

BIG IDEA: I don't need to worry because Jesus is always with me.

Beginners Year B, Quarter 2, Week 3

peace be STILL

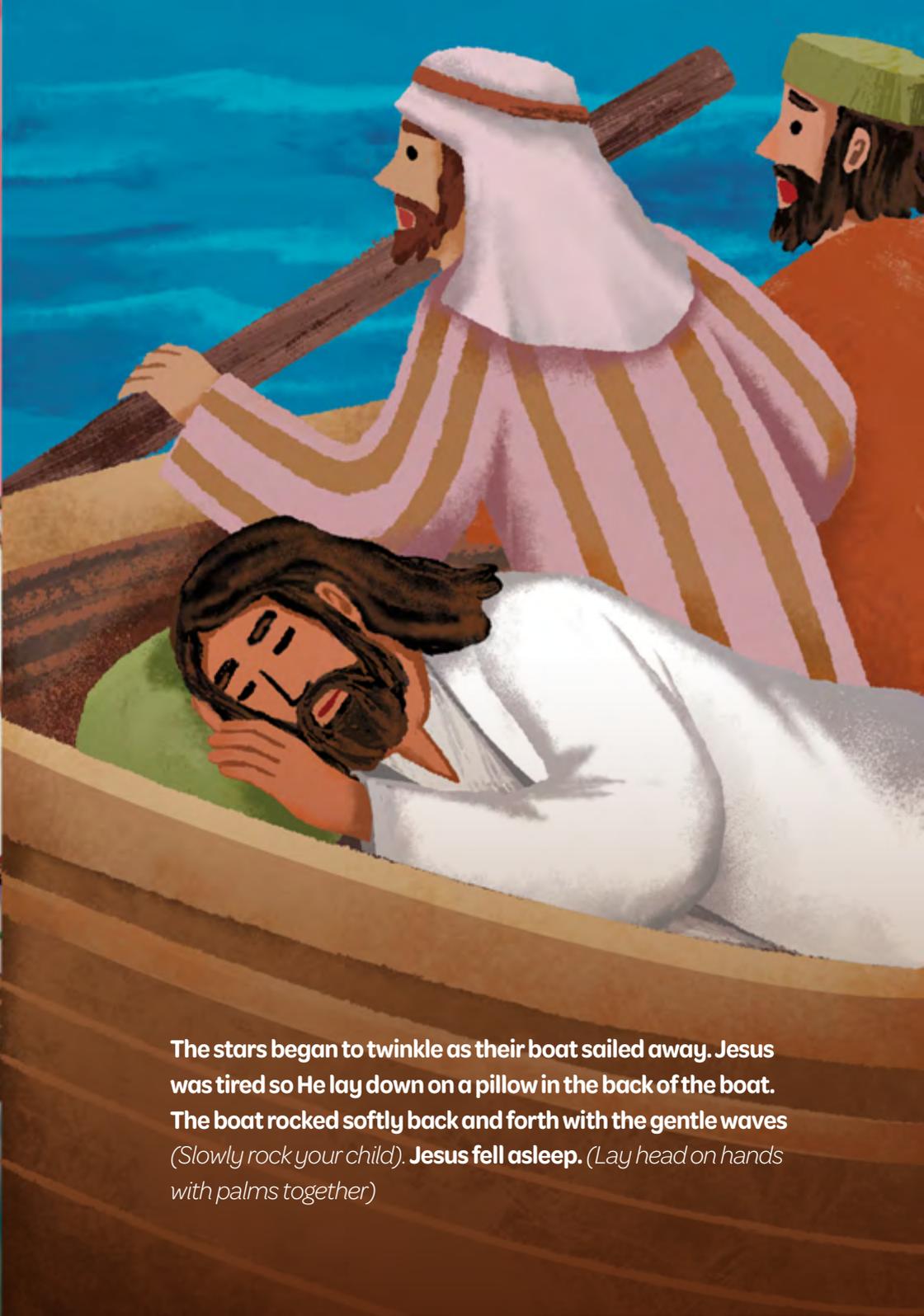
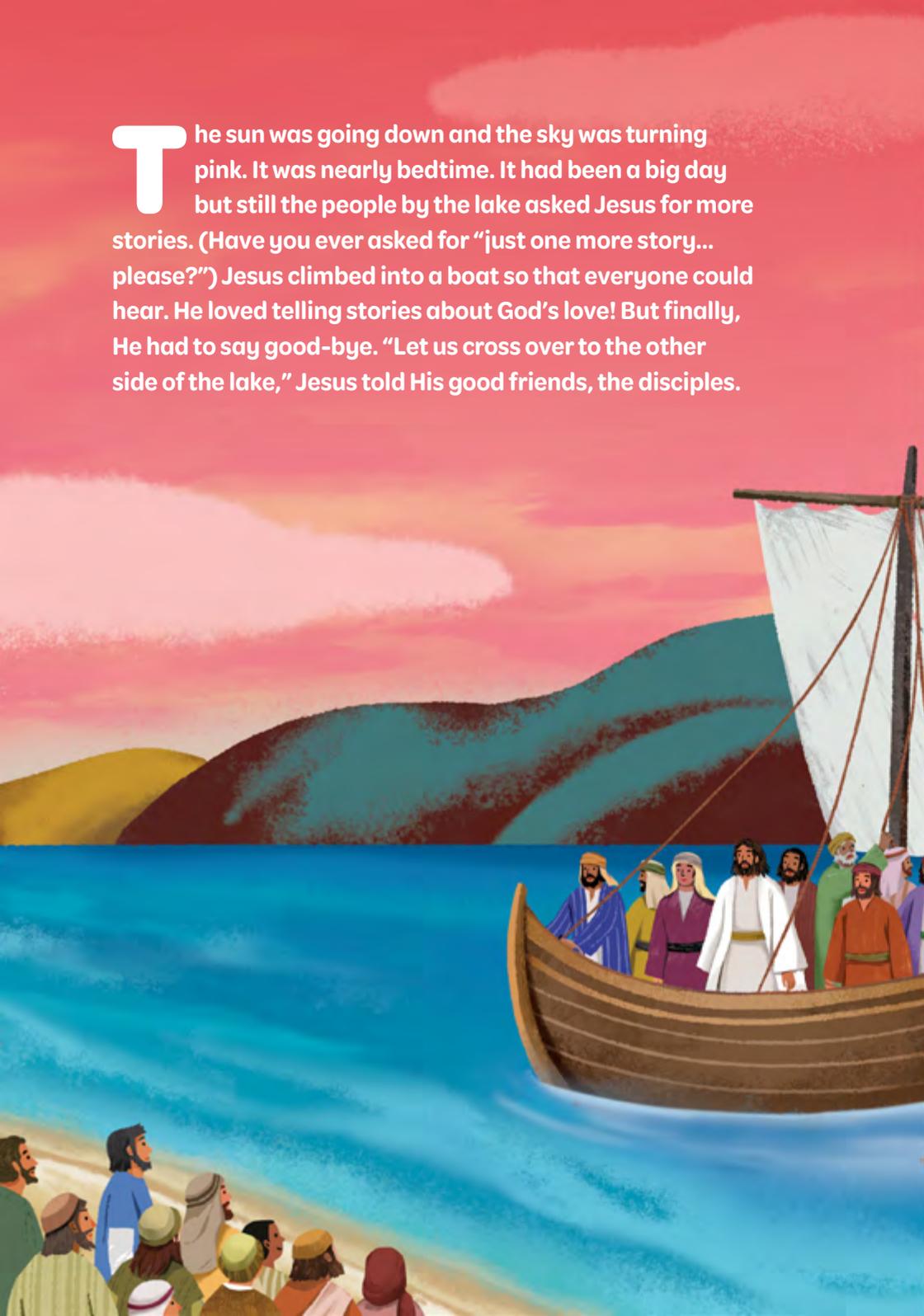
MEMORY VERSE

Who can this be, that
even the wind and
the sea obey Him!

—Mark 4:41



The sun was going down and the sky was turning pink. It was nearly bedtime. It had been a big day but still the people by the lake asked Jesus for more stories. (Have you ever asked for “just one more story... please?”) Jesus climbed into a boat so that everyone could hear. He loved telling stories about God’s love! But finally, He had to say good-bye. “Let us cross over to the other side of the lake,” Jesus told His good friends, the disciples.



The stars began to twinkle as their boat sailed away. Jesus was tired so He lay down on a pillow in the back of the boat. The boat rocked softly back and forth with the gentle waves (Slowly rock your child). Jesus fell asleep. (Lay head on hands with palms together)

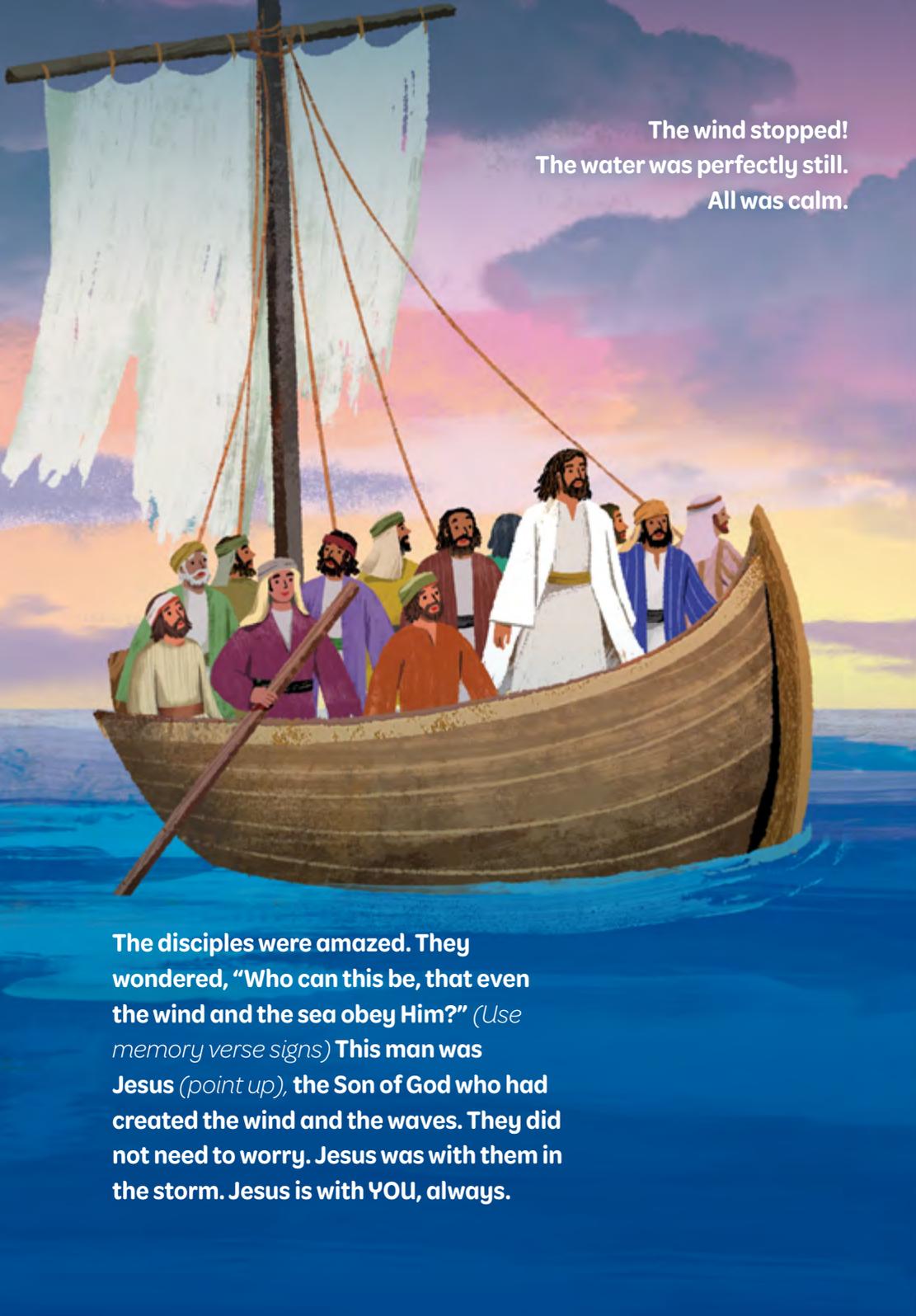
Suddenly, the sky went dark. The breeze began to blow stronger. (*Blow, making sound of the wind*). **The waves rose higher. Still, Jesus slept. The boat began rocking faster and faster.** (*Rock quickly*) **The waves crashed into the boat.** (*Clap hands together*). **The disciples were very wet and very worried! Was Jesus worried?** (*Shake head side to side.*) **No, Jesus wasn't worried. He slept peacefully.**

The waves crashed (*clap hands*), **and the wind howled. The disciples felt scared! Would the boat sink?**

"Teacher!" they cried. **Jesus opened His eyes. He saw how scared they were. He saw they had forgotten to trust in God. He stood up and spoke to the wind and the waves,**

"Peace, be still!"





The wind stopped!
The water was perfectly still.
All was calm.

The disciples were amazed. They wondered, "Who can this be, that even the wind and the sea obey Him?" (Use memory verse signs) This man was Jesus (point up), the Son of God who had created the wind and the waves. They did not need to worry. Jesus was with them in the storm. Jesus is with YOU, always.

play

throughout the Day

1 Talk with your child about how Jesus was calm in the storm. When the wind was blowing, and the waves were crashing He could sleep because He trusted in God to take care of Him and the disciples. Even during a storm, we can be at peace because we know God is with us. A child learns to trust God by watching you. When they are scared take time to pray together and tell Jesus about their fears.

- Learn this prayer to say together: *Dear Jesus, I pray, help me trust You and see that when I play, and when I sleep, You are always with me.*
- Another way to help your child when they are worried or afraid is to snuggle with a special stuffed animal or blanket and sing a favorite song together.
- Talk with your child as you look at pictures of people they can trust when they are afraid: Family members, neighbors, firemen, policemen, nurses, and doctors.



2 Water play is a fun way to experience aspects of the lesson while developing problem solving, motor, and language skills. Fill a plastic container with water. Place a small plastic boat or other floating object (rubber duck) at one end of the container. Have your child blow on the toy to make it to move across the water to the other side. Try other methods to move the boat across the water such as using a straw to blow through, or by making gentle waves with their hands in the water.

3 Create a stormy sea bottle with your child to explore making the waves rise and fall. Fill a craft bottle (400ml) ½ full of water. Add 2-3 drops of blue food coloring and one drop of green. Fill the bottle the rest of the way to the top with mineral oil using a funnel. Hot glue the lid closed. Tip the bottle side to side and watch the waves roll on the stormy sea.

4 God's creation follows the laws that He has established. Explore outside for ways that God's creation obeys Him. The seasons, gravity, the sun rise or sun set, the stars and moon that come out at night, the flow of water in a river, the fish that swim in the streams all follow God's laws. Talk with your child about how God's creation shows us His loving care.

5 Sing "Rock, Rock, Rock" (Sabbath Songs for Little Tots, pg. 46) with the motions. This is a gentle lullaby-like song that tells the story of Jesus on the lake.

The Heart of the Matter

Stormy weather hits us all the time. One minute, it's bright skies and smooth sailing, the next, you're in a chaotic storm! Sometimes, all it takes is a child with a cold or a new tooth to tip the boat. It's in these moments that God longs to bring you peace. Real peace.

Aside from the precious family cargo in your boat, there's an incredible passenger: Jesus. When the waves of worry or fear crash over you it can be easy to lose focus on Him. We look at the storm or how wet we're getting: depleted patience, drained energy, stressed nerves, raw relationships, or empty pockets. Look instead at who Jesus is, the source of love and all power over every situation.

Just as you care for the needs of your child when they are afraid, God cares for you and wants to calm your anxiety. You can find rest in the midst of the storm because God is truly in control.

Think back on the ways God has blessed you in your past. Can you see a storm He has dissolved, a relationship He has calmed, a rough season He has brought you through? He wants you to trust Him with every storm. His word is your guarantee. Claim the beautiful promise of God's peace in Joshua 1:9 and Isaiah 41:10 for yourself and your family and think about who you might share this encouragement with today.

***"Fear not, for I am with you;
Be not dismayed, for I am your God.
I will strengthen you,
Yes, I will help you,
I will uphold you with My righteous right hand."***

– Isaiah 41:10

BIG IDEA: Aque omnis es estrum
venienim nonemqui iminctotae repel.

Beginners Year B, Quarter 2, Week 3

next lesson TITLE

MEMORY VERSE

Uro, quer hebefex
nos inatquodit Ximac
omnihilis, orena.

–Book 6:18