

Châng Thlan: *1 Petera 3:8, 9; 4:7, 8.*

Zirlaite Tân:

Hriat Tûr: Ringtu tinte tân hêng hmangaihna te, inremna te, inngaihtlâwmna te leh lainatna te hi nunpui ngêi tûr a ni tih manthiam.

Vei Tûr: Mi dangte tâna nun kawngah Isuâ tih dân entawn hi mawhphurhna a ni tih hriatna neih.

Tih Tûr: Pathian sorkârna—hmangaihna hi thupui bera neihna—ataka nunpui tûra Kristâ min kohna pawm tûra duhthlanna siam.

Thupui Then:

I. Hriat Tûr: Nunpui leh Hmangaih

- A. Eng thil tihtûr pangate hmangin nge Peteran a lehkhathawn chhiartûte chu *1 Petera 3:8*-ah hian a fuih zui tâk?
- B. Thil zawng zawng tâwpna a hnâi tih hriain, eng thil tihtûr pathumte nge *1 Petera 4:7, 8*-ah hian Peteran a tuk belh? A khawi ber hi nge a dangte âia ‘chungnung bîk’ deuh?

II. Vei Tûr: Kristâ Lainatna Ataka Changin

- A. Ataka mi dangte lainat, hmangaih leh khawngaih (*1 Petera 3:8*) thei tûrin enge tûl hmasa thîn?
- B. “Thûk takin inhmangaih tawn rawh u” (*1 Petera 4:8, NIV*) tih hi enge a awmzia?

III. Tih Tûr: Pathian Kohna Chhângin

- A. ‘Malsâwmna rochung tûrin’ (*1 Petera 3:9*) koh kan nih thû Peteran a sawi hi eng a tihna chiah nge ni ang?
- B. Peteran a lehkhathawn chhiartûte chu ‘an tawngtai theih nâna rilru fim pû a, mahni-inthunun’ (*1 Petera 4:7*) tûra fuih hi eng a tihna nge ni ang?

KHÂIKHÂWMNA: Peteran a lehkhathawn chhiartûte chu rorêlna lo thleng tûr ngaihtuahin ngenna a siamsak a, nungchang ze mâwi dangte bâkah Kristâ nun sâng tak: hmangaihna te, lainatna te, inngaihtlâwmna te, inremna leh khawngaihna thleng pha vê tûrin a fuih a. Hei hi Kristian nun dân tûra Pathian kohna niin, chû chu Pathian malsâwmna rahchhuahtu tûr angin a ngai a ni.

INZIRTÎR DÂN TÛR

RAHBI 1-NA— CHAWKPHÛR RAWH

Bible Châng Thlûr Bing Tûr: *1 Petera 4:1, 2.*

Thlarau nun thanna atâna thu pawimawh: Isua kha kawng engkima kan Entawn tûr chu a ni a. Tawrhna a paltlang zârah sual hneh theihna a nei a (*Hebrai 2:10; 5:8, 9 nên khai khin la*). Kan nuntawng a tanga zira kan thàn zêl phawt chuan, A tâna kan tawrh vêna zârah keini pawhin kan hneh vê thei ang. Peteran, “Tû pawh tîsaa tuâr tawh chuan sual a bânsan tawh” (*1 Petera 4:1, NIV*) tiin a sawi. Hê thanna ataka channa hi thil tha tih kawngah a ni tih a Chiang hlê (*1 Petera 2:20, 21; 3:14, 17*). Sual tih chîng zui reng chungin tû mahin thil dik tih vângin an tuâr thei lo. Sual tihte bânsan tum lui tlatte chauhin thil dik tih avâng a tawrh an inhuâm thîn. Hê thû hian Petera lehkhathawn chhiartu, an chhia leh tha hriatna chung a rinawm vâng a hrehawm tuâr mêkte chua fuih phûr ngêi tû a ni.

ZIRTIRTÛTE PUÂL: Heta Peteran tawrhna a sawi chungchâng hi nasa taka inhniâlna thupui a lo ni tawh thîn a. Tawngkâa inhauh nge, inrêl leh insawichhiatna nge, mê chhiatna tûr thu sawi zâwk? Nge, taksa lam thlenga kut inthlâkna? Petera thil sawi hi tihduhdahna lam ni lo vin, tihduhdahna thlen chhan lam a ni. Karen Jobes chuan Petera sawi hi, “Kristiante tum ram chu Kristâ hnên thlen a ni,”

tihna angin a sawi. Ani ngaihdân chuan tihduhdahna chhuah chhan hi, “Tirhkoh hian fimkhur taka tawrhna lo chhuah chhan sâwr zîmin, a chhan ber chu eng dang ni lo vin, Kristâ hming put vâng (4:14-16) ni ber angin a sawi a ni.”—*1 Petera*, Baker Exegetical Commentary on the New Testament (Grand Rapids: Baker Academic, 2005), p. 45.

Hawn Nâna Tih-tûr leh Sawi Ho Tûr: In pâwlte chu *1 Petera* 3:13–17 chhiar ruâl-tûr la. Peteran a lehkhathawn chhiartûte chu ringlote hnêna thuhretûa an ãan vâng a an tawn tûra a ngaihte sawi ho ula. An tâna thupui tûr chu an thinlung chhûngril taka “Krista chu LALPAA ruat” (*1 Petera* 3:15, NASB) leh, “chhia leh ãa hriatna thiàng neih a, an sawichhiatna kawngah chuan Kristaa in awmdân ãa sawisêltûte chu tihmualpho vin an awm theih nân” (*1 Petera* 3:16, NIV) a ni.

RAHBI 1-NA—ZAWNG CHHUAH RAWH

ZIR-TÛR-TÛTE PUÁL: *1 Petera* 3: 8, 9-ah, Peteran khawvêla khawsak dân tûr chungchâng 2:11 a-tàng a sawi ãan chu tâng a kâwm ta a. Hetah hian “A tâwp berah chuan” (*de telos*) tih ãawngkam hmangin, an zâin rilru hmun khat, inkhawngaih tawn, inhmangaih tâng, inlaint tawn leh inggaitâwm ãeuh tûrin a ngên zui ta a ni. Ringtûte chu thil ãa lo thil ãa lo va thungrûl, chêksawlhna chêksawlhna vêka thungrûl tûr an ni vê lo. Chû âi chuan, malsâwm hlauh zâwk tûr an ni, malsâwmna chu an rochun theih nân chutianga ti tûra koh an ni zâwk sî a. A bâk thu awm zêl hi *1 Petera* 4:11 tâwpa ‘Amen’ tih thleng hian hê thu hlâwm zînga tel a ni.

ZIR ZÂUNA

I. Malsâwmna Chang (*1 Petera* 3:8–12.)

A lehkhathawn chhiartûte chu Kristâ nun anga nung tûra a tih hnûin, Petera hian *Sâm* 34:12–16 thû la chhuakin, sual dodâlna hmachhawn chung pawh a malsâwmna chan theih dân tûr a sawifiah zui a. Thurûk hi thlûr hnih a ni a: Pakhatnaah, Thil ãa lo sawi leh tih

hawisan a, thil thâ tih a, inremna ûm zêl zâwk a ni (*1 Petera 3:10, 11*). Pahnihnaah, Mi felte tawngtâina ngaihlhâksak a nih theih nân leh, thil thalo titûte laka vênhim an nih theih nân LALPA rinchhan tlat tûr a ni (*1 Petera 3:12*). *Sâm 34*-na ziaktu Davida kha amah tihlum duhtûte lak aţangin a tlân bo va, Pathian rinchhanin thil thâ lo chu thil thâa rulh dân a zir ta a ni. Hê *Sâm* bung pum pui hi chhiar la, Davidan a hmêlma pa, Lal Saula chung a thil thâ a tih a, malsâwmna a chan dân kha hriat chhuah tum ang che.

Ngaihtuah Teh: Malsâwmna chang tûrin kan inlaichînnaah enge ka tih mêk?

II. Baptisma: Taksâa Thihna, Thlarauva Nunna (*1 Petera 3:18–22*.)

Thu dang deuh Peteran a sawi kâi tâkah hian, helai thu manthiam harin sawi a tum hi kan hmuh thiam a ngai hlê mai. Kan sual vângin Krista a lo thî a, chû chu Pathian kan hnaih theih nân a ni; baptisma channa hian sual kan thihsan a, Thlarauva nun thar kan neihna tûr chu a entîr a. Baptisma channa zârah Kristâ thihna, phûmna leh nun thara thawhlehna chu entîrnain kan tawmpui a (*Rome 6:3, 4* nêl khai khin la). Baptisma channa chuan pâwnlam taksa vaivut kâi min tlêng fâi mai ni lo vin, Kristâ thawhlehna zârah leh Pathian mithmuha chhia leh thâ hriatna fîm kan neihna zârah chhandam kan ni ta a ni (*1 Petera 3:21, 22*).

Helai thûa a khirh lai chu châng *19, 20*-in baptisma chan entîrna atâna Tûilêt laia Nova lawng a hmanng ta daih hi a ni (*1 Petera 3:21*). “Tân ina thlarau awmte” (NKJV) tih hi Tûilêt hmâa mîte sawina niin, “Nova hun laia lawng sak chhûng zawnga Pathianin dawhthei taka a ngah laia âwih duh lo ho” an ni (*1 Petera 3:20, NIV*). Kristan Thlarau zârah chanchin thâ chu Nova thuhiril hmangin “mi thîte hnênah” a puang a, chû chu an chungchâng rêl a nih theih nân a ni (*1 Petera 4:6, NKJV*). Anni kha ‘tân ina thlarau awm’ anga sawi an ni a, a chhan chu ni nhuhnunga an chungchâng rêlsak

tûra khêk an nih vâng a ni (*2 Petera 2:4, 9; Juda 6; leh Thupuan 20:1–3 nên khai khin la*).

Ngaihtuah Teh: Kristan Thlarau zâra A mi hmante hmanga thû a puan hi engtin nge ka lo chhân? Ka chhânna chuan rorêlsak tûra khêk nihna âiah chhandamna a thlen zâwk theihna tûrin engtin nge Pathian chu ka thawhpui theih ang?

III. Rorêlna Thlîr Lâwka Nungin (*1 Petera 4:7–11*.)

Peteran helai thû hi khawvêla mikhual leh ram dang mi anga khawsakna thûin a titâwp a. A lehkhathawn chhiartûte chu tâwpna huna rorêlna lo thleng tûr thlîr tûra tiin: “Thil zawng zawng tâwpna chu a hnâi ta,” (*1 Petera 4:7, NIV*) a ti a ni. Hê rorêlna lo thleng tûr hi thlîrin, awmzenei taka tawngtâi theih nâna rilru fîm tak nei tûrin a fuih a, chubâkah chuan thûk taka inhmangaih tlâng tûrin a fuih bawk. *Thufingte 10:12* thû, ‘Hmangaihna chuan sual tam tak a khuh thîn” tih a la chhuak a (*Jakoba 5:20 nên khai khin la*), a awmzia chu “A chung a thil t̄a lo tih tâkte a thungrûl lo” (*1 Korin 13:5, AMPC*) tihna a ni. Pathianin ringtute a hmangaih tlâng theuh. Tichuan kan mawhpurhna ni ta chu, “Kawng hrang hranga Pathian khawngaihna kan dawn ang zêl a, chû chuan mi dangte rawngbâwlsak a ni” (*1 Petera 4:10, NIV*). Hê rawngbâwlna kan kalpui dân tûr chu “Pathianin chakna min pêk ang zêlin, Isua Krista zârah Pathian chu thil zawng zawnga châwimâwi a nih theih nân” (*1 Petera 4:11, NIV*) a ni.

Ngaihtuah Teh: Rorêlna lo thleng tûr hriatna neiin ka nung ngêi a ni tih finfiahna engte nge keimâ nunah hian lo lang? Nî tin hi ka hun hnuhnung ni dâwn ta se, engtin nge ka nun ang?

Sawihô Tûr Zawhnate:

- ❶ Thil dik kan tih a, a rahchhuahte pawh Pathian kan rinchhan avângin eng malsâwmnate nge kan dawn?

❷ *1 Petera 3:12 leh 4:7* sawi dânin, rorêlna lo thleng tûr hre renga ringtûte nun dân tûrah hian, ƣawngƣaina hian eng pawimawhna tak nge a neih?

RAHBI 3-NA—NUNA BEL TÛR

ZIRTÏRTÛTE PUÁL: Kristiante hi an vêla chêngte hian an hrethiam lo fo ƣhîn a. Mimal inahte inkhâwm a, kawng dang deuha Pathian biaknate an neih ƣhîn vâng hian thil mak danglam eng emaw tak tiin an ngai tlat ƣhîn a ni. LALPA Zanriah kîlnaah chibai an bûka taksa eiin, a thisen an in bawk a, chuvâng chuan ‘hring-ei’ titein an sawisêl a. “Unaupa leh ûnaunû” tia inko va, ‘hmangaihna ruâi’ kîl ho va, chhông khat ang maia ‘hmangaihna fawha infâwp’ (*1 Petera 5:14, NKJV*) tûra koh an nih avâng hian, mipat-hmeichhiat kawnga laichîn hnâi inhmang khaw lo, nun bawlhhlawh taka nung anga sawisêl an ni châwk. Chutianga dik lo taka puh nih theihna chu ngaihtuahin, chûng chu pumpelh a nih theih nân. Peteran Kristianna chu an ƣhenawm khawvêngte hmuha dik taka nunpui tûrin a chah a. Krista pawh kha sualna rêng nei lo a ni chungin, tihhlum a ni tho mai a, ringtûte pawhin chutianga bâk an beisei thei bîk chuâng lo vang.

Ngaihtuah Teh:

- ❶ Engtin nge ka nungchang leh rinna thûte dik lo taka sawisêlna ka hmachhawn ang?
- ❷ Engtin nge damchhông rei lohzia leh rorêlna lo thleng tûr hre renga ka nun ang?

Tihtûr: In pâwl ƣhenah khân khawtlângin Seventh-day Adventist-te an ngaihdân leh an ngaihsual theih dân âwmte sawi ho teh u. Engtin nge chutianga min ngaihsual theihna chu tidik/pumpelh tûra ƣan kan lâk ang? Engtin nge kan khawtlângah awmzenei deuh zâwka Krista leh A kohhran âi kan awh theih ang?

RAHBI 4-NA—BORUAK SIAM RAWH

ZIRTÏRTÛTE PUÁL: Mí tam tak, an khawtlâng leh vêng vêla pawm nih hlawh vak lo emaw, khawtlânga harsatna tâwk emawte hian mahni-inthlahrun leh insitna neiin, rilru beidawnna an nei thei a ni. Rilru lam zir mîte chuan, chutiang damdâwi ða ber chu, chêt chhuah a mi dangte rawngbâwlsak niâwmin an sawi. Keini âia dinhmun châu deuh zâwkte rawngbâwlsaknaah hian lungâwina leh lâwmna a awm a, chû chuan thluâk—endorphins, dopamine, leh oxytocin hnathawh a tichak a, chû chuan lungâwina, hlim leh lâwmna a thlen a, natna chhâwkin, rinrû pawh a tihahdam ðhîn. Rawng va bâwlsakten an lâwmthû min hrih han hriatna a ðangin a hlâwkna chu kan têt ðhîn a. Peteran thûk/thinlung taka inhmangaih tûra thurâwn min pêk hian, phunnâwi lo va ngilneihna lanfîr te, thilpêk dawn ang ang mi dangte rawngbâwlsak nâna hman te hi heta tiâmsak malsâwmna dawn theihna chu a ni.

Tihîr: In pâwl member-te chu *1 Petera 3:8–4:11*-a târlan thupêkte leh fuihna thûte târlang tûrin fuih la, chutiang thil ataka hlen chhuah zâra hlâwknaate leh malsâmnate pawh chu târlang tûrin ti baw ang che. Hê zirlaia târlan tâk thurâwn hrang hrangte ataka hman theih dân tûr kawngte chu sawi ho ang che u.



IN STEP WITH JESUS

The Journey Begins 0-8163-2605-3 The Power of Love 0-8163-2607-X

The Power of the Word 0-8163-2609-6

The Power of Mission 0-8163-2611-8

The General Conference has prepared four New Members' Bible Study Guides—one for each quarter—to help new members connect with church members and with God during their first year of church membership.