam? *Exodus 16:4; Leviticus 18:4; Jeremia 44:23* te hi *Galatia 5:16, 25; Rome 8:4* nêh khaikhin rawh.

Thuthlung Hluiah chuan nun dân tih hi “awm” ti maia sawi a ni ngai lo va, “dân anga awm”/”dân thute zâwm” tia sawi a ni deuh kher thîn. Juda-te chuan dân bu leh an thlahututen an lo tih thîn dân ziah khâwmna lekhabu te sawina atân tawngkam pakhat *Halakhah* tih an hmang thîn a. *Halakhah* chu “Juda-te dân” tia lehlin thîn a nih tho rualin, a Hebrai thumalin a kawh tak zâwk chu “kal” emaw, “awm” emaw a ni a, a awmzia chu “kal dân” emaw, “awm dân” emaw tihna a ni.

Paulan “Thlarauva awm/kal” thu a sawi hi dân zawmna nêna a inkalh miah lo va. Kristiante chu dân kalh zâwng takin an nung tûr a ni a tihna a ni lo. Sawi fo tawh angin, Paula hian dân emaw, dân zawm emaw a dodâl ngai lo rêng rêng a. A do zâwk chu dân alo aluata zawm châwi vâwng dân hman sualna hi a ni. Pathianin a duh dân zawmna dik tak chu pâwn lam lang theia intihluhna ni lovin, chhông lama Thlarauvin hna a thawh avânga zawmna a ni zâwk (*Gal. 5:18*).

“Thlarauva awm” tih chungchânga i thil lo tawn tawhte chu eng nge ni? Chutianga i awm theihna tûr dâl thei thil eng engte nge awm?

THAWHTANNI

SEPTEMBER 11

Kristian nuna thil pahnih inbei tawn rengte

“Tisâ hian thlarau dona lam a châk thîn, Thlarau pawhin tisa dona lam a châk baw si thîn; thil tih in tumte chu in tih theih loh nân chûngte chu a inkalh si a” (*Gal. 5:17; Rome 7:14–24*). Hêng thute hi a dikzia hre tûrin eng thilte nge i lo tawn ve tawh sawi rawh.

Heti laia Paulan inbeihna a sawi hi mihring zawng zawngah a thleng vek lo va; Kristian nuna thil pahnih inpawt tawn reng awm chungchâng a sawi mai zâwk a ni tih hria ila. Mihringte hi tisa duhzâwng nêna inrem tûra piang kan nih hlawm tlat avângin (*Rome 8:7*), Thlarauvin mi a tihpianthar

veleh thlarau lam indona tak tak chu a lo thleng ve chawpchilh nghâl mai thîn a ni (*Joh. 3:6*). Hetia kan sawi hian Kristian ni ve lote chuan thil dik leh dik lo thliar hran thu-a rilru insual thîn hi an nei ve ngai lo kan tihna chu a ni lo. Anni pawhin an nei ve teh meuh mai a; mahse chu pawh chu Thlarau hnathawh avânga lo thleng tho a ni. Kristian nuna inbeihna erawh hi chu a dân a rawn dang ta hle a, a chhan pawh ringtute hian eng lai pawha inbei tawn reng nihphung pahnih-tisa leh Thlarau an neih tlat vâng a ni.

Kohhran chanchin kal tawh kan thlîr kîr chuan he inbeihna aṅanga fihlim daih châk hi an tam hle thîn a ni tih kan hmu ang. Kristian thenkhat chuan he inbeihna hi mi dangte laka inlâk hranna hmanga tihtâwp an lo tum tawh thîn a, chutih laiin thenkhat dang chuan he nihphung sual tak mai hi Pathian khawngaih thiltih eng emaw hmanga tihreh theih niin an lo sawi ve thîn bawk a. Mahse a pahnih hian a dik lo ve ve. Thlarau thiltitheihna azârah tisa duhzâwngte hi kan tudai thei ngei mai tak a; nimahsela Isua lo kal leh huna taksa thar kan put hma loh chuan he inbeihna hi kawng hrang hrangin a la kal chhunzawm zêl rih dâwn a. Khawtlâng aṅanga inlâk hran avâng ngawtin inbeihna hi a tâwp dâwn lo va, kan kalna hmun apiangah min rawn zui ve zêl zâwk ang.

Kristiante chuan chhûng lam indona an hmachhawn mêk avângin an duh ang thil tha pawh an tih theih loh thu Paulan a sawi hian, chu inbeihna chuan a huam zau hle a ni tih sawi a tum ber a. Nihphung pahnih kan neih tlat avângin a nihna takah chuan a khawi lam lamah pawh kan ṅang ve ve tihna a ni. Keimahnia thlarau lam chuan thlarau thilte a châkin, tisa thil erawh a ngaithei lo hle a. Chutih laiin, keimahnia tisa lam chuan tisa thilte a châkin thlarau thil erawh a do ve ngar ngar thung. Piangthar tawh ni tho mah ila, kan rilru hi amah maia tisa thil do tûr chuan a chak tâwk lo hlê sî a, tisa duhzâwng kan tukdawl theih dân awm chhun chu ni tina kan nihna sual dodâl tûra Thlarau lama ṅan zêl a ni. Hei vâng tak hian Paula

pawhin Thlarauva awm zêl tum tûrin min chah lawm lawm rêng a ni.

Nangma nuna hêng nihphung pahnihte inbeih tawn dân aţang khân ngaihtuah la, i Kristianpuite hnênah hemi chungchângah hian eng thurâwn nge i pêk theih awm le? _____

THAWHLEHNI
Tîsa thiltihte chu

SEPTEMBER 12

Tîsâ leh Thlarau inbeih tawn reng thu a sawi hnuah Galatia 5:18–26-ah hian hêng nihphung pahnihte inan lohna chu a thiltihte ve ve-te târlangin a sawi zau leh ta a. Hetianga thil  a emaw, thil  a lo emaw ziah tlar duat hi Juda-te leh Greco-Roman te thuziakah chuan thil pangngai tak a ni rêng a. Paula thil ziah pawh hian kan pumpelth t r nungchang  a lo leh neih ve kan tum t r nungchang dikte chu min hrih a ni.

A hnuuia Bible ch ng târlanten nungchang  a leh nungchang  a lo an sawite hi ngun takin chhiar la. Engtiang kawngin nge Galatia 5:19–24-a Paula sawi leh hêng ch ngten an sawi hi a inan a, a danglam baw sawi rawh. *Jeremia 7:9; Hosea 4:2; Marka 7:21, 22; 1 Timothea 3:2, 3; 1 Petera 4:3; Thupuan 21:8* _____

Paula hian mi dangten nungchang  a leh nungchang  a lo hrang hrang an ziah chhuahte hi a hre Chiang ve tho nachungin, Galatia Lehkathawna a hman dân n n hi chuan danglamna lian tak tak a awm a. A hmasa berah chuan, Paula hian hêng nungchang chi hnihte inlan lohna hi sawi ve tho mah se, a sawi dân phung erawh a inang lo va. Nungchang  a lote chu “tisa thiltihte” tiin a sawi a, nungchang  ate erawh chu “Thlarau rah” tiin a sawi ve thung. Hêng nungchang pahnihte inan lohna hi hriatthiam a pawimawh hle mai. James D.G. Dunn-a chuan ti hian a lo ziak a: “T s  chuan thil ph t a

nei a, Thlarau erawh chuan a pe chhuak thung. A hmasa zâwk hi chuan mahni châk zâwng leh duhzâwng ringawt a ngaihtuah a, a hnuhnung zâwk erawh hi chuan mi dangte a ngaihsak a, a dam thlap a, a dawhthei a, a rintlâk êm êm baw. Pakhat hian mihringin kan duhzâwng anga thil kan sîksâwi nasat thinzia a tilang a, pakhat dang hi chuan Pathianin min tanpui a, chhông lama siam tharna hi nungchang rintlâk neih theihna hnâr a ni tih min hriattîr ve thung a ni.”—*The Epistle to the Galatia*, p. 308.

Nungchang tha leh nungchang tha lo a ziah chhuahte danglamna lian tak dang leh chu nungchang tha lote hi pakhat chauh anga sawiin, “tisa thiltihte” a ti a. Nungchang tha erawh chu pakhat anga sawiin, “Thlarau rah” a ti mai thung. Heta tang pawh hian tisia nun chuan inthenhranna, buaina, innghirnghona, leh inpumkhat lohna bâk a thlen thei lo tih a lang reng mai a. Chutih laiin, Thlarauva nunna erawh chuan Thlarau rah pakhat a chhuah ve thung a, chu chuan inpumkhatna thlentu nungchang pakua a lanfîr ve leh chhâwng thîn a ni.

Hetiang hi a nih avângin, mi thenkhat chuan Pathian chungchâng kan rin dân chu thil pawimawh ber a ni lo, kan tih tak phawt chuan a tha vek tiin an sawi mai thîn a. Mahse a dik hauh lo. Paulan nungchang tha lo a ziah chhuahte hian chumi lehling chiah chu a nihzia a tilang zâwk a: Pathian chungchânga ngaihdân dik lo neihna chuan mipat hmeichhiatna hman khaw lohnaah leh sakhaw biak dân dik lovah mi a hruai lût thîn a, chu chuan mihringte inlaichînna a tikehchhe vek thîn. Chu mai pawh ni lovin, nunna hial pawh min chantîr thei baw (Gal. 5:21).

Paulan “tisa thiltihte” tia a sawi hi en la. A zavai hian Thu Sâwm Pêka a khawi emaw ber tal bawhchhiatna a ni zêl tih i hmu thiam em? _____

Thlarau rah chu (*Galatia 5:22–24*)

“Thlarau rah erawh chu hmangaihna te, hlimna te, remna te, dawhtheihna te, ngilneihna te, thatna te, rinawmna te, thuhnairawlhna te, insûmtheihna te, a ni zâwk e; chutiang kalh zâwngin Dân thupêk rêng a awm lo ve” (*Galatia 5:22, 23*). Engtiangin nge Thu Sâwm Pêkte zawmna hian Thlarau rah chu a târlan le? (*Matthaia 5:21, 22, 27, 28; 22:35–40 en la.*)

Thu Sâwm Pêkte hi hmangaihna luahlân tûra pêk a ni lo va; hêngte hian Pathian leh kan mihringpuite kan hmangaihna chu engtianga *lan chhuahtîr* tûr nge tih min kawhhmuh zâwk a ni. Hmangaihna chu dân ziakna hawrawp âia thûk zâwk daih ni tho mah se, dân nêna inkalh chu a ni chuang lo va. Pathian kan hmangaihna leh kan thenawm khawvêngte kan hmangaih tawh ber chuan Thu Sâwm Pêkte hi zawm a ngai hleinêm tih ang ngaihdân hi chu khawvêl leh a chhûnga thil awmte kan duat chuan leilung dân kan zah a ngai tawh kher lo tih ang vêla awmze nei lo a ni.

Tîsa thiltihte nihphung hrang hrang chu thumal sâwm leh panga lai hmanga a sawi laiin, Thlarau rah erawh chu thumal tha leh mawi tak tak pakua hmangin a sawifiah ve thung a. Mi thiamte chuan hêng nungchang tha chi hrang hrang pakuate hi hlâwm thuma then hran theih niin an ngai a; mahse hlâwm thuma then a nih chhanah erawh an ngaihdân a thuhmun vek chuang lo. Thenkhat chuan hlâwm thuma then hian Pathiana minung pathum awmte a entîr niin an ngai a; thenkhat dang chuan Pathian kan hmangaihna te, kan thenawm khawvêngte kan hmangaihna te, leh a tâwp berah keimahni kan inhmangaihna te a entîr niin a ngai ve thung; thenkhat dang leh chuan Isua nungchang sawifiahna niin a ngai bawk. Hêng ngaihdân hrang hrangte hi tha hlawm vek tho mah se, thil pawimawh tak kan hmuh hmaih hauh loh tûr chu Kristiante

nuna hmangaihna hmun pawimawh ber a chan thu Paulan a sawi hi a ni.

Paulan nungchang tha leh mâwi hrang hrang a sawia hmangaihna dah hmasa ber hi tihpalh thil thu a ni lo va. Galatia 5:6-ah leh 13-ah pawh Kristian nuna hmangaihna hmun a chan thûkzia a lo sawi tawh a, hmun danga nungchang tha leh mâwi hrang hrang a sawiah pawh a telh ve zêl bawk a ni (2 Korin 6:6; 1 Timothea 4:12; 6:11; 2 Timothea 2:22). Hêng nungchang tha a sawi zînga a dang zawng hi chu Kristian ni ve lote thuziakachte pawh a awm ve vek a; hmangaihna bîk hi chu a Kristian hlih hlih a ni. Hei hian hmangaihna chu nungchang tha leh mâwi hrang hrang zînga pakhat ni ve satliah mai lovin, Kristianten an neih ngei tûr nungchang ropui tak, nunchang tha leh mâwi dang zawngte inngahna ni bawk a ni tih a tilang. Hmangaihna chu Thlarau rah hrang hrang zînga a langsâr ber a ni a (1 Korin 13:13; Rome 5:5), hmangaihna lan chhuahthîr chu a harsat châng awm thîn tho mah se, Kristian tinte nun dân leh ngaihtuahna hrilhfiatu ber a ni zêl tûr a ni (Joh. 13:34, 35).

Hmangaihnaah hian engtianga nasa nge mahni inphatna awm le? Mahni inphat miah lovin mi dang i hmangaih thei em? Hmangaihna leh mahni inphat chungchânga Isua min zirtîr kha eng nge ni?

NINGANI

SEPTEMBER 14

Hnehna kawng chu

Tîsâ leh Thlarau inbeih tawna chu ringtu tinte thinglunga thleng mêk ni tho mah se, Kristian nun chu hneh, hlawhchham leh, suala tlu mai tûr a ni chuang lo.

Galatia 5:16–26 chhiar la. Thlarauvin tisa chung hnehna a channa nun nei thei tûra thil pawimawh tak chu eng nge ni?

Galatia 5:16–26-ah hian Thlarauvin a hruai ang zêla nungte awm dân sawifiahna thumal panga kan hmu a. A hmasa berin, ringtute chu Thlarauva an “awm” a ngai phawt a (*châng 16-na*). He thumal hi a Grik ɣawng chuan *peripateo* tih a ni a, chu chuan “kal kual vêl emaw, zui emaw” a kâwk. Grik mi fîng hmingthang tak Aristotle-a hnungzuitute chu “Peripatetics” tia a koh an ni a, a chhan pawh Aristotle-a kha a kalna apianga an zui ɣhin vâng a ni. He thumal hi grammar dâná *present tense* an tih ang chi hi a nih avângin, Paulan a sawi awmzia pawh hi eng emaw chângá Thlarauva awm zauh ɣhin thu mai ni lovin, ni tina awm sawina a ni zâwk. Chu mai bâkah, Thlarauva awm tûra sawi hi thupêk a ni bawk a, Thlarauva awm chu ni tina duhthlanna kan siam ziah ɣhin a ni tûr a ni tihna a ni. A pahnihna chu Thlarau “hruai” nih a ni leh a (*châng 18-na*). Hei hi chu kalna apianga Thlarauvin min hruai kan inphal tûr a ni tihna a ni ve thung (*Rome 8:14, 1 Korin 12:2* en la). Hmahruaitu tûr kan ni lo va, a zuitu kan ni zâwk tûr a ni.

Galatia 5:25-ah hian thumal dang pahnih a lo lang leh a. A hmasa zâwk chu “nung” (Grik ɣawng chuan, *zao*) tih a ni. Heti laia nung a tih hian ringtu tinte nun tilangtu piantharna a kâwk a. Hetah pawh hian grammar dân *present tense* tho kha hmang lehin, piantharna chu ni tina chan thar zêl tûr a ni tih a kâwk. Thlarauva kan nun avângin Thlarauva kan “awm” pawh a ngai rêng a. A Grik ɣawng lamah chuan heti laia “awm” tia lehlin hi châng 16-naa “awm” a tia lehlin nêh khân thumal hran a ni a. Heta “awm” tia lehlin hi chu *stoicheo* tih niin, chu chu sipaihovin “intlar” sawina atâna an hman ɣhin thumal a ni. A awmzia chu Thlarau chuan nunna min pe a ni mai lo va, kan nun dân hi ni tin a kaihruai bawk tûr a ni tihna a ni.

Châng 24-naa Paulan thumal a hman chu “khêngbet” tih a ni a. Hei hi a mak angrêng hle. Thlarau hnung kan zui dân a nih chuan tisain a châk zâwng thilte ti-thi tûrin thutlûkna kan siam ngei a ngai a. Kan thlarau lam nun châwm lian zêlin leh tisain a châk zâwngte pah bo zêlin tisa chu kan khêngbet dân a ni.

Krista zâra i chan tûra tiam hnehnate chu chang thei tûrin engtin nge i inthlâk danglam ang a, eng duhthlannate nge i siam ngai awm baw k le?

ZIRTÂWPNI

SEPTEMBER 15

Ngaihtuah zui tûr: “Kristiante kawng zawh tûr hi a mâm purh lo khawp mai a. Buaina tam tak tawh tûr an nei. Thlêmna hautak tak takten an lo bei dâwn a. ‘Tîsâ hian Thlarau dona lam a châk thîn a, Thlarau pawhin tîsa dona lam a châk ve baw k si thîn a ni.’ He khawvêl chanchin hun tâwp lam kan lo hnaih deuh deuh hian hmêlmapa chuan min bumin nasa tial tial dâwn a. Mî a beihna pawh a hautakin a zing telh telh baw k ang. Êng leh thutak dotute chu an rilru a sak tial tial ang a, Pathian hmangaihtute leh a thupêk zâwmtute lakah an thîkthu a chhe telh telh baw k dâwn a ni (MS 33, 1911).”—Ellen G. White Comments, *The SDA Bible Commentary*, vol. 6, p. 1111.

“Thlarau Thianghlim hûhâng chu nuna Krista a lo chênna hi a ni. A hnêna Kristan thu a sawi lai chu kan hmu kher lo na-in, a Thlarau Thianghlim chu kan bul hnaiah a awm zêl thung a. Krista dawngtute chhûngah leh anmahni kaltlangin hna a thaw k reng thîn. Thlarau chênchilh awmzia hriate chuan Thlarau rah, hêng—hmangaihna te, hlimna te, remna te, dawhtheihna te, ngilneihna te, thâtna te, rinna te hi an puang chhuak ang (MS 41, 1897).”—Ellen G. White Comments, *The SDA Bible Commentary*, vol. 6, p. 1112.

Sawi ho tûrte:

❶ Tîsa duhzâwngte khenbeh chungchâng kha ngaihtuah zui la. Eng nge ni a awmzia? Engtin nge kan khenbeh ang? Engtianga zinga khenbeh tûr nge? Eng vângin nge Paula hian tawngkam khauh tak a hman kher? Khengbet tih tawngkam a hmang hian mahni nihna beih hi thil hautak tak a nihzia engtin nge min hrilh le?

- ② Thlarau rah chhuahtîr kawngah hian mihringin tih theih kan nei ve em, kan nei a nih chuan eng nge ni? Hemi chungchâng hi nangma thil lo tawn tawhte aţang khân i chhâng dawn nia.
- ③ Paula chuan tisa thiltihte tih hmangte chuan Pathian ram an luah loh tûr thu a sawi a. He thu hi amah Paula vêkin thiltih avâng ni lovin, rinna avânga khawngaiha chhandam kan nih thu a sawi nêh khân engtin nge i sawi rem ang?
- ④ LALPA nêna in lên dunna kawngah khân eng nge i harsatna lian ber ni le? Pathian nêna in inlaichîna kha engtin nge sualin a rawn khawih chhiat? Kristiante zînga tu hian nge a nuna soal a awm avânga Pathian laka hrang ta riaua inhriatna te, hlauhthâwnna te leh, beidawna te nei lo le? Chutiang kan neihna chhan pawh soal hneh thei tûra tiam kan ni tlat atin a ni. Soal kan hneh theihna tûr chuan kan chhandamna hi Kristan kan tâna thil a lo tih tawhah a inngat pumhlûm ʈhak a ni tih kan hriat reng a ngai em?

KHAIKHÂWMNA: Ringtu zawng zawngte nunah hian tisa duhzâwng thilte leh Thlarau duhzâwng thilte chu inbei tawn reng ni tho mah se, Kristian nun hi chu hlawhchham tûr a ni chuang lo. Soal leh thihna te hi Kristan a lo hneh vek tawh avângin Kristian nun chu Thlarauvin ro a rêlna hmun a ni thei a, Thlarau chuan ni tin Pathian khawngaihna min chantîr ʈhînin, tîsa duhzâwng thilte chu kan hnâwl zêl thei a ni.